



Safety Connection K.1: Parent Information Sheet

Dear Parent or Guardian,

Your child participated in the MBF Child Safety Matters® program today. The program teaches children how to spot and respond to bullying, cyberbullying, child abuse, and digital dangers. It teaches that adults are responsible for children's safety, but also details ways that kids can help adults keep them safe. The Program is based on the latest research and has been reviewed and endorsed by national experts.

Below is a summary of what your child learned and some suggestions about how you can continue these safety lessons at home. As with other subjects, the more you practice with your child, the more likely they will be able to use what they have learned. For additional information and resources, visit our website at www.mbfpreventioneducation.org and download our free "Child Safety Matters" app from the App Store or Google Play.

Your child learned...	How You Can Reinforce Your Child's Learning:
<p>...about safety, Safe Adults, Red Flags that indicate danger, and safe versus unsafe situations.</p> <p>...about unsafe people, places, and actions like abuse to their bodies and abuse with words.</p> <p>... the MBF Child Safety Matters Safety Rules. These rules teach children to help adults keep them safe.</p>	<p>Practice Safety Rules and Spotting Red Flags</p> <ul style="list-style-type: none">» Ask your child to describe the Safety Rules and demonstrate the motions that go with them.» Ask your child to list a few Red Flags.» Ask your child how children are hurt or put into unsafe situations (examples include tricks, secrets, and force).» Use everyday activities to ask your child how they might use the Safety Rules if a situation was unsafe. <p>Pick Safe Adults</p> <ul style="list-style-type: none">» Ask your child who their Safe Adults are, or assist them with identifying at least two Safe Adults. We recommend choosing Safe Adults both in and out of the home.» Encourage your child to tell their Safe Adults if they encounter unsafe situations or need support.» Help your child distribute their "Safe Adult Bookmarks."» Help your child understand the difference between helping and tattling. Telling a Safe Adult is helping, not tattling. <p>Talk about Family Safety</p> <ul style="list-style-type: none">» Post your name, phone number, and address in a visible location (like the refrigerator) and practice it with your child often. Do the same with your child's name and birthday.» Consider creating a "family password" that only family members know. Tell your child that they should never go with someone who does not know the family password. Be sure to emphasize that no matter what that person tells them, they should only go if that person knows the password. Explain to them they should never share the password with people outside of the family.» Teach your child the correct names for their private body parts. This helps avoid confusion if they need to talk about unsafe situations or disclose abuse. <p>Complete the activity on the back side of this sheet with your child.</p>

MBF Child Safety Matters Safety Rules



Know What's Up



Spot Red Flags



Make a Move



Talk It Up



No Blame | No Shame



Safety Connection K.1: Parent & Child Activity

Step 1: Complete the following, post in a visible location, and review with your child often.

My name is _____ and I was born _____.
(Child's first name) (Child's last name) (Child's birthday - Month/Day/Year)

My parent/guardian name(s) is/are _____.
(Parent's first name) (Parent's last name)

My parent/guardian phone number is _____.
(Area code/phone number)

I live at _____.
(Student's full address, including city/state)

Step 2: Complete the following activity with your child.

Parent Instructions: Complete this activity with your child as a follow-up to what they learned in Lesson 1 at school. Match the Safety Rule picture with each rule by drawing a line from the picture to the rule. Ask your child what each rule means and how he or she can use each rule to stay safe. For additional information and resources, visit www.mbfpreventioneducation.org and download the "Child Safety Matters" app from the App Store or Google Play.



Spot Red Flags



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