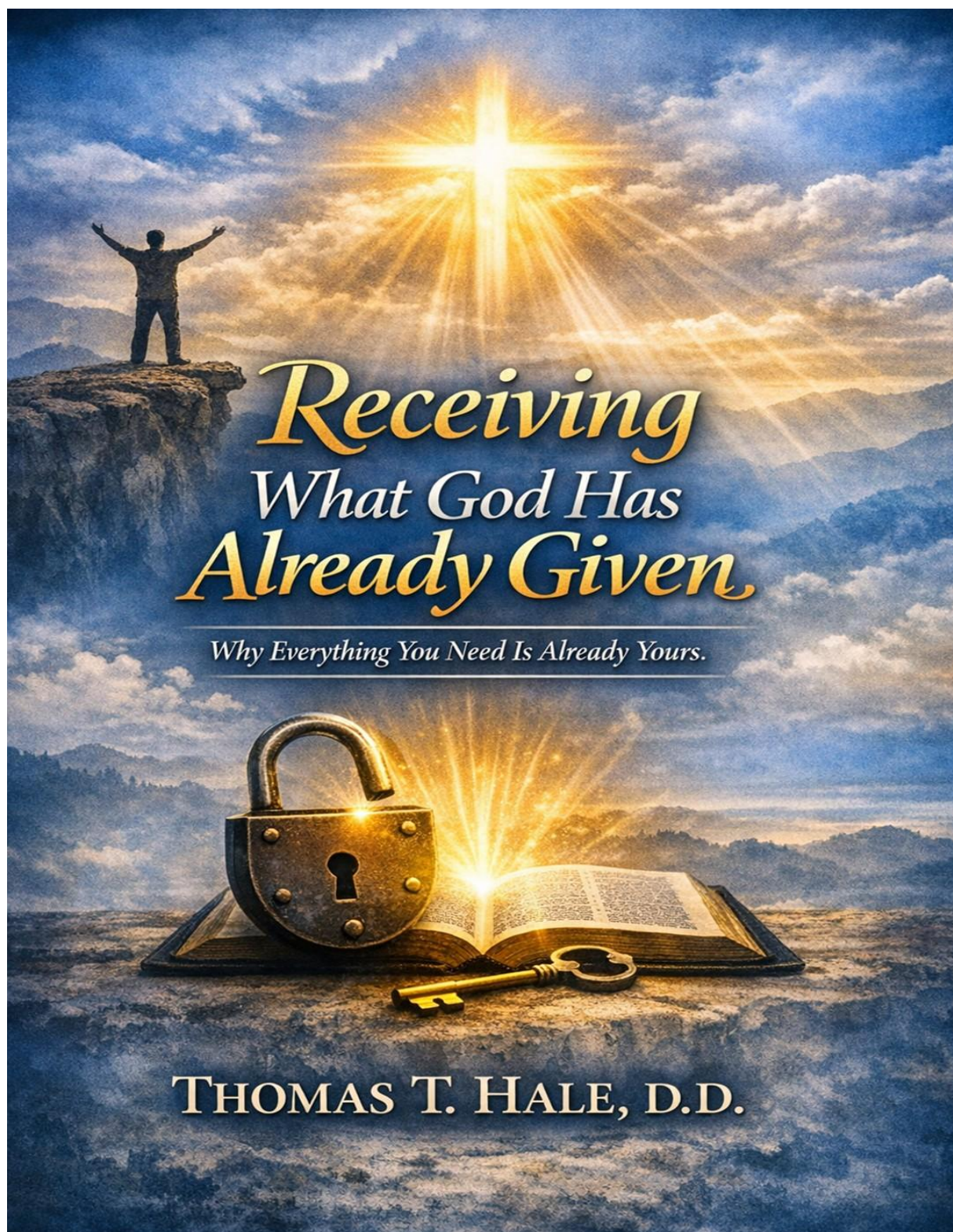




FACILITATOR AND TEACHING GUIDE

Receiving What God Has Already Given Facilitator and Teaching Guide

Based on *Receiving What God Has Already Given: Why Everything You Need Is Already Yours* by Thomas T. Hale, D.D.

