



THERAPIST OF KATY, PLLC



Stephanie Falcón Banasau is a Licensed Marriage and Family Therapist, Licensed Professional Counselor, and an AASECT Certified Sex Therapist. She offers bilingual (English/Spanish) counseling sessions for individuals, couples, and families. The majority of her work focuses on relationship building, enhancing intimacy, and sexual wellness. She has her private practice in Katy, TX. Her community involvement includes teaching Sexual Health Classes to High School students, offering presentations to adults, group consultation and networking opportunities for other Psychotherapists.



Therapist of Katy, PLLC
1832 Snake River Rd., Suite E, Katy, TX 77449

832.312.2110 www.therapistofkaty.com

1 DAY WORKSHOP FOR COUPLES

The Art of Love: A Taste of Tantra



Dates:

- ❖ May 26, 2018
- ❖ July 21, 2018
- ❖ September 29, 2018

Workshop time:

- ✦ One Saturday only from
9:00am to 6:00pm

Location:

Gayatri Consciousness Center
20914 Park Row
Katy, TX 77449

What is Tantra?

A description Stephanie found in one of the books she has read, The Complete Idiot's Guide to Tantra Sex states, "To understand tantric sex, first you must understand what tantra is. The word tantra comes from ancient Sanskrit language meaning "expansion through awareness." Tantra is a spiritual path that involves very specific practices that use breath, sounds, movements, and symbols to quiet the mind and activate sexual energy."

There are a variety of Tantric practices. During these specific workshops attendees will remain completely dressed. Stephanie's objective is to incorporate her psychotherapy with a "taste of tantra". Couples will learn and practice during these interactive workshops.



Are you satisfied with your marriage but looking for that "little bit of something" to make your good marriage even better?

Are you in a relationship that is in the process of healing?

During Stephanie's journey as a Marriage and Family Therapist and Certified Sex Therapist, she often encounters couples in a variety of circumstances in their relationships. She has chosen to offer these workshops to enhance intimacy and strengthen current relationships. If this is something that interests you, then give yourself and each other this gift to grow in love and to build in your sexuality together!

Cost: \$250* per couple

This includes:

- 9 hour experiential workshop
- Take-home journal
- 30 minute post workshop follow up with Stephanie

\$50 minimum deposit*

Payment options:

- Remaining balance may be paid in payments prior to the day of the workshop.
- Balance must be paid in full 7 days prior to the day of the workshop.

To make your reservation and payment, Call or text 832-312-2110 or email stephanie@therapistofkaty.com

SPACE IS LIMITED!!!

*cancellation policy:

- 100% refund 30 days prior to workshop
- 50% refund 29 - 15 days prior to workshop
- 25% refund 14-7 days prior to workshop
- No refund 6 - 0 days prior to workshop

