

SPIRITUAL WARFARE 101

My Method of Freedom Ministry



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For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. (Ephesians 6:12)

Tearing Down Strongholds

Definition of a Stronghold: That place in the life of a believer in which they experience continual defeat and have little or no power to change.

1) Introduction to Deliverance (Freedom) Ministry

a) Vision of Ministry

2) Basic Understanding of Satanic Activity

a) Dwells in Darkness

b) Produces Fruit of Unrighteousness

c) Set up in Military Fashion

Then they sailed to the country of the Gadarene, which is opposite Galilee. And when He stepped out on the land, there met Him a certain man from the city who had demons for a long time. And he wore no clothes, nor did he live in a house but in the tombs. When he saw Jesus, he cried out, fell down before Him, and with a loud voice said, "What have I to do with You Jesus, Son of the Most High God?" I beg You, do not torment me!" For He had commanded the unclean spirit to come out of the man. For it had often seized him, and he was kept under guard, bound with chains and shackles, and he broke the bonds and was driven by the demon into the wilderness. Jesus asked him, saying, "What is your name?" And he said, "Legion," because many demons had entered him. And they begged that He would not command them to go out into the abyss. Now a herd of many swine was feeding there on the mountain. So they begged Him that He would permit them to enter them. And He permitted them. Then the demons went out of the man and entered the swine, and the herd ran violently down the steep place into the lake and drowned. (Luke 8:26-36, KJV)

d) Satan can only be in a place where he has a right to be there.

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- e) Satan works to try to establish rights in the life of a believer.
- f) Satan works under the law of the right of access.

3) Identification of Satanic Strongholds

Purpose: To identify the type of stronghold, the point of entry, and the right of the enemy.

a) The Preparation for the Ministry

i) Scheduling the Ministry

(1) Date

(2) Time

(3) Place.

(4) Who Should Be Present

(a) If it is a woman, another woman must be present.

(b) Who should the woman be? Let them choose.

(c) Can the person being ministered to be transparent with (guest) being present? Husband, wife, friend?

b) Personal Prayer Time

i) Yielding myself to the Lord

ii) Basic Prayer: Lord, is there something I need to know about this person who is coming for ministry?

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- iii) It generally takes all day as I go about the things I need to do. But quiet prayer for about one hour. Before the ministry.
 - iv) During that quiet time, I listen. Sometimes it is a picture, sometimes a word, and sometimes a scripture.
 - v) I make notes on the right side of my notebook.
- c) All Parties Arrive
- i) I have as many lights on as possible, inside and outside.
 - ii) I don't have any dark hallways or rooms.
 - iii) I want the person to be as comfortable as possible.
 - iv) Do they need the bathroom? Some come from several miles away.
 - v) Do they want a bottle of water?
 - vi) Introductions are made, with general conversation.
 - vii) Make as many connections with them as possible, including people you both know, places they work, and people they may know that you know work at the same place, etc. (15 minutes)
- d) Introduction to the Ministry
- i) Pray - Start with the known and work to the unknown.
 - (1) Lord, I know you have a book in heaven with (name) on it, and it is a record of the Destiny that you have written for (name). Father, I ask that you stir up the gifts of the Spirit in us so that we might be able to help them fulfill all the plans you have destined for them to walk in.
 - ii) We cannot heal, save, or deliver anyone.

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- iii) We are just beggars who found bread. We do not have bread, we are not your source, but we know who does have bread, and we have faith and confidence that He will give you all that you need. And we believe that when we have finished praying for you, you will be free to fulfill God's plan for you.
 - iv) We ask that you trust us. Perhaps you only met us a few minutes ago. And we may ask you to pull open your life and allow us to look, and we may have to touch some things by the Spirit. However, our promise to you is that we will not hurt you.
 - v) We will not stand in judgment of you concerning anything that you have done. Everything will be held in confidence, except child molestation, which must be reported to the police.
 - vi) No guilt or condemnation will come from us.
 - vii) We will be honest with you and will give you all that the Lord gives us.
 - viii) We ask one thing of you: you must be open and honest with us.
- e) Who Owns the Property?
- i) There are only two owners! Jesus or Satan.
 - ii) If the answer is Satan, we present the gospel.
 - iii) If the answer is Jesus, we ask for a brief testimony of when and where they received Christ.
 - iv) A declaration of ownership.
 - v) Or do you not know that your *body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore, glorify God in your body and in your spirit, which are God's. (1 Corinthians 6:19-20, KJV)*
- f) You Live in a Four Story House
- i) You live on the bottom floor.
 - ii) Your parents live on the floor above you.
 - iii) Two sets of grandparents live on the floor above your parents.