PURPOSE OF THIS GUIDE

This facilitator and teaching guide is designed to help leaders guide individuals, small groups, discipleship classes, ministry teams, and church teaching environments through *Receiving What God Has Already Given* in a thoughtful, Scripture-centered, pastorally wise, and practical way.

The purpose is not merely to summarize the book, but to equip facilitators to help participants understand what Christ has already accomplished, recognize what the believer has already received in Him, move from anxious petition into confident appropriation, and practice receiving with thanksgiving, agreement, and obedient faith.

The guide follows the book's movement from begging at the gate, through the completed work of Christ, into heir identity, the law of receiving, the life of receiving, and a concluding integration of Greek terms, devotional practice, and ongoing renewal.

Each session is structured to move from explanation to engagement: first clarifying the chapter's main idea, then grounding the truth in Scripture, then inviting honest discussion, and finally guiding participants toward a concrete response of believing, receiving, thanking, speaking, and acting in agreement with what grace has already supplied.

HOW TO USE THIS FACILITATOR GUIDE

This guide is written primarily for the person leading the study, whether that leader is facilitating a small group, teaching a class, mentoring a disciple, or guiding a ministry team through the material. Each session gives the facilitator enough structure to teach clearly while still leaving room for discussion, prayer, personal application, and the work of the Holy Spirit. The leader does not need to lecture through every idea in the book; rather, the leader's task is to help participants understand the central truth of each chapter, see it in Scripture, examine where their prayer language or inner posture may need renewal, and practice receiving what God has already given in Christ.

- **Before the session:** Read the assigned chapter, review the big idea, choose the most important Scriptures, and pray through the receiving practice.

- **During the session:** Keep the group centered on Scripture, invite honest reflection, and guide discussion toward covenant confidence rather than fear, shame, or debate.
- **After the session:** Encourage participants to practice one promise, one thanksgiving statement, one receiving declaration, and one concrete act of faith before the next gathering.

GUIDE NAVIGATION

Use the guide in this order: first review the purpose, care notes, format, materials, responsibilities, and standard session flow; then teach Sessions 1–7 in order; finally use the follow-through activities and appendices as printable participant resources, including the Course at a Glance, Session Summary Points, Receiving Journal, Receiving Practice Worksheet, Seven-Day Follow-Through Plan, and Greek Word Review Sheet.

PASTORAL AND PRACTICAL CARE

Because this study addresses disappointment, unanswered prayer, fear, striving, spiritual resistance, and the practice of receiving by faith, facilitators should lead with both courage and tenderness. Participants may carry painful histories, confusion about God’s willingness, or uncertainty about faith, thanksgiving, and covenant inheritance.

Teach boldly from Scripture while refusing shame, pressure, denial, or accusation. Emphasize that receiving is not pretending problems do not exist; it is responding to God’s Word with confidence in Christ’s finished work, humility before the Father, and obedience to the Holy Spirit.

RECOMMENDED FORMAT

- **Length:** 7 sessions, 60–75 minutes each.
- **Best setting:** Small group, discipleship class, Bible study, ministry team training, prayer team development, pastoral care group, or personal study.
- **Primary rhythm:** Read before gathering, teach the key truth, discuss Scripture, practice receiving language, and identify one faith response for the week.
- **Suggested preparation:** Each participant should read the assigned chapter before the session and mark sentences that clarify receiving, strengthen confidence, or correct old patterns of begging, striving, or fear-based prayer.
- **Core question for every session:** What has God already given in Christ, and how do I receive, speak, and act in agreement with it?

MATERIALS NEEDED

- A Bible for each participant or shared access to the key passages.
- A copy of *Receiving What God Has Already Given* or the assigned chapter for each participant.
- Printed participant handouts as needed: Course at a Glance, Session Summary Points, Session Notes, Receiving Journal, Receiving Practice Worksheet, Seven-Day Follow-Through Plan, and Greek Word Review Sheet. Prepare enough copies for each participant when those handouts are used, plus a few extras for guests or late additions. See the appendices for handouts.

