

Jennifer Preston, PhD, NCC, LPC (MO)

### Highlights

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- Graduate of a CACREP accredited doctoral program: emphasis in Counselor Education and Supervision
- 17 years experience as a faculty member, teaching at both Master's and Doctoral level
- 8 years experience as a department chair- Saybrook University
- Experience in securing an initial CACREP accreditation – both MA and PhD.
- Experience in program development and student support
- 7 total years clinical experience, primary focus on trauma
- Teaching focus: Research, Crisis and Trauma, Diversity and Cultural Responsive Counseling
- Research focus includes: LGBTQIAA adolescents, Addictions, Women/Girls identity, Student Development, Feminism/Qualitative research
- Additional training on psychedelic integration practices

### Teaching and Supervision

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| August 2015- Current | <p>Saybrook University<br/>Counseling Department<br/>Department Chair<br/>CACREP Liaison<br/>Initial CACREP accreditation awarded for 8-years.</p> <ul style="list-style-type: none"> <li>▪ Sample course load includes: Multicultural Counseling and the Family, Understanding Research and Evaluation, Crisis and Trauma Interventions, Internship,</li> <li>▪ Highly focused on student development, residential conference programing, assessment and evaluation of the program, engaging student feedback and ensuring student success.</li> </ul> |
| July 2006- May 2015  | <p>Minnesota State University, Mankato<br/>Associate Professor</p> <ul style="list-style-type: none"> <li>▪ Sample course load includes; Child and Adolescent Counseling Techniques, Practicum and Internship for School Counseling students, Women's Issues in Counseling, Multicultural Counseling, Skills I- for Student Affairs students. Qualitative Research for PhD students.</li> </ul>   |
| 2003 – June 2006     | <p>Doctoral Teaching Assistant, Oregon State University</p> <ul style="list-style-type: none"> <li>▪ Taught a variety of courses independently during my doctoral program</li> <li>▪ Provided individual and group supervision to practicum students serving in both school and agency settings</li> </ul>  |
| 2004 – June 2006     | <p>Independent Licensure Supervisor</p> <ul style="list-style-type: none"> <li>▪ Provided supervision for counselors working towards LPC</li> </ul>   |

## Adjunct Faculty

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| 2005 – 2006 | Northwest Christian College, Eugene, Oregon <ul style="list-style-type: none"> <li>▪ Counseling 510, Child and Adolescent Development, Winter 2005</li> <li>▪ Counseling 675, Educational Research and Assessment, Summer 2005</li> <li>▪ Counseling 520, Introduction to Counseling Theories, Fall 2005</li> </ul> |
| 2003 – 2004 | Pioneer Pacific College, Eugene, Oregon <ul style="list-style-type: none"> <li>▪ Introduction to Psychology</li> <li>▪ Introduction to Sociology</li> </ul>   |
| 2001        | Brown Mackie College, Olathe, Kansas <ul style="list-style-type: none"> <li>▪ Introduction to Psychology</li> </ul>   |

## Professional Counseling and Coaching

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### Coaching:

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| 2023 | Psychedelic Integration Services <ul style="list-style-type: none"> <li>▪ Provide individual and group preparation and integration coaching</li> <li>▪ Provide services online and in-person</li> </ul> |
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### Professional Counseling:

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| 2004 – 2005 | Northwest Christian College, Eugene, Oregon State University <ul style="list-style-type: none"> <li>▪ Provide individual counseling to college students at a small Christian college.</li> </ul>  |
| 2000-2000   | Senior Counselor, Truman Medical Center, Kansas City, Missouri <ul style="list-style-type: none"> <li>▪ Provided individual and family counseling for children ages 4-18.</li> <li>▪ Provided assessments to children seeking services</li> <li>▪ Diversity of population: 60% children of color, 100% low socioeconomic status children</li> </ul>   |
| 1999-2000   | Director of Counseling, Genesis School, Kansas City, Missouri <ul style="list-style-type: none"> <li>▪ Provided supervision and direct counseling at an alternative middle school</li> <li>▪ Worked in both individual and group formats</li> <li>▪ Provided training to faculty relating to classroom management</li> <li>▪ Diversity of population: 98% students of color, 95% low socioeconomic status students</li> </ul> |
| 1997 – 1999 | Director of Children's Center, Synergy Services Inc, Parkville, Missouri <ul style="list-style-type: none"> <li>▪ Provided counseling in a variety of settings, with a variety of job titles within the agency including a domestic violence shelter, children's shelter and a teen group home</li> </ul>   |

