



SSVMS | SIERRA SACRAMENTO VALLEY MEDICAL SOCIETY 2024

SSVMS President, Vanessa Walker, DO and President-Elect, Adam Dougherty, MD meet with House Ways and Means Committee in Washington DC.

Annual Report

Bringing together physicians from all modes of practice to promote the art and science of quality medical care and to enhance the physical and mental health of our entire community.



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2024 President's Message



Vanessa Walker, DO

Serving as SSVMS President in 2024 was truly a highlight in my career. It's been an absolute honor and pleasure. I've learned so much from all of you.

In this report, you'll see summaries of major accomplishments this year but it only scratches the surface of what we've managed to achieve together. We'll talk about our wins this year by protecting physicians, particularly private practice physicians in Sacramento, by defeating Measure C, which would have increased taxes on physician practices. We'll talk about Medi-Cal expansion and protecting access to care with

the success of Proposition 35 which secured billions of dollars in Medi-Cal funding. And we'll talk about the life-changing community programs that SSVMS manages.

In between these highlights are where the real work happens in SSVMS: the day-to-day operations. SSVMS is where members get connected to services which allow them to focus more on their patients. SSVMS is where members meet one another and learn from their colleagues. SSVMS is where a member picks up our magazine, SSV Medicine, and is inspired by the poetry or photography submitted by fellow physicians.

All of this is only possible due to the hard work and dedication of physicians across our region and our unparalleled SSVMS staff. That I was trusted by you, my peers and colleagues, to lead the Medical Society in 2024 spoke deeply to me. This feeling is something I'll carry with me throughout the rest of my life, and I will continue to encourage all physicians to get involved in your local medical society, especially SSVMS.

“

This experience changed me for the better and has given me the opportunity to impact our community in a positive and productive way, and for that I will always be grateful.

”



Vanessa Walker, DO and Immed. Past President J. Bianca Roberts, MD

SSVMS 2024 Leadership



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President - Vanessa Walker, DO
 President-Elect - Adam Dougherty, MD, MPH
 Secretary - Christina Bilyeu, MD
 Treasurer - Roderick Vitangcol, MD
 Immed. Past Pres. - J. Bianca Roberts, MD

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 Shideh Chinichian, MD
 John Coburn, MD
 Raminder Gill, MD
 Eli Groppo, MD
 Lisa Guirguis, MD
 Karen Hopp, MD
 Thomas Valdez, MD

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 Janine Bera, MD
 Christina Bilyeu, MD
 Christine Braid, DO
 Carol Burch, MD
 Amber Chatwin, MD

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 Sean Deane, MD
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 Ann Gerhardt, MD
 Douglas Gibson, MD
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 Helena Hart-Rathbun, MD
 Reinhardt Hilzinger, MD
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 Dale Cotton, MD
 Sarah Favila, MD
 Ashley Feldkamp, MD
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 Dana Jacques, MD
 Arthur Jey, MD
 Gregory Kann, MD
 Vimal Mishra, MD
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 Asmaneh Yamagata, MD

CMA Trustees

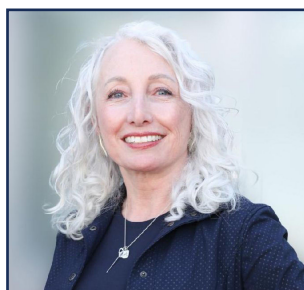
Adam Dougherty, MD, MPH
 Margaret Parsons, MD
 Robert Oldham, MD

AMA Delegates

Barbara Arnold, MD
 Debra Lupeika, MD

CEO

Aileen E. Wetzel



Aileen E. Wetzel, CEO

Supporting Our Members

A life in medicine can be very rewarding but comes with significant challenges. SSVMS is here to help curb many of those challenges so that you can focus your attention on your patients. SSVMS is here to fight for physicians in the legislature, to connect you to your continuing education needs, and to support you in your practice of medicine.

Advocating for Healthcare

Prop 35 Victory

SSVMS and CMA led the charge and did extensive work on the Yes on Proposition 35 campaign, which was overwhelmingly approved by California voters and will protect and expand access to care for all Californians. The passage of Prop 35 secured billions of dollars in additional Medi-Cal funding to physicians and other providers. Most importantly, it prevents those funds from being redirected for non-healthcare purposes, protecting our patients from political machinations. Whether local, state, or federal issues, whether regulatory or statutory, SSVMS members were there to ensure that patients and physicians were protected.