FACILITATOR RESPONSIBILITIES

- **Teach the text, not opinions.** Keep the lesson anchored in the assigned chapter, the key Scriptures, and the book's careful safeguards.
- **Protect the atmosphere.** Encourage honesty without allowing complaint, unbelief, shame, pressure, or debate to dominate the room.
- **Clarify terms simply.** When Greek words appear, explain them as tools for hearing Scripture more carefully rather than as academic barriers.
- **Draw out personal application.** Ask participants how the truth changes their prayers, language, expectations, thanksgiving, confession, and actions.
- **Model receiving language.** Speak as one who believes Christ's work is finished, the inheritance is real, and the Father is not reluctant.

STANDARD SESSION FLOW FOR FACILITATORS

Segment	Suggested Time	Facilitator Action
Opening and Prayer	5–10 minutes	Welcome the group, name the session focus, and pray for humility, clarity, renewed thinking, and agreement with Scripture.
Review and Connection	5–10 minutes	Connect the current session to the previous one so participants see the movement from begging to receiving.
Teaching Segment	20–30 minutes	Use the teaching outline to explain the chapter's main truth, read key Scriptures, and clarify important terms without overloading the group.
Group Discussion	20–30 minutes	Ask open questions, listen carefully, and help participants move from general answers to personal reflection and faith response.
Receiving Practice	10–15 minutes	Guide participants to write, speak, pray, or act on one promise in first-person thanksgiving and agreement.
Closing Prayer	5 minutes	Close with prayer that reinforces the session's truth and invites continued practice during the week.

SESSION 1: BEGGING AT THE GATE

- **Assigned reading:** Preface, Introduction, and Chapter 1, “Begging at the Gate.”
- **Big idea:** A believer may pray sincerely and still approach God from the wrong posture if he does not understand what Christ has already opened.
- **Key Scriptures:** John 10:10; John 1:16; Ephesians 2:18; Romans 5:2; Acts 3:1–10.
- **Learning objectives:**
 - Identify the difference between humble petition and spiritual begging.
 - Recognize prayer language shaped by distance, uncertainty, or negotiation.
 - Practice replacing begging language with covenant confidence.

Teaching outline:

- Open by asking: “What phrases do Christians often use when they are unsure God will help?”
- Explain the chapter’s concern: many believers love God but approach Him as though heaven must be persuaded.
- Contrast standing outside the gate with sitting at the Father’s table.
- Show how hesitation, suspicion, and “for others but not for me” thinking reveal an unsettled inner posture.
- Conclude by inviting participants to identify one prayer phrase that needs to change this week.

Discussion questions:

- Where have you approached God as though you were still outside the gate?
- What is the difference between reverence and uncertainty?
- What promise helps you remember that access has already been opened in Christ?
- What one phrase of begging do you need to replace with confidence?

Receiving practice: Ask participants to write one old phrase and one new phrase. Example: replace “Lord, please do something if You are willing” with “Father, I thank You that You have spoken, and I receive what You have supplied in Christ.”

Prayer focus: Ask the Father to expose any language of distance or uncertainty and replace it with confidence in the access Christ has already opened.

SESSION 2: THE COMPLETED WORK OF CHRIST

- **Assigned reading:** Chapter 2, “The Completed Work of Christ.”
- **Big idea:** Jesus did not begin a partial work; He finished a complete redemption that cannot be improved by striving, repetition, or begging.
- **Key Scriptures:** John 19:30; John 17:4; Hebrews 9:12; Hebrews 10:10–14; Romans 4:25; Colossians 2:14.
- **Learning objectives:**
 - Explain why Christ’s sacrifice is once-for-all and complete.
 - Describe the significance of Christ sitting down after offering one sacrifice.
 - Identify finished-work provisions that believers often continue asking for as though they were not already supplied.

Teaching outline:

- Begin with Jesus’ declaration: “It is finished.”
- Explain the contrast between repeated priestly standing and Christ’s seated finality.
- Teach the chapter’s core terms: *tetelestai*, *ephapax*, *haima*, and *lytrōsis*.
- Show how the resurrection functions as the receipt that the payment was accepted.
- Lead participants from asking God to complete the work into thanking Him that Christ has completed it.

