



WEEKEND SCHEDULE

FRIDAY

12:00 pm-3:00 pm - Arrival time
1:00pm - Cut off time for eating
3:30 pm - Opening circle
4:00 pm - Sananga Circle
4:30 pm - Smoke Cleanse
5:00 pm- Evening Ceremony begins
9:30pm - Evening snacks and food will be served

SATURDAY

9:00 am - Breakfast
10:00am -Cut off time for eating
10:00am - Integration
1:15pm - Wellness activity
2:30 pm - Smoke Cleanse
3:00 pm - Ceremony begins
7:30 pm - Evening snacks and food will be served

SUNDAY

9:00 am - Breakfast served
10:00 am - Integration
12:30 pm - Departure

****Schedule may be subject to last minute changes****
Eating outside of the times listed above should be cleared by our staff prior to eating.