SSVMS/CMA Achievements

Physicians from across the region came together to vote down Measure C in Sacramento, which would have placed an undue tax burden on physicians, particularly our private practice colleagues. SSVMS and CMA also put together coordinated efforts in the California State Legislature to focus on prior authorization reform, defend scope of practice, mistreatment of physicians and more.

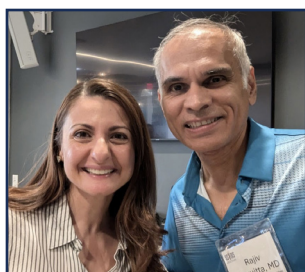
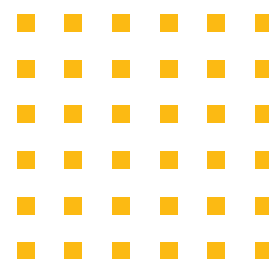
- 88% of CALPAC-supported candidates were successful in their election bids.
- 3300+ grassroots messages sent to legislators by SSVMS and CMA members.
- 115 bills supported by SSVMS and CMA were signed into law by the Governor.
- Due to concerns raised by SSVMS and CMA members, the legislature rejected 24 bills opposed by SSVMS and CMA.



Legal & Regulatory Advocacy

SSVMS and CMA work to uphold physicians' and patients' rights, preserve legislative reforms and advocate for appropriate interpretation of laws. We monitor regulatory agencies to ensure that they are fulfilling their intended purpose, whether it be to distribute health care benefits or properly regulate the health care industry and challenge any unfair policies or actions against physicians.

Joy of Medicine



JOY OF MEDICINE

Joy of Medicine, a program of the Sierra Sacramento Valley Medical Society (SSVMS), is a community approach to physician wellbeing. Our mission is to help physicians reclaim the joy of practicing medicine through education, advocacy, programs, events, and services which are designed to nurture individual well-being and promote systemic change to improve physician well-being.