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- iv) Four sets of great-grandparents live on the floor above your grandparents.
- v) *You shall not bow down to them nor serve them, for I, the Lord your God am a jealous God, visiting the iniquity of the fathers upon the children to the third and fourth generations of those who hate Me. (Exodus 20:5, KJV)*

g) Family History

- i) When did you first notice this problem in your life?
- ii) Has anyone else in your family experienced or is experiencing what you are experiencing?

h) Diagram of the Property (See Appendix A)

- i) Our objective is to identify what is on the property.
- ii) We want to determine, if possible, when it came on the property.
- iii) We want to determine, if possible, what right the enemy has to do what he is doing.

(1) We know that Satan has no power and cannot break into a person illegally. He must have a legal right to access.

(2) *And having spoiled principalities and powers, he made a show of them openly, triumphing over them in it. (Colossians 2:15, KJV)*

- iv) We want to determine the difference between fruit and roots. (See Appendix B)

i) Tell Us Your Story

- i) *Confess your trespasses to one another, and pray for one another that you may be healed. The effective and fervent prayers of a righteous man avail much. (James 5:16, KJV)*

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- ii) *If we confess our sins, he is faithful and just to forgive our sins and to cleanse us from all unrighteousness. (I John 1:9, KJV)*
- j) We Listen. We Make Notes. **(See Appendix C)**
 - i) Hurt, disappointment, unforgiveness, bitterness, fear, addiction, sexual issues, depression, hopelessness, etc.
- k) We Check Our List of Strongholds as They Speak. **(See Appendix D)**
- l) We ask questions as they speak to clarify or enlarge issues. With unforgiveness, we ask for the specific names of those individuals. We make notes of each person. We also examine the edges of events, particularly in divorce cases involving lawyers, judges, and other professionals.

4) The Ministry

- a) We seat them in a chair where we have free access to them.
- b) We ask them if we can lay hands on them.
- c) We ask if we can speak in tongues as the Holy Spirit leads.
- d) We make tissues and a wastebasket available.
- e) We ask them to relax as much as possible.
- f) We ask them to cooperate with the Holy Spirit.
- g) We ask them to fight from the inside as we fight from the outside.
- h) We pray: We put on the whole armor of God. Helmet of Salvation; Breastplate of Righteousness; Loins Girded With Truth; Feet Shod with the Gospel of Peace; The Shield of Faith; The Sword of the Spirit.
- i) We stand before God and ask for an inspection.

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- j) We declare that Michael, the Archangel, and the Warring Angels will be dispatched into the heavenlies to do battle with the spirits of darkness as we speak words of faith.
- k) We come against Satan, the enemy of God and Man.
- i) *Satan, we come against you in The Name, The Power, and The Blood of Jesus. We come with the High Praises of God in our mouth, and a two-edged sword in our hand: To execute vengeance upon the heathen, and punishments upon the people; To bind their kings with chains, and their nobles with fetters of iron; To execute upon them the judgment written: this honor has all his saints. Praise ye the Lord. (Psalm 149:6-9, KJV)*
 - ii) We declare that Jesus has defeated you in the pit of hell, He has stripped you of all power, and He has triumphed over you in the victory. This person has confessed today with their mouth that they belong to Jesus Christ and you are trespassing on God's property. They have declared that they are not their own but have been bought with a price.
- l) We stand against the sins of unbelieving ancestors.
- i) We stand against the sins of unbelieving ancestors, any word, curse, spell, or deed that has been spoken or performed against _____. We command them to fall as dust to the earth in Jesus' Name. We plead the Blood of Jesus over these sins in Jesus' Name. We take the sword of the Spirit, and we sever all tentacles or ties to the sins of unbelieving ancestors, and we say be loosed and be free in Jesus' Name.
 - ii) The Word of God says: *You are snared by the words of your mouth; You are taken by the words of your mouth. (Proverbs 6:2, KJV)*
 - iii) We stand against any word, curse, spell, or deed that has been spoken or performed by _____. We command them to fall as dust to the earth in Jesus' Name.

