

Spiritual Communion

January 10, 2021

What is Spiritual Communion?

Spiritual Communion is the practice of participating in the Eucharist spiritually, used in times during which receiving the sacrament physically is not possible.

The practice of Spiritual Communion has been especially used by Christians in times of persecution, such as during the era of state atheism in the Eastern Bloc, as well as in times of plague.

The 1979 Prayer Book refers to spiritual communion in the form for Ministration to the Sick, directing the priest to assure a person unable to eat and drink the bread and wine "that all the benefits of Communion are received even though the Sacrament is not received with the mouth" (BCP 457).

Welcome

Processional Hymn: ***Shall We Gather at the River, L 141***

performed by Alex Kirstukas

Words and music: Robert Lowry

*Shall we gather at the river, where bright angel feet have trod;
With its crystal tide forever flowing by the throne of God?*

Refrain:

*Yes, we'll gather at the river, the beautiful, the beautiful river;
Gather with the saints at the river that flows by the throne of God.*

*On the margin of the river, washing up its silver spray,
We will walk and worship ever, all the happy golden day. [Refrain]*

*Ere we reach the shining river, lay we ev'ry burden down;
Grace our spirits will deliver, and provide a robe and crown. [Refrain]*

*Soon we'll reach the shining river, soon our pilgrimage will cease,
Soon our happy hearts will quiver with the melody of peace. [Refrain]*

The Word of God

Opening Acclamation:

BCP 355

Song of Praise: ***Praise to God*** H 421

performed by Alex Kirstukas

Setting: Nikolaus Decius ; paraphrase: F. Bland Tucker

The Collect of the Day:

BCP 357

The First Reading:

Genesis 1:15

The Psalm:

Psalm 29

The Second Reading:

Acts 19:1-7

The Gospel:

Mark 1:4-11

The Sermon:

The Rev. Carrie Combs

The Nicene Creed:	BCP 358
The Prayers of the People:	BCP 387
The Confession of Sin:	BCP 360
The Peace:	BCP 360

You are invited to share the Peace of Christ with others outside your household verbally or with gestures.

Announcements

The Holy Communion

Musical Offering: ***O Love, How Deep***, H 449

Performed by Alex Kirstukas

Words: 15th-c. Latin tr. Benjamin Webb; music: 15th-c. English ballad

*O love, how deep, how broad, how high, how passing thought and fantasy,
that God, the Son of God, should take our mortal form for mortals' sake!*

*For us baptized, for us he bore his holy fast and hungered sore;
for us temptations sharp he knew; for us the tempter overthrew.*

*For us he prayed; for us he taught; for us his daily works he wrought:
by words and signs and actions, thus still seeking not himself, but us.*

*For us to wicked hands betrayed, scourged, mocked, in purple robe arrayed,
he bore the shameful cross and death; for us gave up his dying breath.*

*For us he rose from death again; for us he went on high to reign;
for us he sent his Spirit here to guide, to strengthen, and to cheer.*

*All glory to our Lord and God for love so deep, so high, so broad;
the Trinity whom we adore forever and forevermore.*

Doxology #380 Stanza 3

The Great Thanksgiving

EOW Prayer 3

Officiant: The Lord be with you.

People: And also with you.

Officiant: Lift up your hearts.

People: We lift them to the Lord.

Officiant: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Officiant: All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind.

Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

Presider and People:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is the one who comes in the name of the Lord. Hosanna in the highest.

The Presider continues

Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me."

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

Presider and People

Dying, you destroyed our death. Rising, you restored our life. Christ Jesus, come in glory!

The Presider continues

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ.

Grant that we, burning with your Spirit's power, may be a people of hope, justice and love.

Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with [blessed _____, and] all your people into the joy of our true eternal home. Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

Presider and People

Blessed are you now and for ever. *AMEN.*

Sanctus S125

Fraction Anthem S154

The Invitation to Spiritual Communion

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

Prayer After Communion

BCP 365

Blessing

Congregational Hymn: **H 616, Hail to the Lord's Anointed**

performed by Alex Kirstukas

Words: James Montgomery; music: German traditional

*Hail to the Lord's Anointed, great David's greater Son!
Hail, in the time appointed, his reign on earth begun!
He comes to break oppression, to set the captive free;
to take away transgression, and rule in equity.*

*He comes with succor speedy to those who suffer wrong,
to help the poor and needy, and bid the weak be strong;
to give them songs for sighing, their darkness turn to light,
whose souls, condemned and dying, were precious in his sight.*

*He shall come down like showers upon the fruitful earth,
and love, joy, hope, like flowers, spring in his path to birth;
before him on the mountains shall peace, the herald, go;
and righteousness in fountains from hill to valley flow.*

*Kings shall bow down before him, and gold and incense bring;
all nations shall adore him, his praise all people sing;
to him shall prayer unceasing and daily vows ascend;
his kingdom still increasing, a kingdom without end.*

*O'er every foe victorious, he on his throne shall rest,
from age to age more glorious, all blessing and all blest;
the tide of time shall never his covenant remove;
his Name shall stand for ever, his changeless Name of Love.*

Dismissal

BCP 366

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Servers

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Camera: Jim Stapleton

Reader/Intercessor: MaryEllen Prudhomme

Music: Alex Kirstukas

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WORSHIP

Sundays at 9:00 a.m.– Livestreamed Spiritual Communion

Sundays at 10:30 am – Online Morning Prayer

Please visit our website for more information

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