



# Welcome to Aqua Sensory

A combination of building early water confidence and developmental play. The pool is the perfect place to discovery sensory developmental play, as it's a natural, multi-sensory environment itself.

*We use our senses to thrive!*

Your child is learning all about their new world through their senses. Their senses, together with a nurturing environment provide the foundations to all the skills they need in life. We choose our resources with care, plan our sessions layered with sensory discovery play, so your child enjoys the process of learning to swim, along with learning many skills along the way, to set them up for life!

## Learning with you

During the first few years of life, your child's brain and body learns so much, like an absorbent sponge, every week in the water they will be making new discoveries. It is through play; your child will learn and will thrive in and out of the pool. And let's not forget about you too – you and your child's most important play mate in the pool. From the interactions and experiences, you share together, they will be able to **learn, develop and explore.**



## Enjoy waiting, watching and wondering

Enjoy taking learning at your child's developmental stage and pace. You will find our sessions balance the sensory sensations with also quiet times to practice, repeat and process all the stimuli they are receiving. Enjoy observing - your child, will be learning all time.



## The benefits of Aqua Sensory

There are so many benefits to the Aqua Sensory approach, which is a whole child approach to learning. The brain and the body love all our sensory discovery activities, like little puzzle pieces, in the pool we are providing your child complete picture and the best learning experience possible.

Here are just a few...

### SOCIAL

taking turns, making friends, building confidence

### EMOTIONAL

fostering self-esteem and confidence, exploring feelings, self-expression

### SPEECH AND LANGUAGE

rich language opportunities

### MOVEMENT

refining motor skills to build coordination and strength

### COGNITIVE

problem solving, think, process, understand, multi-tasking, spatial awareness

### EARLY LEARNING

numbers, colours, counting, listening

Aqua Sensory is the perfect recipe for the developing child.