Discussion questions:

- Where have you treated the Cross as though Christ’s work were partial or unfinished?
- What does Christ being seated reveal about the finality of His sacrifice?
- How should “It is finished” reshape the way you pray?
- Which finished-work provision do you need to begin thanking God for rather than anxiously requesting?

Receiving practice: Choose one finished-work provision such as forgiveness, peace, healing, deliverance, access, or righteousness. Write a thanksgiving statement that begins, “Father, I thank You that in Christ...”

Prayer focus: Thank Jesus for the completeness of His work and ask the Holy Spirit to settle the group in the certainty that nothing needs to be added to the Cross.

SESSION 3: THE HEIR IDENTITY

- **Assigned reading:** Chapter 3, “The Heir Identity.”
- **Big idea:** Receiving becomes stable when the believer sees himself as Scripture sees him: a child of God, an heir of God, and a joint heir with Christ.
- **Key Scriptures:** Romans 8:16–17; Galatians 4:1–7; 1 Corinthians 3:23; Ephesians 2:6; 2 Corinthians 5:21.
- **Learning objectives:**
 - Distinguish between beggar, servant, orphan, child, and heir postures.
 - Explain how identity shapes prayer, expectation, and receiving.
 - Identify the covenant benefits emphasized in the chapter.

Teaching outline:

- Open by asking: “When you approach God, which identity feels most natural: beggar, servant, child, or heir?”
- Explain why the enemy attacks the believer’s understanding of what the Cross has made true.
- Teach Romans 8:16–17 as the anchor for sonship and heirship.
- Move through the covenant benefits: forgiveness, righteousness, peace, healing, wisdom, strength, and inheritance.
- Invite participants to choose one heir-identity truth to speak daily.

Discussion questions:

- What inner picture of yourself before the Father most needs to be replaced?
- Which Scripture from the chapter most strengthens your identity as an heir?
- Which covenant benefit do you most need to receive with confidence?
- How can your words this week better reflect heir identity?

Receiving practice: Say aloud: “I am a child of God and an heir through Christ. I receive from the Father’s table, not from the margins.” Then write one personal version of that declaration.

Prayer focus: Pray that participants would see themselves through the witness of Scripture: accepted, included, authorized, and supplied in Christ.

SESSION 4: THE LAW OF RECEIVING, PART 1: RENEWED MIND AND PRESENT-TENSE RECEIVING

- **Assigned reading:** Chapter 4, from the beginning through “Believing You Have Received.”
- **Big idea:** Receiving requires a renewed mind and a settled belief that the believer receives in the moment of prayer.
- **Key Scriptures:** Romans 12:2; James 1:6–8; 2 Corinthians 10:5; Mark 11:24; 1 John 5:14–15.
- **Learning objectives:**
 - Explain why mind-renewal is essential to stable receiving.
 - Identify double-mindedness and its effect on prayer.
 - Practice moving from asking to believing and receiving.

Teaching outline:

- Begin with Romans 12:2 and the necessity of a renewed inner framework.
- Explain *noēma*, *nous*, and *anakainōsis* simply as thought-patterns, mind, and renewal.
- Discuss double-mindedness as divided agreement rather than honest questions.
- Teach Mark 11:24: asking begins the matter, but faith believes it receives.
- Use the pattern: ask, believe, receive, have.

Discussion questions:

- Where does your mind need renewal so receiving can become stable?
- What thoughts tend to divide your agreement after you pray?
- How does Mark 11:24 challenge the idea that receiving only happens when manifestation appears?
- What promise do you need to believe you have received before you see it?

Receiving practice: Write one promise, one thought that contradicts it, and one Scripture-based response. Then pray once and move into thanksgiving.

Prayer focus: Pray for renewed minds, single-hearted faith, and grace to believe that receiving begins in prayer before sight confirms it.