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- m) We confront the strongholds we identified during the interview.
- i) We command (fear, depression, etc.) to stand at attention. We have authority over you in The Name of Jesus, and we bind you with chains and your nobles with fetters of iron. We command you to go into the dry places in Jesus' Name.

(1) When an unclean spirit goes out of a man, he goes through dry places, seeking rest; and finding none, he says, I will return to my house from which I came... (Luke 11:24, KJV)
 - ii) We take the sword of the Spirit, and we destroy the place where you have been dwelling. We command the chains of (name stronghold) to fall off of you, and we say BE LOOSED AND BE FREE IN JESUS' NAME.

(1) And I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven. (Matthew 16:19, KJV)
 - iii) We ask God to fill the void left by the stronghold with the opposite quality. For depression, we may ask for peace or joy, etc., as the Holy Spirit leads.
 - iv) We will continue with the things revealed in the interview mixed with Words of Knowledge, Gift of Discerning of spirits, until we have covered all we know.
- n) If we feel like the person is not entirely free, we incorporate another ministry tool.
- i) We pray, asking God to illuminate the person's body, soul, and spirit with the Holy Spirit's light, seeking to reveal any bondage or defilement. We let the Holy Spirit have a few seconds. We command the spirit that the Holy Spirit has chosen to stand at attention. We command you to identify yourself. WHAT IS YOUR NAME?

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- ii) We then ask the person, “What did they say?” We then stand against that spirit. We then command the next spirit that the Holy Spirit chooses to stand at attention and identify itself. WHAT IS YOUR NAME?
- iii) We continue this process until the house is clean.
- o) We then begin to prophesy and declare God’s Word over them.
- p) We plead the blood of Jesus over them as Joshua did in the Land of Goshen.
- q) We give them the weapons they have at their disposal to fight.
 - i) The Name of Jesus
 - (1) Philippians 2:5-11 - Name above every name
 - (2) John 14:11-14 - If you ask anything in My Name, I will do it
 - (3) I John 3:22-23 - Command to believe in the Name of Jesus
 - (4) Acts 3:1-16 - The Name is used.
 - (5) Acts 4:1-22 - Persecuted for using the Name of Jesus
 - (6) Acts 16:16-18 - Named used by Paul
 - (7) Luke 10:1-22 - Seventy use the Name of Jesus
 - ii) The Word of God
 - (1) Hebrews 4:12 - Characteristics of the Word.
 - (2) Luke 4:1-13 - Jesus tempted in the wilderness
 - (3) Luke 22:33 - The Word will last forever
 - (4) Revelation 20:4 - Persecution for the Word.
 - iii) The Blood of The Lamb
 - (1) Hebrews 9:22 - Payment for sin.

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(2) Revelation 12:11 – Overcame Satan

(3) Hebrews 9:1-15 – Purge your conscience from dead works.

(4) Exodus 12:1-13 – First Passover

iv) Word of Your Testimony

(1) Revelation 12:11

v) Love Not Your Life to the Death

(1) Revelation 12:11

vi) Battle of the Mind

(1) *Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy – meditate on these things. (Philippians 4:8, KJV)*

5) Ministry Aids – Unforgiveness

“Therefore, the kingdom of heaven is like a certain king who wanted to settle accounts with his servants, and when he had begun to settle accounts, one was brought to him who owed him ten thousand talents. But as he was not able to pay, his master commanded that he be sold, with his wife, and children and all that he had, and that payment be made. The servant, therefore, fell down before him, saying, Master, have patience with me, and I will pay you all. Then the master of that servant was moved with compassion, released him, and forgave him the debt. But that servant went out and found one of his fellow servants who owed him a hundred denari, and he laid hands on him and took him by the throat, saying, pay me what you owe!’ So his fellow servant fell down at his feet and begged him, saying, ‘Have patience with me, and I will pay you all.’ And he would not but went and threw him into prison till he should pay the debt. So when his fellow servants saw what was done, they were very grieved and came and told their master all that had been done. Then his master, after he had called him, said to him, ‘You wicked servant! I forgave you all that debt because you begged me.

