



## THE JOURNEY OF THE SWAN

# Credentials

**Breathwork Practitioner Through First -Breath, Graduate of the 3 year programme, Sept 2023**

**Certified OldPain2Go Practitioner, trained and certified 2022**

**Usui Reiki degree 1 & 2 trained and accredited (people & animals), through Rose Holistic therapies, 2021**

**13 years coaching experience (trained in 3 types of coaching models)**