SESSION 5: THE LAW OF RECEIVING, PART 2: FAITH, ACTION, RESISTANCE, AND STANDING

- **Assigned reading:** Chapter 4, from “Receiving Is an Act of Faith” through the chapter summary.
- **Big idea:** Receiving is an act of faith that must be expressed through action, guarded through resistance, and sustained through steadfast agreement.
- **Key Scriptures:** 2 Corinthians 5:7; Hebrews 11:1; James 2:17; Ephesians 6:12–16; Daniel 10:12–13; James 4:7; 1 Peter 5:9.
- **Learning objectives:**
 - Distinguish receiving by faith from waiting for feelings or visible proof.
 - Identify an action that agrees with what has been received.
 - Recognize resistance without interpreting it as denial.

Teaching outline:

- Begin with the statement: “You do not wait to see to believe; you believe, you receive, and then you see.”
- Explain that faith acts because it believes something has already been given.
- Discuss how delay, symptoms, accusation, and fear can pressure believers back into begging.
- Teach resistance as standing against what tries to steal the Word.
- Lead participants to identify one action of faith and one resistance statement.

Discussion questions:

- What do you tend to look for as proof that you have received?
- What action would show that you believe God has supplied what He promised?
- How do you usually respond when resistance or delay appears?
- What would it look like to stand in holy resistance without becoming anxious or harsh?

Receiving practice: Identify one promise. Write one action of faith, one thanksgiving statement, and one sentence you will speak when pressure tries to move you back into anxious asking.

Prayer focus: Pray for steadfast faith, Spirit-empowered resistance, and the courage to act in agreement with what grace has already supplied.

SESSION 6: THE LIFE OF RECEIVING

- **Assigned reading:** Chapter 5, “The Life of Receiving,” and the Conclusion and Summary.
- **Big idea:** Receiving is not a formula for occasional needs; it is a daily rhythm of faith, thanksgiving, agreement, and partnership with the Holy Spirit.
- **Key Scriptures:** Mark 11:22–24; Galatians 2:20; 1 Corinthians 2:16; Romans 12:2; Philippians 4:19; Luke 12:32.
- **Learning objectives:**
 - Explain receiving as a daily posture rather than a prayer technique.
 - Practice the three unlocks: reinforce identity, replace pleading with thanksgiving, and make specific covenant claims.
 - Build a personal rhythm of receiving for home, ministry, finances, health, or relationships.

Teaching outline:

- Open by asking: “What daily rhythm would help you live from receiving instead of returning to worry?”
- Teach receiving as partnership: God speaks, the believer responds; God promises, the believer receives; God empowers, the believer walks.
- Explain the mind of Christ as the practical expression of a renewed mind.
- Walk through the three ways to unlock receiving.
- Conclude by helping participants form one sustainable weekly practice.

Discussion questions:

- What would change if receiving became your normal posture rather than an occasional response?
- Where do you need to replace anxious asking with thanksgiving?
- What covenant promise should become part of your regular confession?
- How can the group encourage one another to keep standing in faith after this study ends?

Receiving practice: For the next seven days, begin prayer with thanksgiving, confess one covenant promise, and take one practical step that agrees with what you believe you have received.

Prayer focus: Ask the Holy Spirit to help participants continue beyond the study with a lifestyle of thanksgiving, confession, obedience, and steadfast faith.

SESSION 7: INTEGRATION, GREEK TERMS, DEVOTIONAL PRACTICE, AND ONGOING RENEWAL

- **Assigned reading:** A Prayer for You, Greek Words Appendix, A Seven-Day Devotional, and Small Group Guide.
- **Big idea:** The truths of receiving must become a daily pattern of thinking, speaking, praying, acting, resisting, and standing.
- **Key Scriptures:** Mark 11:24; 1 John 5:14–15; Romans 8:16–17; Romans 12:2; Ephesians 6:13; Galatians 4:7.
- **Learning objectives:**
 - Review the book's main movement from begging at the gate to receiving at the Father's table.
 - Use key Greek terms to explain the biblical logic of receiving in simple language.
 - Create a seven-day follow-through plan for continued practice.