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Should you not also have had compassion on your fellow servant, just as I had pity on you?' And his master was angry and delivered him to the torturers until he should pay all that was due to him. So My heavenly Father also will do to you if each of you, from his heart, does not forgive his brother his trespasses." (Matthew 18:23-25, KJV)

- a) Forgiveness is not optional.
- b) Whenever one or more people cause hurt, look for unforgiveness.
- c) Be careful to look for those on the fringe of an event, such as divorce, loss of employment, lack of advancement, etc.
- d) Forgiveness is not saying that what a person did was right. It might be an uncle who molested a small child. That is never right, but unforgiveness is still not an option.
- e) Forgiveness is an act of the will. The mind may remember every detail of an offense, and this memory may last for a lifetime. The emotions may continue to feel the hurt for months or even years. But forgiveness is an act of the will. You choose to forgive, and the mind and the emotions generally heal over time.
- f) An example: You may purchase a shopping basket full of goods at a market, and the clerk may scan each item and give you a total for your purchase. Each item on the printout will tell you what you bought and what each item costs. The same is true for unforgiveness: You know what they did, and you know how much it hurt (the cost). Forgiveness is taking the spiritual printout and writing across it PAID IN FULL
- g) Call each person by name and say _____ I FORGIVE YOU!
- h) The scripture says if you do not forgive, two people go to prison, the person that you do not forgive and yourself.
- i) Picture yourself in prison. You are alone; it is subdued light, and there are no sounds. Across the way are the people that you will not forgive, each in their own

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lonely cell, waiting to be released. When you forgive them, there is an electronic sound, and their cells open. They are free to go. They walk by your cell, not knowing that you are there. However, you can see them. Now everyone is gone, and you are left alone. One more person must be forgiven. That person is you! You may be a person with a great sense of justice, and you know what you have done is wrong and needs to be punished. **YOU MUST FORGIVE YOURSELF!** Speak your name and say **I FORGIVE YOU!** When you do this, another electronic sound will be heard, and your cell will open!

j) You now have a choice, and you can either stay in your cell, or you can choose to rise and go from the prison and walk in freedom. Now walk out of the prison, walk across the street, look back at the prison, and declare that you will never go back there. Look down the road, and it is a beautiful roadway. It is the pathway that God has chosen for you to walk on for the rest of your life. The roadway is lined with trees and flowers. Someone is walking toward you. It is Jesus. He comes to embrace you and walk with you the rest of the way.

k) God's Plan for You

i) *For we are God's [own] handiwork (His workmanship), recreated in Christ Jesus, (born anew) that we may do those good works which God predestined (planned beforehand) for us [taking paths which He prepared ahead of time], that we should walk in them [living the good life which He prearranged and made ready for us to live]. (Ephesians 2:10 Amplified Bible)*

l) God's Promise for You

i) *No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it. (I Corinthians 10:13, KJV) (Appendix D)*

APPENDIX A

DELIVERANCE WORKSHEET

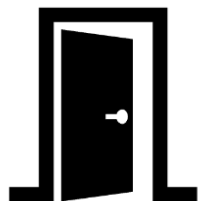
Name: _____

Date: _____

What strongholds are on the property?

1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

What door did the enemy come through into the property?