- Coordinated services with several outside agencies when needed
- In final position with this agency, managed an 11 bed, 24-hour shelter that served family services when children were removed from the home. Duties included budgeting, scheduling, training staff and other tasks. Also provided counseling to children in the shelter
- Diversity of population: 50% children/women of color, 95% low socioeconomic status, 100% displaced or homeless

## Research and Publications

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- Preston, J. Trepal, H., Morgan, A., Jacques, J., Smith, J. & Field, T. (2020) Components of High Quality Doctoral Programs. *The Professional Counselor*, 10(4)
- Born, S. L., & Preston, J. (2016). The Fertility Problem Inventory and Infertility-related Stress: A Case Study. *The Qualitative Report*, 21(3).
- Ohrtman, M. , & Preston, J. (2014). An investigation of the relationship between school failure and at-risk students' general self-efficacy, academic self-efficacy, and motivation. *Journal of At-Risk Youth*.
- Pepperell (Preston), J., Londgren, J & Maki, L (2014). Counseling Women. In *Counseling for Multiculturalism and social justice: Integration, theory and application*. Ratts and Pederson (Eds.), American Counseling Association Press: New York.
- Zammit, K., Pepperell (Preston), J. & Coe, M. (2014) Implementing an Ally Development Model to Promote Safer Schools for LGB Youth: A Trans-disciplinary Approach. *The Journal of Homosexuality: special issue Queering Education: Serving LGBTI Students in P-12 Schools*, 61(10).
- Jeffrey, A. J., Auger, R. W., & Pepperell (Preston), J. (2013). “‘If we’re ever in trouble, they’re always there:’ A qualitative study of teacher-student caring. *The Elementary School Journal*.
- Borders, L. D., Wester, K. L., Granell, D., Change, C., Hays, D. G., Pepperell (Preston) , J., Spurgeon, S.(2012) ACES Guidelines for Research Mentorship: Development and Implementation. *Counselor Education and Supervision*.
- Pepperell (Preston) , J., Rubel, D. J., & Maki, L. A. (2012). Conceptualizing gifted adolescent girls using the bicultural skills model: Implications for school counselors. *Journal of School Counseling*, 10(10).
- Davis, C. A., & Pepperell (Preston) , J. (2012). My Sister, Our Stories: Exploring the lived experience of school leavers through narrative and poetics. *The Qualitative Report* 17 (57) 1-25.
- Rubel, D. & Pepperell (Preston) . J. (2010). Applying the ACA Advocacy Competencies to Group Work. In M. J. Ratts, J. A. Lewis, & R. L. Toporek (Eds.) *The ACA Advocacy*

- Competencies: An Advocacy Framework for Counselors*. (pp. 195-207). Alexandria, VA: ACA.
- Pepperell (Preston) , J.& Rubel, D. (June, 2009) The experience of gifted girls transitioning from elementary school to middle school: A grounded theory. *The Qualitative Report 14* (2) 341-360.
- Briggs, C.& Pepperell (Preston) , J. (2009). *Women, girls and addiction: Celebrating the Feminine in counseling treatment and recovery*. New York: NY, Routledge.
- Pepperell (Preston) , J. (2009) Moral Development. In *American Counseling Association Encyclopedia*. American Counseling Association.

### Presentations

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#### Peer Reviewed:

- Preston, J., Becker, K., Westgard, P., Livaudais, D. (May 2023). Reimagining faculty and student wellness in an online environment. Association for Humanistic Counseling, Annual Conference. Denver, CO
- Preston, J. (Oct 2022). Introduction to Qualitative Research Design: Exploring question development, methodological fit, and action steps. Southern Association for Counselor Education and Supervision, Pre-Conference session. Baltimore, MD
- Preston, J., Xenos, N., & Gadin, E. (2022, May). Filipino- Americans mental health, and internalized oppression. Association for Humanistic Counseling: Nashville, TN.
- Preston, J. & Briggs, C. (2021, October). Finding focus as a qualitative researcher: The importance of the research question. Association for Counselor Education and Supervision Conference, Atlanta, GA.
- Becker, K. & Preston, J. (2021, June). On Being Humanistic in the Hybrid/Online Environment. Association for Humanistic Counseling (AHC) Conference, Virtual.
- Avery, D., Preston, J. & Wood, S. (2020). Polyvagal theory in the classroom: Teaching without traumatizing. WACES Conference, Tucson, AZ, United States. (Conference canceled)
- Becker, K., Preston, J. & Sivalingam, H. (2019, October). Teaching Basic Counseling Skills within a Hybrid/Online Environment. Association for Counselor Education and Supervision: Seattle, WA.
- Warren, J., Asfaw, A. H., Preston, J., & Sivalingam, H. (2018, May). Engage, make meaningful, and have fun: Humanism in online counseling education. Association for Humanistic Counseling: Saint Petersburg, Florida.
- Warren, J., Asfaw, A. H., Preston, J., Sivalingam, H., & Teman, E. (2017,

