FROZEN ENTRÉE'S

Family size feeds 10-12 people 38.00

Meat Lasagna - Layers of noodles, ground beef, spinach baked in four different selections of cheese.

Vegetarian Lasagna - Layers of noodles, vegetables and cheeses baked in red or white sauce.

Cabbage Rolls - Lean ground beef, hand-rolled in cabbage topped with a homemade tomato sauce.

Shepherd's Pie - Lean ground beef, assorted vegetables topped with mashed potatoes.

Mediterranean Chicken Pasta - Mediterranean seasoned chicken with tomatoes, spinach, garlic and cheese cooked in egg fine noodles.

Chicken Alfredo Penne - Penne pasta tossed in our signature alfredo sauce with seasoned chicken breast.

Beef Stroganoff - Lean ground beef in a savoury sauce with fresh sautéed onions and mushrooms with egg noodles.

Spaghetti and meatballs - Spaghetti with homemade tomato sauce and handmade meatballs.

Vegetable Rice Pilaf - Multi-Grain Rice with sauté vegetables, prepared in vegetable base.

Mac & Cheese - Simple but Good! Old Fashion Creamy Macaroni and Cheese.

Perogies with Onions or Sautéed Tomatoes with Sausage - Cheese Perogies with onions or sautéed with signature tomato mix.

Cheesy Hash Brown Casserole- A very cheesy old-fashioned potato dish, a favorite for many.

*Other Options may be available in store

DESSERTS

Tarts & Pies -Variety of flavors including, Apple Cinnamon, Cherry Crumb, Plain Butter, Raisin Butter, Raspberry Coconut, Chocolate Chip, Elderberry, Cherry, Cherry Berry, Field berry, Harvest Peach, Blueberry and more Tarts -\$2.25 ea, 5" pie \$4, 9" pie \$12



Cookies- packages of 6 for **\$2.99 - \$4.99** Chocolate Chip, Peanut Butter, Old Fashion Thumbprint Sugar, Lady Di's (oats, coconut), Oatmeal Raisin, Oatmeal Chocolate Chip, Hermits and more.

Loaves – Variety of flavors including, Banana, Banana Chocolate Chip, Lemon, Strawberry, Orange, Date n' Nut, and more. **\$3.99 Each**

Muffins – Variety of flavors including, Apple Cinnamon, Cranberry, Banana, Banana Chocolate Chip, Blueberry, High Fiber Bran and more. **Half Dozen \$6.99**

Scones – Old fashion buttermilk and butter biscuits. Available in Plain, Lemon Currant, Orange Cranberry, and Raisin Orange. **\$2.25 ea**

Bakery Items Date Squares & Brownies- \$ 2.25 each Cupcakes - vanilla and chocolate - \$2.25 each Chocolate Eclairs \$2.50 each Cannoli's – chocolate dipped with real whipped cream \$ 2.00 Mini cheesecakes - cherry, lemon & turtle \$2.50

*Other Options may be available in store



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Entrée Meals & Treats



FROZEN ENTRÉE'S

Full meals including sides \$10.00

Meat Lasagna - Layers of noodles, ground beef, spinach baked in four different selections of cheese. Served with sauté vegetables and apple crisp.

Teriyaki Chicken Vegetable Rice Pilaf – White sliced chicken and grilled vegetables. Served with Basmati white rice and apple crisp.

Vegetarian Lasagna - Layers of noodles, vegetables and cheeses baked in red or white sauce. Served with mixed vegetables and apple crisp.

Cabbage Rolls - Lean ground beef, hand-rolled in cabbage topped with a gourmet tomato sauce. Served with mashed potatoes and mixed vegetables.

Shepherd's Pie - Lean ground beef, assorted vegetables topped with mashed potatoes. Served with vegetable of the day and apple crisp.

Mediterranean Chicken Pasta - Mediterranean seasoned chicken with tomatoes, spinach, garlic and cheese cooked in egg fine noodles. Served with mixed vegetable and apple crisp.

Chicken Alfredo Penne - Penne pasta tossed in our signature alfredo sauce with seasoned chicken breast. Served vegetables of the day and apple crisp

Mac & Cheese with Meatloaf - Simple but Good! Old Fashion Creamy Macaroni and Cheese. Served with our hand rolled individual meat rolls, baked with our homemade chili sauce, and mixed vegetables.

*Other Options may be available in store

FROZEN ENTRÉE'S

full meals including sides \$10.00

Sweet and Sour Meatballs and Rice Or Potatoes -

vegetable mix grain rice. Served with Sweet and Sour Meatballs, and vegetables of the day.

Chopped Steak - Made from lean ground beef, topped with fried onions and gravy, mashed potato, served with vegetables of the day.

Ham and Scalloped – Creamy scalloped potato with chives, baked ham. Served with vegetables of the day.

Cheesy Hash browns with Meat loaf - Cheesy potatoes topped with a toasted crumb topping. Served with meat loaf and mixed vegetables.

Beef Stew – Slow roasted tender pieces of beef with a blend of root vegetable. Served with vegetables of the day and apple crisp.

Roasted Turkey and Gravy - Tender slow roasted turkey. Served with mashed potatoes, turnip n' carrots, Stuffing and gravy

Roasted White Chicken Breast - Tender seasoned sliced chicken, cooked in its own juice. Served with mashed potatoes, vegetables of the day, and gravy.

Roast Beef and Gravy - Tender slow roasted roast beef with gravy. Served with mashed potatoes and vegetables of the day.

BBQ Chicken – Slow roasted dark meat on the bone in BBQ sauce with mashed potato, and vegetable.

Beef Stroganoff - Lean ground beef in a savoury sauce with fresh sautéed onions and mushrooms with egg noodles. Served with baked squash and apple crisp.

Spaghetti and meatballs - Spaghetti with tomato sauce and handmade meatballs. Served with sauté' vegetables and apple crisp.

FROZEN MAINS \$5.00

INDIVIDUAL FROZEN MEALS

Meat Lasagna - Hearty meat Lasagna, with layers of noodles, spinach and four different selections of cheese baked in.

Vegetarian Lasagna - Layers of noodles, vegetables and cheeses baked in red or white sauce.

Chicken Alfredo - Our special Alfredo sauce is made with penne noodles and white chicken breast.

Seasoned Rice- Vegetarian base with vegetables

Mediterranean Chicken Pasta - All white Chicken with a blend of spices, tomatoes, spinach and cheese baked in fine noodles.

Meatloaf with Mac n' Cheese -Homestyle Meatloaf baked in our homemade Tomato sauce with creamy macaroni and cheese

Cheesy Hash Browns - Cheesy & creamy oldfashioned potato casserole baked with a crispy crumb top

Mac n' Cheese - Homemade style Creamy and cheesy Mac n' Cheese

Beef Stroganoff - Lean ground beef in a savory sauce with fresh sautéed onions and mushrooms with egg noodles.

Cabbage Rolls - Oven baked cabbage rolls (2) simmered in our homemade tomato sauce.

Spaghetti and Meatballs - Homemade meatballs with noodles and homemade tomato sauce

Tomato Seasoned Perogies - Perogies served with Sautéed tomatoes and onions

Shepherd's Pie - Lean ground beef and assorted vegetables topped with real mashed potatoes.

Chicken or Beef Pot Pies - Beef Pies are made from lean ground beef, onions and peas. Chicken pot pie are all white chicken and vegetables