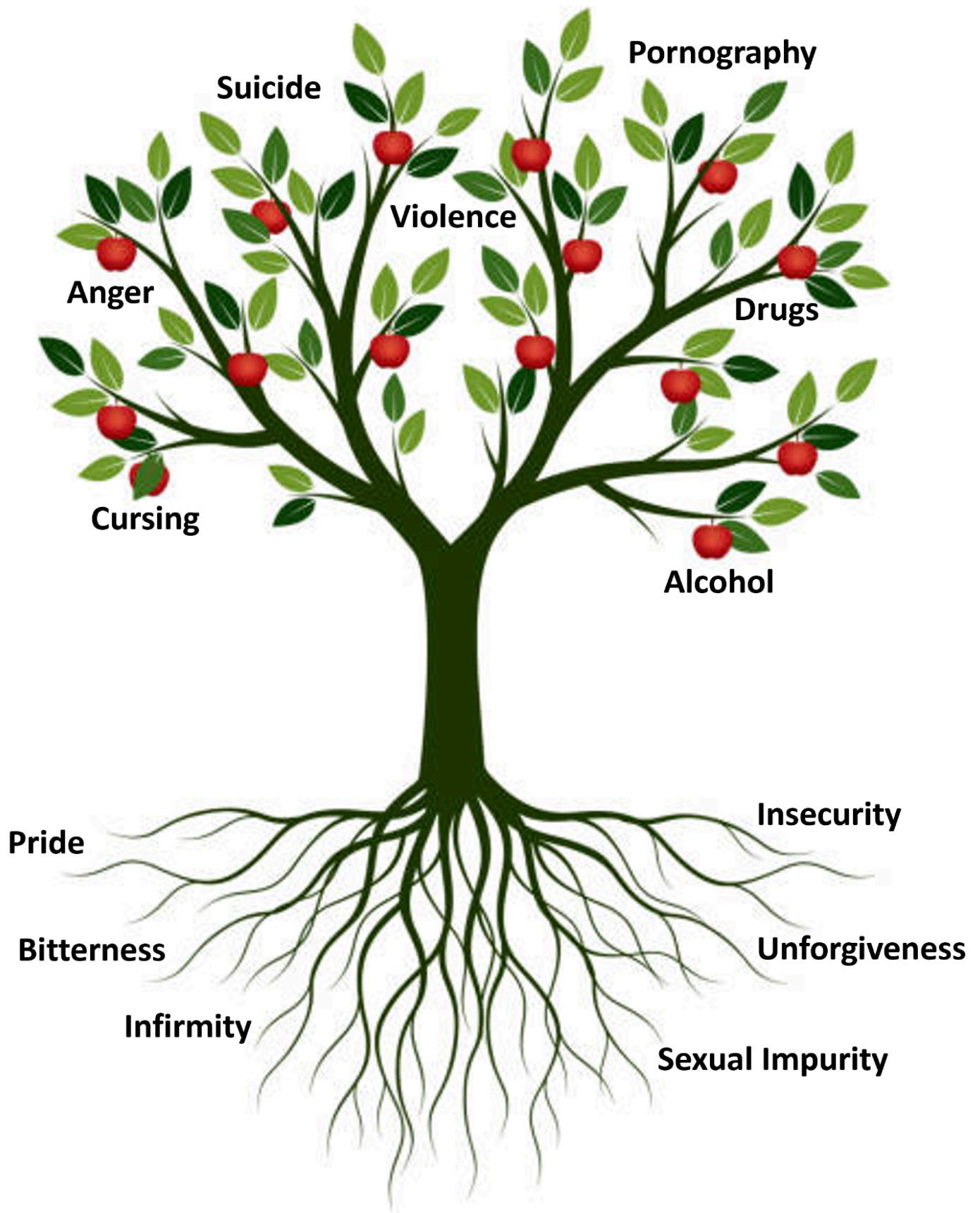


Legal Access:



APPENDIX B

THE FRUIT OF THE ROOT



APPENDIX C

STRONGHOLDS

Bitterness	Insecurity	Infirmity
Resentment	Inferiority	Gluttony
Hate	Inadequacy	Nicotine
Unforgiveness	Timidity	Alcohol
Violence	Shyness	Drugs
Anger		Addictions/Compulsions
Murder		
Fears	Pride	Doubt
Phobias	Ego	Unbelief
Rejection	Vanity	Skepticism
Self-rejection	Self-righteous	
Failure	Self-centered	Deceit
Fear of Man		Lying
Fear of Not Measuring Up		Self-deception
Indecision	Sexual Impurity	Fantasizing
Perfectionism	Lust	Pretense
	Masturbation	Guilt
Depression	Homosexuality	Self-condemnation
Despair	Lesbianism	
Self-pity	Fornication	Occult
Loneliness	Frigidity	Ouija Board
Suicide	Pornography	Palmistry
Death		Astrology
		Witchcraft

APPENDIX D



THE BULL