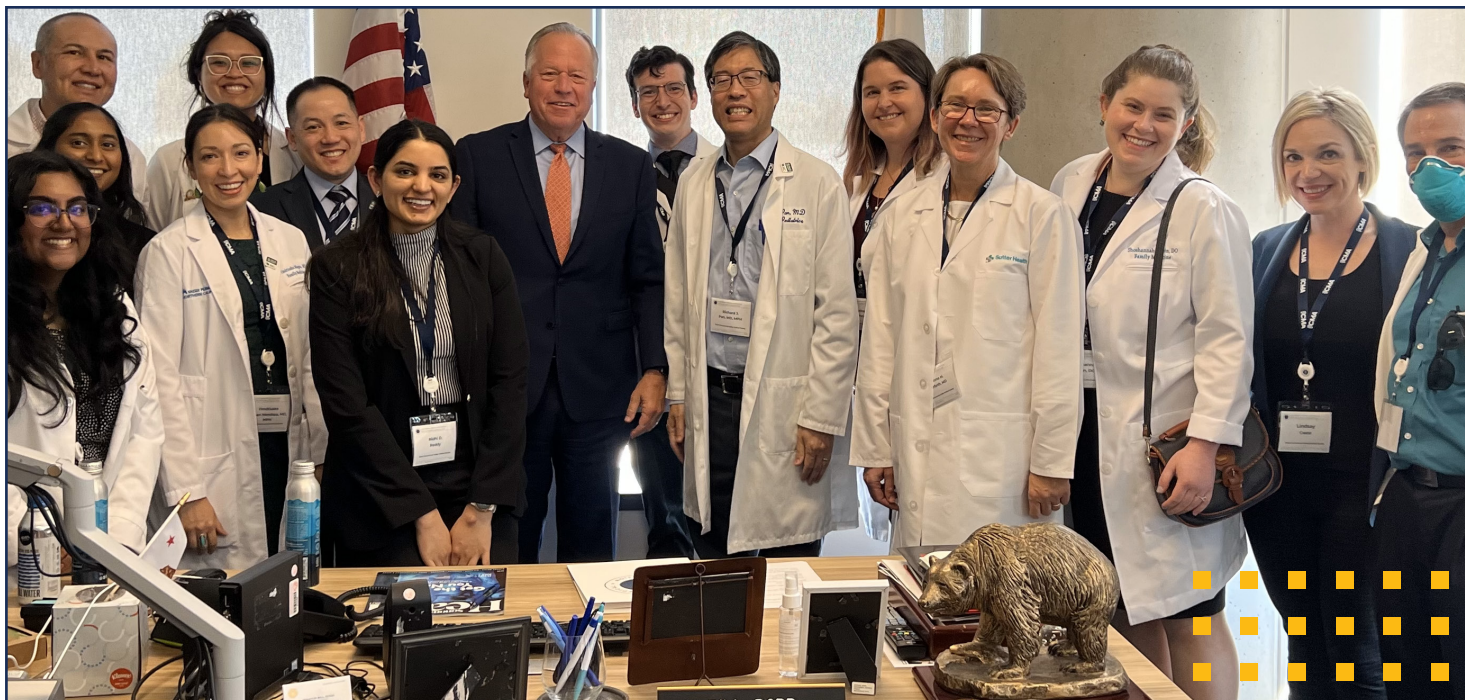
8TH ANNUAL SUMMIT

This year's summit featured how Emotional Intelligence can support your medical practice, how AI is changing the face of medicine and a panel discussion featuring physicians and medical students speaking to the power of mentorship in medicine.



SUPPORTING PHYSICIANS AND MEDICAL STUDENTS

Through research, advocacy and engagement, SSVMS promotes systemic changes to advance physician wellbeing in the Sacramento region. In 2024, Joy of Medicine Providers supported 54 physicians and medical students with more than 270 anonymous, free counseling sessions. Visit JoyofMedicine.org to be connected to a provider.



SSVMS Out and About

From Capitol Hill to Legislative Advocacy Day, SSVMS Members represented and fought for their communities.



Left to right from top: Richard Pan, MD, Senator Bill Dodd, Physicians and Medical Students at CMA Legislative Advocacy Day; Carol Burch, MD, Vanessa Walker, DO, Margaret Parsons, MD, and Lydia Wytzes, MD at CMA House of Delegates; SSVMS Board Member Tom Valdez, MD, AMA Delegate Barbara Arnold, MD, Board Members Shideh Chinichian, MD, Adam Dougherty, MD, Vanessa Walker, DO, Janine Bera, MD, John Coburn, MD, and Gill Raminder, MD at SSVMS Winter Social.



Left to right from top: SSVMS healthcare leadership meeting with Representative Ami Bera, MD during Capitol-to-Capitol in Washington DC; Celia Chang, MD, Bill Eng, MD and Alex Locke, MD at the Joy of Medicine Summit; SSVMS President, Vanessa Walker, DO and leaders at CMA Legislative Advocacy Day; Physicians celebrating Doctors' Day at UC Davis Medical Center; Leaders at CMA Legislative Advocacy Day.

Committees In Action

The Sierra Sacramento Valley Medical Society's committees study and report on issues impacting physicians and access to care. Many of the activities of our committees result in recommendations to the SSVMS Board of Directors, County Health Departments, Boards of Supervisors, City Councils, local agencies and legislators. Over the years, many serious or chronic problems affecting the practice of medicine and patients have been resolved as a result of the work of our chairs and committee members.

PUBLIC AND ENVIRONMENTAL HEALTH COMMITTEE

SSVMS's Public and Environmental Health Committee examines and recommends actions on issues impacting community health, such as maternal and child health, mental health, homelessness, and substance misuse. In 2024, the committee focused on preventing pedestrian deaths, reducing domestic violence injuries, and lowering salt ratios in food.

EMERGENCY CARE COMMITTEE

SSVMS's Emergency Care Committee addresses issues in emergency services, trauma, transport, triage, and disaster preparedness. It liaises with government agencies and oversees SSVMS' SMART Medical Clearance Protocol. In 2024, the committee met five times, sharing best practices and discussing unique challenges faced by emergency departments in the region.

JOY OF MEDICINE ADVISORY COMMITTEE

SSVMS's Joy of Medicine Advisory Committee made up of regional leaders, advises SSVMS's Joy of Medicine Program. In 2024, the Committee met three times to discuss progress on the anti-violence resolution, increasing program offerings, planning the annual wellness summit, and developing a mentorship program for physicians and physicians in training.

