

Techniques Tips

TECHNIQUES

How to paint laminate kitchen cabinets



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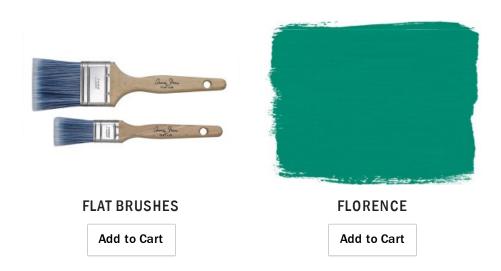
Annie Sloan demonstrates how to paint laminate kitchen cabinets and update the heart of your home for a fraction of the cost of a kitchen refit. Chalk Paint® kitchens look fabulous, lasts years, and can be easily updated.

1 The first step is to clean your cabinets. Cabinets can be prone to oils and greases from the kitchen, and it is essential to clean these off before painting. Use warm soapy water only, with no harsh chemicals that may react with the paint.

- 2 If the laminate you're painting is really shiny, give it a quick sanding. The laminate Annie has used here is not too shiny and didn't require any preparatory sanding. A light sanding ensures the paint has a textured surface it can adhere to.
- 3 Choose your Chalk Paint® colour here Annie has used Florence.
- 4 Add a little water if the paint is too thick. Thinner coats will give better coverage. Just be sure to mix the water into the Chalk Paint® very thoroughly, otherwise you may notice unevenness in the finish after you apply Chalk Paint® Lacquer.
- 5 Apply a coat then feather to remove brush strokes for a flat, untextured finish.
- 6 To feather: hold the brush at a 90 degree angle to the surface you're painting and gently flick the brush backwards and forwards in different directions over the top of the paint. Do not press hard or overbrush; if you keep brushing once the paint has started to dry, you will begin to remove Chalk Paint® rather than applying it.
- 7 Make sure you leave plenty of drying time between coats and or waxing/lacquering. This is because Chalk Paint® takes longer to dry on laminate than on wood, as laminate isn't absorbent.



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