

WHAT TO PACK FOR YOUR THAILAND VACATION?

1. Passport Photocopy

We recommend taking a copy of all of your important documents, such as your passport and Visa.



2. Sun protection

The sunlight is strong for sure. Put hat, sunglasses and sunscreen on your list of what to pack for Thailand. Add a wide-brimmed sun hat if you are sensitive to sunburns; Outdoor Research sun hats are packable. UPF 50 will stay on your head in gale-force winds and even float.

3. Full Face Snorkel Mask

It can usually be borrowed, but those who prefer to put their own snorkel into their mouth should get one in advance.



4. Slip-on shoes

Flat, slip-on shoes, like boat shoes, ballet flats, loafers, etc., are ideal for your travel days and for visiting Thailand's temples, where decorum asks that you wear closed-toed shoes.

5. Quick Dry Towel

Super lightweight and non-bulky, one of these towels is a real godsend for minimizing your travel load.



6. Clothes

Cover your shoulders and knees and ideally, you'd cover your ankles too. Wear longer shorts, capris, pants/trousers or a knee-length-or-longer skirt. On top, choose any shirt that fully covers your shoulders and has zero cleavage.

7. Insect repellent

Thailand is tropical and rainy. Better be safe than sorry, especially if you are going to camp or trek.



8. Power adapter for Thailand

For Thailand there are four associated plug types, types A, B and C. Plug type A is the plug which has two flat parallel pins, plug type B has two flat parallel pins and a grounding pin and plug type C has two round pins. Thailand operates on a 230V supply voltage and 50Hz.

9. Headlamp

An emergency headlamp that provides less than 100 lumens of visible light is much inferior to a headlamp that produces 100 to 200 lumens of visible light. However, the ordinary individual only requires 300 lumens



for nighttime safaris through the forest or exploring caves.

10. First Aid

As travellers, we need to reduce our chances of contracting illnesses or infections, and the best way to be ready is to have medicine or first-aid supplies on hand.