- October). Working effectively as a counseling professional in rural settings with LBGTQQA+ persons. Association for Counselor Education and Supervision Conference: Chicago, Illinois.
- Preston, J., Baker, M., & Kaistha, N. (2016, October). Innovative methods for teaching students how to advocate for the clients they serve. North Central Association for Counselor Education and Supervision Conference. Minneapolis, MN.
- Preston, J. & Rubel, D. (2015, October). Participatory Action Research: Making Socially Just Research Pragmatic in Counselor Education. ACES National Conference: Philadelphia, PA.
- Preston, J (2014 September) The experiences of homeless LGBT identified youth, shared through unstructured interviews and photos; and the unexpected impact on the researcher. ALGBTIC National Conference: New Orleans, LA
- Pepperell (Preston), J. (2014 May) 6 concrete steps to creating hope in your students, and in your school, Minnesota School Counselors Association Annual Conference. Brainerd, MN
- Maki, L. A., & Pepperell (Preston) , J. (2014, March). Reciprocal mentoring relationships among academic women: Rethinking the traditional model, incorporating diversity, and fostering mutual development. NASPA annual conference in Baltimore, MD.
- Pepperell (Preston), J (2013 May). Using motivational interviewing in your school counseling program. Minnesota School Counselors Association Annual Conference. Brainerd, MN
- Maki, L. & Pepperell (Preston), J. (2013 March). Understanding women college students mentoring experiences: Finding implications for practice. National Association of Student Affairs Administrators in Higher Education Annual Conference. Orlando, FL
- Auger, R. & Pepperell (Preston) , J. (2012 June). Girls, boys, college and careers. American School Counselors Association conference. Minneapolis, MN.
- Coe, M. & Pepperell (Preston) , J. (2012 May). Improving School Climate for LGB students. Minnesota School Counselors Association conference. Brainerd, MN.
- Pepperell (Preston) , J. (2012 May). Adding a little magic to School Counseling: Utilizing the wizarding world of Harry Potter to connect with your students. Minnesota School Counselors Association conference. Brainerd, MN.
- Pepperell (Preston) , J. & Rubel, D. (2011 October). Grounded theory: Post-positivist, constructivist, and feminist Perspectives. Association for Counselor Education and Supervision conference. Nashville, TN.
- Auger, R., Abel, N., & Pepperell (Preston) , J. (2011 June). Listening to the voices. American School Counselors Association conference, Seattle, WE.
- Pepperell (Preston) , J. (2011 May). Still need something new? Six more interventions to add to your skill set. Minnesota School Counselors Association conference. Brainerd, MN.
- Wilson, N. & Pepperell (Preston) , J. (2010 May). Stop forgetting the children: Expanding