EDITORIAL COMMITTEE

SSVMS's Editorial Committee plans, solicits, edits, and publishes *Sierra Sacramento Valley Medicine*, the Medical Society's official publication. SSVMS members are invited to contribute articles, poems, photos, artwork, or other content. In 2024, the committee transitioned to a new digital magazine host, recruited new writers and photographers, ran a new series "What I Wish I Knew," and launched the new www.ssvmedicine.org webpage.

HISTORICAL COMMITTEE

SSVMS's Historical Committee focuses on preserving and collecting historical medical artifacts. Members research local medical history and serve as docents for school tours of the Museum of Medical History. In 2024, the committee met to discuss volunteer recruitment, exhibit improvements, planned giving, lecture topics, and future events.



Left to right: SSVMS Board Members Sarah Barnhard, MD, Lisa Guirguis, MD, Raminder Gill, MD, AMA Delegate Barbara Arnold, MD, and Christina Bilyeu, MD.



Committee Members

THANK YOU TO OUR ACTIVE SSVMS COMMITTEE MEMBERS

Geraldine Abilo-Cardenas, MS	Caroline Giroux, MD	Dana Miller-Blair, MD
Sara Aghamohammadi, MD	Laurie Gregg, MD	Rajiv Misquitta, MD
Natasha Arief, MS	Lisa Guirguis, MD	Manoj Mittal, MD
Richard Astorino, MD	Hanns Haesslein, MD	Margaret Parsons, MD
Megan Babb, DO	James Hamill, MD	Mary Pat Pauly, MD
Katie Baker, DO	Ruth Haskins, MD	Karen Poirier-Brode, MD
Ingrid Bauer, MD	Maya Heinert, MD	Verma Rashi, MD
Neda Bayat, DO	David Herbert, MD	Paul Reynolds, MD
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Gary Chu, MD	Gregory Kann, MD	Prasanth Surampudi, MD
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Clint Collins, MD	Olivia Kasirye, MD	David Terca, MD
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Margaret Delmore, MD	Irina Korman, MD	Katren Tyler, MD
Anthony DeRiggi, MD	Robert LaPerriere, MD	John Vallee, MD
Matthew Donnelly, MD	C. Robin Lanam, MD	William Vetter, MD
Andrew Elms, MD	Melody Law, MD	Justin Wagner, MD
Malcolm Ettin, MD	Ken Lee, MD	Kevin Walsh, MD
Roel Farrales, MD	Donald Lyman, MD	William Webster, MD
Christine Fernando, MD	Elisabeth Mathew, MD	Lee Welter, MD
Rochelle Frank, MD	Robert Meagher, MD	Eric Williams, MD
Regina Gandour-Edwards, MD	George Meyer, MD	Leon Williams, MD
		Peter Yellowlees, MD

Honors Medicine

On Saturday, May 4, 2024, approximately 200 SSVMS members and guests descended upon the California Museum for SSVMS Honors Medicine. Those in attendance enjoyed appetizers and drinks before taking in a delicious meal and honoring colleagues. Rajiv Misquitta, MD received the Golden Stethoscope Award, Aimee Moulin, MD took home the Community Impact Award, and our beloved Robert LaPerriere, MD ("Dr. Bob") took home the first ever Outstanding Medical Society Volunteer Award. Finally, the crowd sang along with the talented and hilarious Felix and Fingers Dueling Pianos.



Left to right from top: Maria Misquitta, Griffin Misquitta, Rajiv Misquitta, MD, Callister Misquitta, Cathi Misquitta, Melissah Misquitta, Ravi Misquitta; Kristiana Jordan, MS, Marshall Ling, Angela Azevedo Colback, MS, Maria Ochoa, MS, Javier Guerrero, MS; Raminder Gill, MD, Amardeep Gill; SSVMS President Vanessa Walker, DO; John White, Aimee Moulin, MD; Robert LaPerriere, MD, Hanns Haesslein, MD, William Vetter, MD.

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To learn about becoming a Partner in Medicine, contact Brandon J. Craig at BCraig@ssvms.org.

The Community Service, Education, and Research Fund

Community Outreach

The Sierra Sacramento Valley Medical Society's (SSVMS) Community Service, Education, and Research Fund (CSERF) was established in 1969 to enhance healthcare access, improve health outcomes, advocate for mental health, and shape the future of healthcare. As a nonprofit, CSERF is entirely supported by grants and generous community donations, with no funding from SSVMS membership dues. Through its programs, CSERF serves a diverse range of individuals, from the general public to physicians, medical students, underserved communities, and high school and college students.

