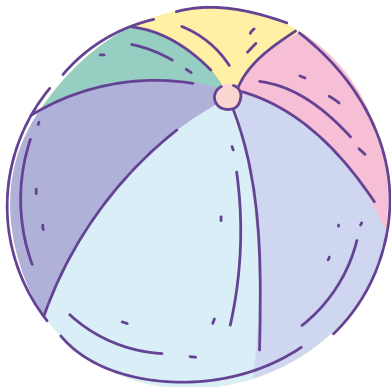


ADVERSE CHILDHOOD EXPERIENCES

Adverse childhood experiences (ACEs) are potentially traumatic events that occur between the ages of 0-17. ACEs have been found to contribute to chronic health problems, mental illness and substance use in adolescence and adulthood. In addition, ACEs can negatively impact one's education, career and earning potential. There are a wide range of traumatic experiences which could impact health and wellbeing, including but not limited to:



ABUSE

Physical
Emotional
Sexual



NEGLECT

Physical
Emotional



HOUSEHOLD DYSFUNCTION

Mental Illness
Incarcerated Relative
Intimate Partner Violence
Substance Abuse
Divorce

Have you experienced any ACEs?