



HITCHIN TOWN YOUTH FC

COVID-19 Risk Assessment Matches

Risk Assessment

| HAZARD | CONTROLS MEASURES IN PLACE | RISK FACTOR | FURTHER CONTROL MEASURES |
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| <p>Exposure from others due to:</p> <ul style="list-style-type: none"> • Living with someone with a confirmed case of COVID-19 • Have come into contact (within 2m for 15 minutes or more) with a confirmed case of COVID-19 • Being advised by a public health agency that contact with a diagnosed case has occurred | <p>Guidance notes issued to all parents/carers and coaches to instruct all to:</p> <ul style="list-style-type: none"> - To continue following government action and FA guidance on self-isolation & general COVID-19 ongoing guidance - All coaching staff / players to follow good hygiene measures at all times prior to, during and after every allotted training session - Hand sanitizer to be used by all players, coaches, etc - No parents are permitted on to the designated training areas - Exercises to be devised and run allowing for current gov separation between all players/coaches - Matches in accordance with August 2020 FA guidance | Medium | <ul style="list-style-type: none"> - To continually review this Risk Assessment & react sensibly & proportionately to changes and update guidance as required - Continued communications to Coaching staff, players and players parents regarding COVID-19 - To continually review government and FA guidelines regarding COVID-19 and act accordingly |
| <p>Parent/Carer/ Player Travel to and from Matches</p> | <ul style="list-style-type: none"> - Guidance notes issued to instruct parents/carers to travel to/from HTYFC matches in accordance with HM Govt and FA Covid Guidelines – only household members to travel in cars – no car sharing - Guidance notes issued to instruct parents/carers to walk to training if possible | Low | Cancel match if safe travel to/from training cannot be achieved |
| <p>Parent/Player travel from car parking to/from pitch area</p> | <ul style="list-style-type: none"> - Player stations marked out adjacent to pitch area. Separation between stations to ensure social distancing of players pre/post-match and during drinks breaks / Half- time. . - Parents/players to walk to/from training station, observing social distancing from parked car to pitch area; player to sit at player station, parents to then go to parent zone and maintain social distancing | Medium | <p>Mitigation relies on adherence by parents/players.</p> <p>Cancel matches if safe travel from car park to/from pitch area cannot be achieved</p> |
| <p>Covid Infection between players /parents /coaches due to inadequate social distancing</p> | <p>Guidance notes issued to instruct</p> <ul style="list-style-type: none"> - Respect barriers to be used at all times - Opposing supporters to be on separate sides along the length of the pitch with social distancing - HTYFC test and trace form to be completed by the match delegate | Medium | <p>Mitigation relies on adherence by parents/players/coaches.</p> <p>Cancel match if mitigation measures cannot be maintained</p> <p>Coaches & players to be reminded on a regular basis to wash their hands with self-provided hand</p> |



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| | <ul style="list-style-type: none"> - Hand sanitisers to be visible - Social distancing signs to be in sight along respect barrier - All current government guidelines with respect to grouping of persons to be observed - Parents/carers to maintain social distancing at all times - Players to maintain social distancing at all times - No hand shakes with opposition - Players to have a named hand sanitising gel bottle. - Lead coach to ensure all players use sanitising gel before/after match and drinks breaks or half time. - Players to clean boots at home before and after each session - Coach to clean cones/balls/training aids at home before and after each match - Coach to clean cones/balls/training aids during match as required - FOOD, DRINK & WASTE: - Coaches are not permitted to provide team drinking vessels; players are expected to bring their own refreshments - Responsibility for removal of waste (empty drink bottles etc.) sits with the coach running the match - Exercises to be devised and run allowing for Gov recommended separation between all players/coaches - Matches to be in accordance with August 2020 FA guidance | | <p>sanitiser</p> <p>Parents, Coaches & players to be reminded to catch coughs & sneezes in tissues or their flexed elbow and to avoid touching their faces, eyes, nose or mouth with unclean hands</p> |
| <p>Covid Infection between players /parents /coaches through application of first aid</p> | <p>Guidance notes issued to instruct</p> <ul style="list-style-type: none"> - Coach to have stocked first aid kit and hand sanitising gel visible/available for use - Parents/carers will be called from adjacent area to carry-out first aid on their child; parent to use sanitising gel before/after carrying out first aid - U16 and above, player will self-administer first aid; if player not able to, parents/carers will be called from parent zone to carry-out first aid on their child; parent to use sanitising gel before/after carrying out first aid - HTYFC lead/assistant coach will only administer first aid in exceptional circumstances - Ambulance to be called for any injuries that cannot be treated by local first aid. | <p>Medium</p> | <p>Mitigation relies on adherence by parents/players/coaches.</p> <p>Cancel match if mitigation measures cannot be maintained</p> |
| <p>Goalposts (both permanent and temporary)</p> <p>Covid Infection</p> <p>danger of collapsing injuries from metal hooks used to secure goal nets</p> | <ul style="list-style-type: none"> - Goal posts to be wiped down / sanitised prior and after use - Hands should be sanitised before and after goal movement and erection. - Social distancing to be in place | <p>Low</p> | |



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| Weather extremes | <ul style="list-style-type: none"> - Lead Coach, Groundsman or tournament organisers can call the game off in extreme weather conditions | Low | Cancel match if extreme weather i.e lightning predicted |
| General state of the pitch uneven ground presence of holes presence of foreign object | <ul style="list-style-type: none"> - Lead coach to check state of training area prior to each session - All Pot /Rabbit holes to be filled in prior to the match. | Low | Cancel match if pitch condition is unsafe Report pitch to committee pitches person responsible and take photos. |
| Balls too hard damaged (peeling leather) | <p>Balls pumped to appropriate pressure prior to each training session.</p> <p>Lead coach checks this.</p> <p>Balls are thrown away when the leather peels off</p> | Low | Match to be cancel without appropriate Equipment |
| Footwear inappropriate footwear for conditions (danger of slipping/risk of injury) sharp studs | Footwear in accordance with Fa Guidelines Lead coach checks footwear for inadequate or sharp studs before and during sessions | Low | Parents are responsible for making sure their players wear footwear appropriate for the surface they are playing on, and to check their studs regularly. |
| Jewellery | All jewellery has to be removed or taped up before a session. Lead coach checks this maintaining social distancing. | low | Each player to be responsible for removing their own jewellery before matches |
| Conduct of players dangerous play/physical violence | We play to FA rules. The lead can caution or ask players to leave the training session if they are in breach of these rules. | Low | Players are barred from the remainder of the session if their conduct is not acceptable |
| Conduct of spectators | Non-contact training so shouldn't be any circumstances to promote poor conduct. | Low | Spectators have been issued guidance notes on where to watch matches from |
| Physical injuries from normal training | <p>Players should warm up and cool down properly before matches.</p> <p>Each team manager has to an adequately stocked first aid kit</p> <p>First aid kit to be readily accessible, with hand sanitising gel used before/after</p> <p>U15 and below, first aid administered by watching parent</p> <p>U16 and above first aid self-administered by player or parent called and attends from where they are waiting in their car</p> <p>Players with pre-session injuries or medical complaints should let these be known to their manager</p> <p>Players must wear shin pads.</p> <p>Coverage by club injury insurance.</p> | Low | All coaches have a relevant and up to date first aid qualification. |
| Dehydration/Exhaustion | Named Water bottles are provided by parents/players | Low | Players will bring their own drinks to each session; Player will not be allowed to participate if they don't have a drink player to leave session if their drink runs out |



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Hitchin Town Youth FC is an
FA Charter Standard Club