These initiatives, which include SPIRIT, Future of Medicine, the Museum of Medical History, the Sacramento County Opioid Coalition, and the Medical Student Scholarship Fund, help create a lasting impact in our community. In the coming pages, you'll learn more about them and their successes over the past year. To support these programs, please learn how you can volunteer and consider a tax-deductable donation by scanning the QR code.



Left to right: Frank Liou, MD, Rex Pillai, MD, Jimmy Le, and Amol Shah, MD during White Coat Week.



Make a tax-deductable donation today.

Medical Student Scholarship Fund



Left to right: 2024 recipients Deion Santander and Christian Bryan De Guzman, 2023 recipient Jade Tso.

The first SSVMS Community Program, established in 1969, the Medical Student Scholarship Fund has supported the future of medicine by providing scholarships to deserving medical students who have graduated from a high school in El Dorado, Sacramento or Yolo County. In 2024, four students received a combined \$21,000 in scholarships.



Left to right: Scholarships and Awards Committee Chair, Margaret Parsons, MD, CMA Past President, Ruth Haskins, MD and Madison Ganas.

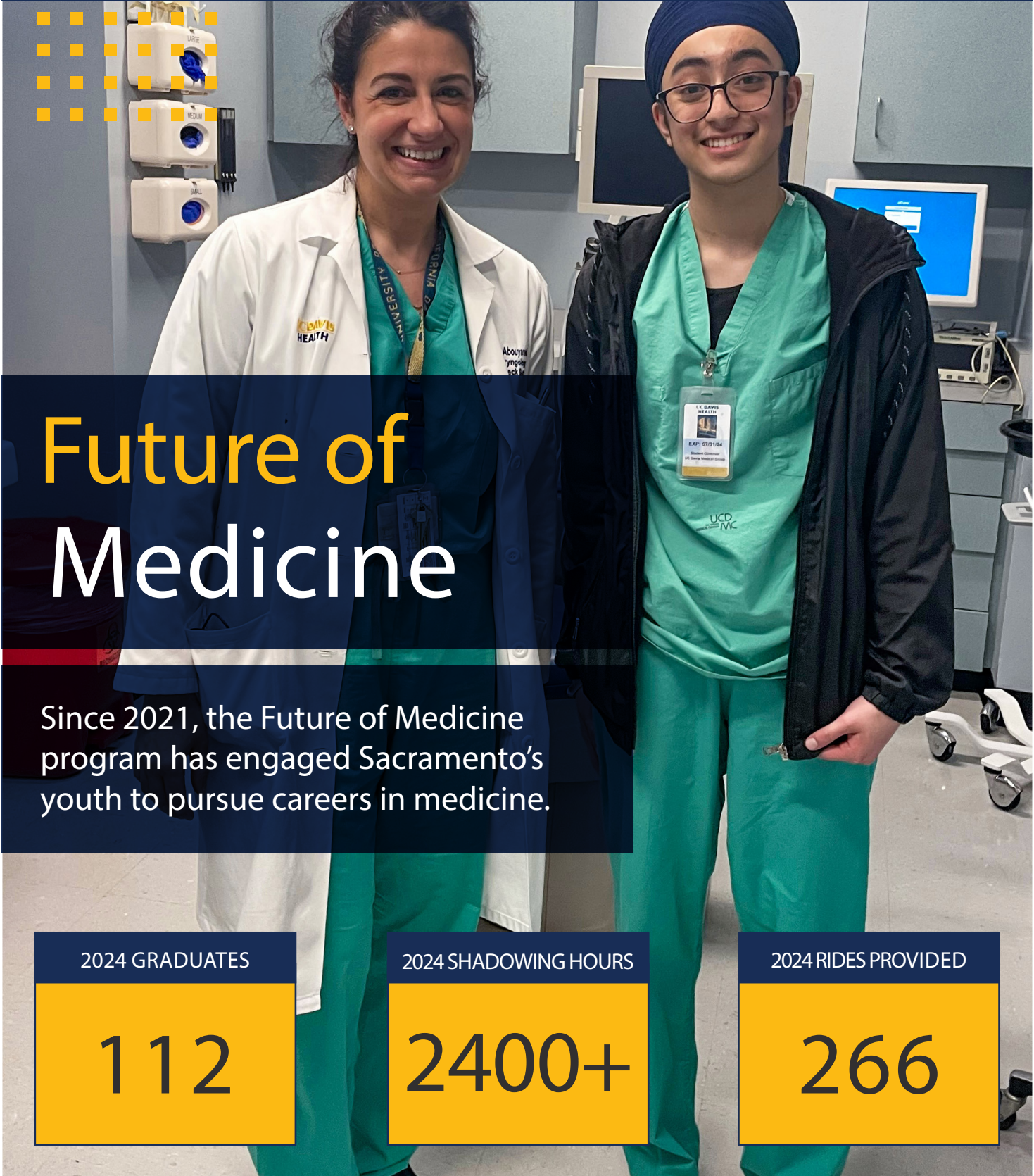
“

The SSVMS scholarships have made a huge difference in my life. You have helped me fulfill my dream of becoming a doctor.

-Adrienne P. Davis, MSIV

”





Future of Medicine

Since 2021, the Future of Medicine program has engaged Sacramento's youth to pursue careers in medicine.

2024 GRADUATES

112

2024 SHADOWING HOURS

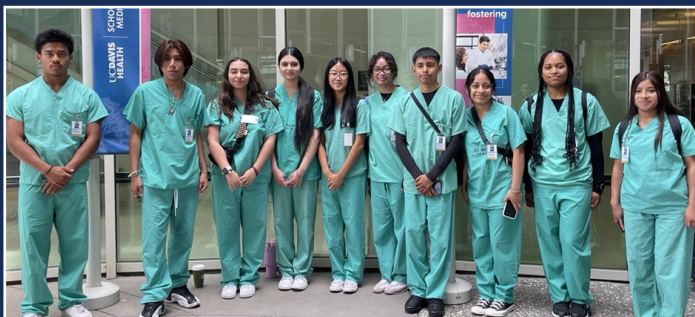
2400+

2024 RIDES PROVIDED

266

Inspiring Future Physicians

In 2024, 12 Sacramento-area school districts participated in SSVMS's Future of Medicine program. A total of 27 students graduated White Coat Week with 400+ hours of job shadowing, while 50 students graduated from the summer program with 2,000+ hours of job shadowing. The virtual program included 35 participants and 16 hours of speakers and presentations. The program