Teaching outline:

- Review the whole journey: begging, finished work, heir identity, receiving laws, and the life of receiving.
- Select several key terms from the appendix: *aiteō*, *pisteuō*, *lambanō*, *echō*, *anakainōsis*, *dipsychia*, *huios*, *klēronomos*, *tetelestai*, and *eucharistia*.
- Ask participants to explain one term in their own words and connect it to prayer.
- Assign the Seven-Day Devotional as a follow-up week of personal practice.
- Close by inviting participants to name one truth they will continue practicing.

Discussion questions:

- What truth from this study most changed the way you think or pray?
- Which Greek term helps you understand receiving most clearly?
- What old prayer habit do you need to reject going forward?
- What seven-day plan will help you keep practicing receiving?

Receiving practice: Build a seven-day receiving plan with one promise, one thanksgiving statement, one identity confession, one action of faith, and one resistance statement.

Closing group prayer: Father, thank You for what You have already given us in Christ. Teach us to live as sons and daughters who know the gate is open, the work is finished, and the inheritance is real. Renew our minds, strengthen our faith, and help us receive with confidence what grace has supplied. Let our prayers move from begging to believing, from anxiety to thanksgiving, and from hesitation to bold obedience. In Jesus' name, **Amen.**

APPENDIX A: ONE-PAGE FACILITATOR/TEACHER QUICK REFERENCE

Core aim: Help participants move from begging to receiving by grounding their confidence in Christ's finished work, their identity as heirs, the renewed mind, thanksgiving, obedient action, and steadfast resistance.

Lead Every Session With	Protect the Group From	Move Participants Toward
Scripture first Clear big idea Honest discussion Simple practice Prayerful close	Shame Pressure Hype Denial Begging language Presumption	Confidence in Christ Agreement with Scripture Thanksgiving Precise faith-filled speech Obedient action Persistence without fear

Standard flow: Open in prayer; connect to the previous session; teach the chapter's main truth; read key Scriptures aloud; ask one honest opening question; guide discussion; practice one receiving declaration, thanksgiving statement, or act of faith; close with one weekly faith response.

Closing prompts: What promise are you standing on? What provision are you receiving? What old begging language must you reject? What thanksgiving statement will you speak? What obedience step will you take before the next session?

APPENDIX B: COURSE AT A GLANCE

Facilitator/Teacher Note: Make copies of this Course at a Glance page and give one to each participant at the first session. Encourage participants to keep it with their materials as a quick overview of the seven-session journey, assigned readings, main emphases, and weekly practice outcomes.

Session	Reading	Main Emphasis	Desired Outcome
1	Preface, Introduction, Chapter 1	Begging at the gate and the problem of approaching God from distance.	Replace one begging phrase with covenant confidence.
2	Chapter 2	The completed work of Christ and the finality of the Cross.	Thank God for one finished-work provision.
3	Chapter 3	Heir identity and the covenant benefits of sonship.	Speak one heir-identity truth aloud each day.
4	Chapter 4, Part 1	Renewed mind and present-tense receiving.	Write one promise, one thanksgiving statement, and one thought to reject.
5	Chapter 4, Part 2	Faith, action, resistance, and standing after receiving.	Name one action of faith and one resistance statement.
6	Chapter 5 and Conclusion	The life of receiving as a daily rhythm of partnership with God.	Choose one daily practice of identity, thanksgiving, and covenant claim.
7	Prayer, Greek Words Appendix, Seven-Day Devotional, Small Group Guide	Integration, vocabulary, devotional practice, and continued follow-through.	Build a seven-day receiving plan.

APPENDIX C: SESSION SUMMARY POINTS

Facilitator/Teacher Note: Make copies of this Session Summary Points page and give one to each participant at the first session. Encourage participants to keep it with their materials as a one-page roadmap of the study's main ideas and weekly practice focus.

