

PERIOD TRACKER

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KEY	
<input type="checkbox"/>	SPOTTING
<input type="checkbox"/>	LIGHT
<input type="checkbox"/>	MEDIUM
<input type="checkbox"/>	HEAVY
<input type="checkbox"/>	CRAMPS
<input type="checkbox"/>	TIRED
<input type="checkbox"/>	FATIGUE
<input type="checkbox"/>	ACNE
<input type="checkbox"/>	HEADACHE

CYCLE LENGTH	
JANUARY	
FEBRUARY	
MARCH	
APRIL	
MAY	
JUNE	
JULY	
AUGUST	
SEPTEMBER	
OCTOBER	
NOVEMBER	
DECEMBER	

NOTES

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Go ahead, eat the chocolate