provided 266 student rides to activities and involved more 50 volunteers. Additionally, 45 students were CPR certified, and 48 were trained to recognize opioid overdoses and administer naloxone. Participants also shadowed professionals, toured the Museum of Medical History, engaged in heart dissection labs, and learned casting, splinting, and toured Vitalant Blood Labs.



"I've gained so much more understanding of clinics I never would've been able to see without this program. Thank you for giving me this opportunity!"
-Therese Abulencia, 11th Grade



"I've had the opportunity to interact with patients from a diverse set of backgrounds which has been enlightening. As I reflect on my experience, I am filled with gratitude for the opportunity."
-Heidi Nunez, 11th Grade



"Thank you again for this opportunity! My favorite part was looking at EEGs, or brain scans, to detect seizures. I'm so grateful for this experience."
-Lia Stigler, 10th Grade

SPiRiT Program



Launched in 1995, SPiRiT connects uninsured, low-income patients to specialty care through a coordinated process. First, medical homes refer patients for specialty consults and surgeries. SPiRiT then provides case management to minimize disruption to volunteer offices. Volunteer physicians offer consults in their offices or at the Sacramento County Primary Care Clinic, with follow-up care handled by the referring medical home. Surgeries are performed at participating centers or hospitals, with all services donated. In 2024, SPiRiT volunteers treated 177 patients, performed 67 surgeries, donated 292 hours, and provided \$316,912 in care.

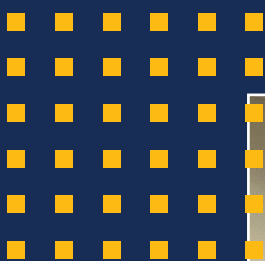
Jose, a cook, struggled with painful lumps on his arm and back, worsened by the heat at work. He was working through the pain, but after being informed he'd be unable to donate blood after his child needed transfusions, he sought help. Upon referral to SPiRiT, volunteer surgeon Dr. David Sheehan performed surgery to remove the lipomas at Sutter Sierra Surgery Center.