Session	Core Summary	Practice Focus
1. Begging at the Gate	Many believers pray sincerely while still approaching God from distance, uncertainty, or spiritual negotiation.	Replace begging language with covenant confidence.
2. Completed Work	Jesus declared, "It is finished," and His once-for-all sacrifice secured full covenant provision.	Thank God for finished provision.
3. Heir Identity	The believer receives from the Father as a child and heir, not as an outsider.	Speak heir-identity truth daily.
4. Renewed Mind	Receiving requires a renewed mind and single-hearted agreement with God's Word.	Reject divided thoughts and practice thanksgiving.
5. Faith and Standing	Receiving is expressed through action and protected by resistance when pressure appears.	Take one action of faith and speak one resistance statement.
6. Life of Receiving	Receiving becomes a daily posture of partnership with God, not a formula for emergencies.	Practice identity, thanksgiving, confession, and action.
7. Integration	Greek terms and devotional practice reinforce asking, believing, receiving, having, renewing, resisting, and standing.	Build a seven-day receiving plan.

APPENDIX D: SESSION NOTES

Participant Note: Use one Session Notes page each week to capture the main teaching, key Scriptures, personal insights, questions, and one practical faith response. Bring the completed notes back to the next session so you can remember what God emphasized and continue practicing.

Session Details	Session #: _____ Date: _____ Chapter: _____ Topic: _____
Key Scriptures	_____ _____ _____
Main Truth I Heard	_____ _____
Notes and Insights	_____ _____ _____ _____
Question or Clarification	_____ _____
Faith Response	This week I will believe, receive, thank, speak, or act by: _____ _____

APPENDIX E: RECEIVING JOURNAL

Facilitator/Teacher Note: Make enough copies of the Receiving Journal before each session and give one copy to each participant every week so they can record that week's promise, Scripture anchor, thanksgiving statement, faith action, resistance statement, and follow-through step.

Journal Field	Participant Notes
Date / Session	_____
Promise I am receiving	_____ _____
Scripture I am standing on	Reference: _____ Key words or phrase: _____
Receiving declaration	Father, I thank You that in Christ: _____ _____
Resistance I must refuse	_____ _____
Obedience step before next session	_____ _____

APPENDIX F: RECEIVING PRACTICE WORKSHEET

Facilitator/Teacher Note: Make copies of the Receiving Practice Worksheet for Session 4, Session 5, or any session where participants need guided practice moving from general concern to Scripture-shaped receiving.

Practice Step	Participant Response
1. Name the need or promise clearly	The need, promise, provision, or area of life I am bringing under God's Word is: _____ _____
2. Anchor receiving in Scripture	Scripture reference: _____ Words or promise I am standing on: _____
3. Check alignment	Am I asking according to God's Word? ____ Am I receiving with thanksgiving? ____ Am I refusing double-mindedness? ____ Am I prepared to obey? ____
4. Write the thanksgiving statement	Father, I thank You that in Christ: _____ _____
5. Refuse doubt and accusation	The thought, fear, or accusation I must refuse is: _____ Truth I will return to: _____
6. Stand and act	One obedience step before next session: _____ _____

APPENDIX G: GREEK WORD REVIEW SHEET

Participant Note: Use this Greek Word Review Sheet during Session 7 or as a take-home review. Read each Greek word aloud, review the simple meaning, connect the word to the study rhythm, and write one personal application. The goal is practical understanding, not technical mastery: each word should help you receive with confidence, speak with thanksgiving, renew your mind, resist doubt, and stand in faith.

Greek Word	Simple Meaning	Why It Matters	My Application
<i>aiteō</i>	to ask	Prayer begins with asking according to God's will.	_____
<i>pisteuō</i>	to believe or trust	Faith receives God's Word as settled before visible change appears.	_____
<i>lambanō</i>	to receive or take hold	Receiving is an active faith response, not passive wishing.	_____
<i>echō</i>	to have or possess	Faith learns to speak from God's promise rather than from lack.	_____
<i>anakainōsis</i>	renewal	The renewed mind agrees with Scripture instead of fear.	_____
<i>dipsychia</i>	double-mindedness	Divided agreement weakens receiving and unsettles confidence.	_____
<i>tetelestai</i>	it is finished	Christ's completed work is the foundation for confident receiving.	_____

Review Prompts: Which word most clarified your understanding of receiving? Which word most challenged your normal prayer language? How does this word keep your faith humble, biblical, thankful, and submitted to Christ?

Write one receiving declaration that reflects the word you selected:
