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CHESS GIRLS DC

THE CONFIDENCE CODE

NEWSLETTER



Spring 2025



Chess Girls DC is teaching Chess around the DMV



Summer 2025



2025 Year In Review

- Spring citywide Girls Chess Championship
- Continuing to teach Chess at the Lamond Riggs library
- Cross Cultural Exchange with the Cuban embassy
- Engaging the entire DMV at Montgomery Mall teaching Chess during the summer
- Fall Regional all Girls Chess tournament (NY to NC)
- Supporting girls travel to National tournaments

CHESS GIRLS DC Presents our Cultural Exchange Series **It's a Girl's World**

BRILLIANT MINDS
Discussing the brilliance of José Raúl Capablanca
Cuba's National Chess Hero!

May 24, 2025
10: am EDT

Moderator, National Master David Bennett

Cheess Girls DC Organization is collaborating partner with the Cuban Embassy and the Cuban Chess Association. The lecture will be conducted primarily in Spanish.

Chess build confidence for STEM

There is a growing challenge in the Washington, DC and other inner cities to develop and educate girls that develop into young women who can think well and perform jobs that demand intellectual dexterity in science, technology, engineering and mathematics careers (STEM).

Chess trains the brain to react

Confidence in one's abilities has a significant impact on learning, performance and leadership on many levels. Self-belief about one's ability determines how well students motivate themselves and persevere in the face of difficulty. Chess Girls DC utilizes nontraditional Chess techniques, incorporating female leadership, girl centered learning styles, and activities, changing the color and texture of equipment. Chess Girls DC program transforms historically male dominated arena into girl centered environments.

Chess Girls DC believes if a girl develops a strong sense of confidence through the incremental wins and losses provided through chess education and chess tournaments, it will enable her to use her confidence and the problem solving skills acquired in Chess to see the immediate consequences of her actions, reinforce the benefit of productive decisions, advocate for herself and confidently defend and safeguard her rights. Developing confidence as a foundational skill will improve a girl's ability to have her voice heard on issues that are important to her, negotiate to have her views and wishes genuinely considered when decisions are being made about her life or in the workplace



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chessempowersgirls.org
chessgirlsdc@gmail.com

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