



**NEWYOU**  
TRANSFORMATION STUDIO

**TRAINING**  
**TIMES**

**Monday - Friday**

05:15 - 06:00

06:15 - 07:00

07:15 - 08:00

08:00 - 08:45

16:00 - 16:45

17:00 - 17:45

17:45 - 18:30 (EXCEPT FRIDAY)

**Saturday**

06:15 - 07:00

07:00 - 07:45

08:00 - 08:45

**MARTIN SLABBER**

**073 180 0485**

**27 BAIN STREET, WELLINGTON**



**BODY**  
**TRANSFORMATION**  
**STUDIO**