- “micro- skills” To include children and adolescents. North Central Association for Counselor Education and Supervision conference, Itasca, IL.
- Pepperell (Preston) , J. (2010 May). Need something new? Six interventions to add to your skill set. Minnesota School Counselors Association conference. Brainerd, MN.
- Pepperell (Preston) , J. (2009, November). Speaking your mind while maintaining professional boundaries. Women’s Student Leadership Conference. Mankato, MN
- Pepperell (Preston) , J. & Auger, R. (2009, November). The role of the school counselor and the changing needs of kids. Mankato School District 77, Mankato, MN.
- Rubel, D. & Pepperell (Preston) , J. (2009, October). Grounded theory data analysis: Navigating The intrapersonal and interpersonal process of developing theory. Association for Counselor Education and Supervision conference. San Diego, CA.
- Briggs, C. & Pepperell (Preston) J. (2009, October). Women, girls and addiction: Celebrating the Feminine in treatment and recovery. Association for Counselor Education and Supervision conference. San Diego, CA.
- Pepperell (Preston) , J. & Rubel, D. (2009, October). Applying clinical supervision models to Qualitative research mentorship in counseling and counselor education: Developing a critical transformative relationship. Association for Counselor Education and Supervision conference. San Diego, CA.
- Pepperell (Preston) , J. (2009, May). Adolescent Girls and Addictions: Substance Use, Cutting, and Food: Where to Begin? Preconference session. Minnesota School Counselors Association conference. Brainerd, MN.
- Auger, R. & Pepperell (Preston) , J. (2009, June). 30 thirty-second interventions. American School Counselor Association conference. Dallas, TX.
- Pepperell (Preston) , J. & Briggs, C. (2009, March). Women and addiction: Including the feminine in addictions treatment. American Counseling Association conference. Charlotte, NC.
- Pepperell (Preston) , J., Wilson, N. & Shanks, L. (2008, October). Training school counselors: A call for Child counseling competencies. North Central Association for Counselor Education and Supervision conference, Indianapolis, IN.
- Pepperell (Preston) , J. & Briggs, C. (2008, October). Women and addiction: Including the feminine in addiction counseling courses. North Central Association for Counselor Education and Supervision conference, Indianapolis, IN.
- Pepperell (Preston) , J. & Wilson, N. (2007, October). Child-counseling competencies: A new look at Training child counselors. Association for Counselor Education and Supervision conference, Columbus, OH.
- Pepperell (Preston) , J. & Rubel, D. (2007, October). Women, girls and qualitative methods: Moving Past gender bias in counseling research. Association for Counselor Education and Supervision conference, Columbus, OH.

Pepperell (Preston) , J., & Rubel, D. (2007, March). The Experience of Gifted Girls Transitioning from Elementary School to Sixth and Seventh Grade: A Grounded Theory. American Counselor Association conference, Detroit, MI.

Pepperell (Preston) , J. (2006, October). Advocacy Through Research: The Qualitative Dissertation, Tips for Doctoral Students and Faculty from a Recent Graduate. North Central Association for Counselor Education and Supervision conference, Kansas City, MO.

Briggs, C & Pepperell (Preston) , J. (2005, October). Creating the Change: The New Role of Faculty in Developing Women Doctoral Students' Professional Identity. Association of Counselor Education and Supervision conference, Pittsburg, PA.

Rubel, D., Schultz, L., DeKruyf, L., & Pepperell (Preston) , J. (2005, October) Bicultural Identity Development of Counseling Students Working as Counselors. Association of Counselor Education and Supervision conference, Pittsburg, PA.

Ratts, M., Briggs, C, & Pepperell (Preston) , J. (2004, October) Social Justice: A Fifth Force in Counseling. Western Association of Counselor Education and Supervision annual conference, Sacramento, CA.

Pehrsson, D., Pepperell (Preston) , J, & Briggs, C. (2004, October) Stress Management for the Graduate Student. Western Association of Counselor Education and Supervision annual conference, Sacramento, CA.

Pepperell (Preston) , J. (2004, November) Weightism in Counseling: Considerations for Counselors. Oregon Counseling Association annual conference, Corvallis, OR.

Pehrsson, D., Pepperell (Preston), J, & Briggs, C. (2004, May) Stress Management for Women in Graduate School. Oregon State University. Corvallis, OR.

#### Action Research for Advocacy

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Preston, (2013). The Experience of Homeless Queer Youth of Color. Photovoice project for community advocacy.

#### Grants

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Preston, J., Sivalingam, H., & Warren, J. (2017, July). Initial CACREP Accreditation Grant for Saybrook University (National Board for Certified Counselors, NBCC, \$9,000).

#### Education

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| 2006 | <p>Oregon State University, Corvallis, Oregon</p> <ul style="list-style-type: none"> <li>▪ Doctor of Philosophy in Counseling</li> <li>▪ Emphasis in Counselor Education &amp; Supervision</li> <li>▪ CACREP accredited program</li> </ul> |
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- 1997                      Avila University, Kansas City, Missouri
- Masters of Science in Counseling Psychology
- 1994                      Whittier College, Whittier, California
- Bachelor of Science in Psychology

#### Licenses and Professional Affiliations

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- 1999-Present   Licensed Professional Counselor, State of Missouri (# 2000146694)
- 1998-Present   National Certified Counselor (#93058)
- 2004-Present   American Counseling Association (#6215972)
- 2004-Present   Association for Counselor Education and Supervision
- 20017-Present   Association for Humanistic Counseling
- 2012- 2014   NASPA Student Affairs Administrators in Higher Education
- 2006-2010   American School Counselor Association (#82078)
- 2006-2014   Minnesota School Counselors Association