Safety Connection 4.2: Parent Information Sheet

Dear Parent or Guardian,

Your child participated in the *MBF Child Safety Matters®* program today. The program teaches children how to spot and respond to bullying, cyberbullying, child abuse, and digital dangers. It teaches that adults are responsible for children's safety, but also details ways that kids cam help adults keep them safe. The Program is based on the latest research and has been reviewed and endorsed by national experts.

Below is a summary of what your child learned and some suggestions about how you can continue these safety lessons at home. As with other subjects, the more you practice with your child, the more likely they will be able to use what they have learned. For additional information and resources, visit our website at www.mbfpreventioneducation.org and download our free "Child Safety Matters" app from the App Store or Google Play.

Your child learned...	How You Can Reinforce Your Child's Learning:
...about safety, Safe Adults, Red Flags that indicate danger, and safe versus unsafe situations. ... the *MBF Child Safety Matters* Safety Rules. These rules teach children to help adults keep them safe. ...about how they can help stop bullying and cyberbullying by being an Upstander and not a Bystander. ...about digital abuse and other digital dangers that can come from both their peers and from online predators. ...about digital safety and digital citizenship.	**Practice Safety Rules and Spotting Red Flags** » Ask your child to describe the Safety Rules and demonstrate the motions that go with them. » Ask your child to list a few Red Flags. » Ask your child how children are hurt or put into unsafe situations (examples include tricks, secrets, and force). » Use everyday activities to ask your child how they might use the Safety Rules if a situation was unsafe. **Talk about Bullying, Cyberbullying and Digital Dangers** » Ask them what they learned about bullying, cyberbullying and other ways people harm children online. » Ask them about the difference between being an Upstander versus a Bystander. » Use everyday activities while using technology (like cell phones) to ask your child how they might use the Safety Rules if they Spot Red Flags online or see something unsafe. » If your child is ever the victim of bullying, cyberbullying or digital abuse, learn appropriate ways to respond at www.mbfpreventioneducation.org. **Develop Family Rules** » Develop rules for Internet and technology use at home. Even at this young age, rules about the number of screen hours allowed each day, the sites they can/cannot visit, and technology use allowed in their bedroom, etc. are important topics to discuss. Additional resources are available at www.mbfpreventioneducation.org. **Complete the activity on the back side of this sheet with your child.**

MBF Child Safety Matters Safety Rules

Know What's Up   Spot Red Flags   Make a Move

Talk It Up   No Blame | No Shame

WORD SEARCH

Parent Instructions: Complete this activity with your child to further discuss what they learned during Lesson 2. While searching for each word, ask your child what the word means, what they learned about the word, and how they can use the word or concept to help adults keep them safe. For example, ask them, "Who is an Upstander?"

For additional information and resources, visit www.mbfpreventioneducation.org and download the "Child Safety Matters" app from the App Store or Google Play.

APPS	BYSTANDERS	EMAIL	TATTLING
BARRIERS	CYBERBULLYING	PEERS	TELLING
BULLYING	DIGITAL REPUTATION	SOCIAL MEDIA	UPSTANDERS

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T  Q  S  O  N  H  Y  I  J  W  U  E  Q  D  G  H  C
T  W  T  B  U  L  L  Y  I  N  G  E  L  L  I  N  G
L  L  A  O  M  H  P  C  C  B  Z  H  C  Y  I  A  D
E  C  Y  B  E  R  B  U  L  L  Y  I  N  G  S  S  L
G  N  I  L  T  T  A  T  F  X  T  M  R  M  R  Z  L
A  W  P  C  T  Y  B  P  E  E  R  S  O  U  E  V  A
C  S  F  X  W  W  T  T  P  D  L  F  M  A  I  G  G
Y  E  V  B  R  E  S  Z  S  S  J  O  T  P  R  U  T
A  I  D  E  M  L  A  I  C  O  S  D  V  V  R  Q  E
H  C  D  A  P  Z  Q  I  U  V  U  I  A  V  A  G  L
E  P  I  J  M  S  R  E  D  N  A  T  S  Y  B  I  L
N  L  M  K  N  R  B  H  B  D  E  I  N  U  C  I  I
D  I  G  I  T  A  L  R  E  P  U  T  A  T  I  O  N
C  C  D  F  C  B  J  K  L  I  E  Q  S  S  A  J  G
W  U  P  S  T  A  N  D  E  R  S  E  P  O  G  U  A
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