“

I am profoundly grateful to SPiRiT for helping me. Having this surgery has helped improve my life. I am no longer uncomfortable at work and I'm looking forward to scheduling an appointment to donate blood again.

-Jose, SPiRiT Patient

”



Museum of Medical History

The Museum of Medical History had a stellar year with more than 1,200 visitors as well as media features from ABC 10, the Visit Sacramento Podcast, and the Sacramento Bee. The Museum is open to the public Tuesday through Friday, and free to visit. This summer, the Museum offered special hours on second Saturdays and saw great attendance. In October, the Museum hosted two paranormal tours with the Sacramento History Museum. Additionally, the Museum offered two medical history lectures: one on women in medicine and another on quackery and patent medicine. Our dedicated docents contributed more than 500 hours, providing tours and enhancing exhibits.



Photos from Sacramento Area Museum's Free Museum Day, March 2024.

Opioid Coalition



SSVMS Community Programs serve as the executor for the Sacramento County Opioid Coalition (SCOC). In 2024, SCOC continued the monthly Hear to Heal support group and partnered with the Sacramento Library to offer free Narcan training workshops at eight regional libraries. The 2024 Fentanyl Awareness Summit attracted more than 425 attendees, featuring a range of law enforcement, lived experience advocates, community organizations, nonprofits, and government entities focused on harm reduction. SCOC also launched an anti-stigma and educational social media campaign on fentanyl, harm reduction, and Narcan, collaborating with organizations serving youth and minority communities, as well as public figures like Sacramento Kings player Colby Jones.



PEOPLE IMPACTED

33,731

NALOXONE KITS

3,929

Our Vital CSERF Volunteers

Marianne Abouyared, MD
 Maria Aguilar, MD
 Bahar Ahady, MD
 Debbie Aizenberg, MD
 Ali Akram, MD
 Edris Aman, MD
 Barbara Arnold, MD
 Surabhi Atreja, MD
 Kwame Atsina, MD
 Maninder Atwal, MD
 Jorge Avila, MD
 Vedesh Babu, MD
 Gaurav Bansal, DO
 Cyrus Bateni, MD
 Christopher Bayne, MD
 Tyler Bevins, MD
 Arnaud Bewley, MD
 Aditi Bhuskute, MD
 Andrew Birkeland, MD
 Walter Blackburn, DO
 Christopher Bowlus, MD
 Scott Braley, MD
 David Brandman, MD
 Jacob Brubaker, MD
 Vadim Bul, MD
 Jeffrey Caspar, MD
 Diane Chan, MD
 Thenappan Chandrasekar, MD
 Ryan Chen, MD
 John Chuck, MD
 Kaitlan Cobb, MD
 Branden Cord, MD
 Fernanda Da Silva, MD
 Marc Dall'Era, MD
 Rodney Diaz, MD
 Adam Dougherty, MD, MPH
 Imo Ebong, MD
 Mark Endicott, MD
 Erynne Faucett, MD
 Rochelle Frank, MD
 Timothy Fife, MD
 Jamie Funamura, MD
 Jeffrey Galland, MD
 Francisco Garcia, MD
 Juan Garcia, MD
 Lindsey Goetz, MD
 Elizabeth Gonsalez, MD
 Eli Groppo, MD
 Gaurav Gulati, MD
 Lotfi Hacein-Bey, MD
 Elizabeth Harris, MD
 Saman Hayatdavoudi, MD
 Iyawanna Hazzard, MS
 David Herbert, MD
 Kristin Herman, MD
 Shirley Hoffman, DO
 Zach Holt, MD

Mary Horner, MD
 Philip Hsiao, MD
 Ronald Hsu, MD
 Andrew Hudnut, MD
 Hisham Hussan, MD
 Joelle Jakobsen, MD
 Benjamin Jastrzembksi, MD
 Brian Jones, MD
 Richard Jones, MD
 Jessica Kager, OT
 Sally Kamal, MD
 Marvin Kamras, MD
 Burzeen Karanjawala, MD
 Craig Keenan, MD
 Abdul Khaleq, MD
 Anthony Kong, MD
 Erin Kong, MD
 Gudrun Kungys, MD
 Chris Lane, MS
 Eve LaValley Willsey, MD
 Alex Le
 Michael Leathers, MD
 Cassandra Lee, MD
 Kao Lee, NP
 Samuel Lee, MD
 Eric Levy, MD
 Ivy Li-Garzona, NP
 Jennifer Li, MD
 Xiongfei Liu, MD
 Michele Lim, MD
 Michelle Linenberger, RN
 Dan Linfesty, MD
 Gina Lokna, MD
 Sarah Louie, MD
 Vinh Lu, MD
 Amanda Ly, DO
 Hailey MacNear, MD
 Anand Madan, MD
 Eric Mao, MD
 Richard Marder, MD
 Katharine Marder, MD
 Allan Martin, MD
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 Craig McDonald, MD
 Shannon McPartland
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Robert Peabody, MD
 Joel Pearlman, MD
 Nayereh Pezeshkian, MD
 Tiffany Phan, OD
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 Deb Plante, MD
 Katie Polsky, PhD
 David Pompa, MD
 Richard Price, MD
 Prathima Prodduturi, MD
 Ashutosh Raina, MD
 Jasbir Rangi, MD
 Siba Raychaudhuri, MD
 Brian Reed, MD
 William Ridgeway, MD
 J. Bianca Roberts, MD
 Jay Robertson, DO
 Anamaria Robles, MD
 Jennifer Rothschild, MD
 Doron Sagiv, MD
 Faye Sajjadi, MD
 Darcey Schultz, MD
 Amol Shah, MD
 Sana Shaikh, MD
 Julia Sharma, MD
 Chris Shin, MD
 Patricia Sierra, MD
 Aimee Sisson, MD
 David Skeehan, DO
 Ronald Sockolov, MD
 Kwang Son, MD
 Jeffrey Southard, MD
 Prasanth Surampudi, MD
 Christian Swanson, MD
 Kuldeep Tagore, MD
 Ji-Ren Tan, MD
 Suraj Timilsina, MD
 Trinh Truong, MD
 Natascha Tuznik, DO
 Carol Vandenakker Albanese, MD
 Varun Varadarajan, MD
 Rashmi Verma, MD
 Heather Vierra, MD
 Amparo Villablanca, MD
 Brandee Waite, MD
 Ali Warrick, MD
 Andrea Willey, MD
 Eric Williams, MD
 Kimberly Wong, MD
 Mia Wright, MD
 Peter Wu, MD
 Jeremy Yee, PT
 Danny Yen, MD
 Glenn You, MD
 Terry Zimmerman, MD
 Marike Zwienenberg, MD

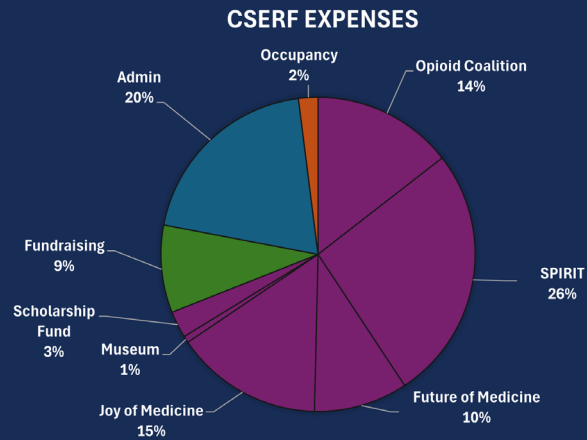
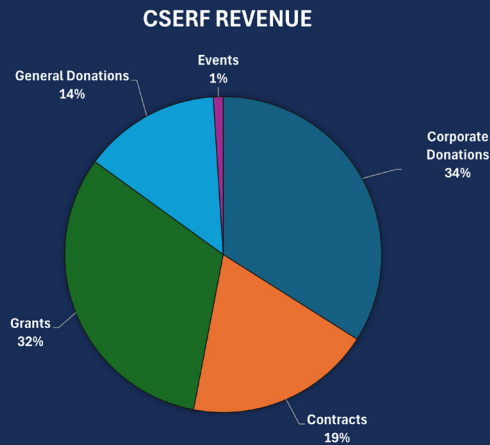
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Ellis James Andras, MD
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Barbara Arnold, MD in
memory of Henry Go, MD
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Douglas Enoch
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Sophia Evrigenis
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Richard Frink, MD
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