



# MULTIPLYING THE KINGDOM OF GOD

Study Notes by Thomas Hale

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NOTE: These notes are taken from a transcript of comments and quotes on the writings of E.W. Kenyon. Kenyon was an evangelist, pastor, founder of a Bible Institute, and author whose writings significantly impacted multiple Christian circles in the early to mid-20th century. Emphasis is mine. The transcript is followed by a teaching outline and a short devotional I put together on the subject of inner confession.

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## THE SECRET POWER OF INNER CONFESSION

*"For as he thinks in his heart, so is he." (Proverbs 23:7 AMPC)*

*"Keep and guard your heart with all vigilance and above all that you guard, for out of it flow the springs of life.." Proverbs 4:23 (AMPC)*

*"For out of the fullness (the overflow, the superabundance) of the heart the mouth speaks." (Matthew 12:34 AMPC)*

There is a power at work in every human life that many have never consciously recognized. It is not found first in outward speech, nor merely in unspoken prayer, but in the quiet, continual agreement of the heart with truth or with defeat. **Before words are heard by others, they are believed within.** Inner confession is the hidden force shaping destiny, health, faith, courage, and victory. Every person is silently confessing something all the time. **The heart is never neutral.** It is either agreeing with weakness or aligning itself with strength. It is either echoing circumstances or declaring a higher reality that we continually affirm inwardly, which becomes the framework of our thinking, the tone of our faith, and the boundary of our experience. **Life moves in the direction of its deepest confession.**

Many people speak words of faith publicly while privately rehearsing fear, doubt, and unworthiness. They say the right things outwardly, but carry a different confession within. **That inner agreement always prevails.** The heart believes its own conversation more than it

believes sermons, books, or encouragement from others. **What a person says to themselves in silence is what they truly believe. Our inner confession is the root system of faith.** Spoken words are the fruit, but the hidden belief beneath the surface determines what kind of fruit will grow. When the inner life is filled with weakness, failure, and condemnation, outward speech becomes strained and powerless. Faith does not begin with shouting victory. **Faith begins with quiet agreement.** Before courage shows itself in action, it must be settled in the heart. Before peace manifests in circumstances, it must be established within. The heart must first consent to the truth before the life can express it.

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### **THE INNER CONFESSION MUST COME INTO HARMONY WITH DIVINE TRUTH.**

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Many struggle because they try to change their circumstances without changing their inner confession. They fight symptoms, resist fear, and battle discouragement outwardly, yet allow defeat to speak freely within. They tolerate inner conversations that contradict what they hope to receive. **As long as the heart remains divided, progress will be slow and unstable. The inner confession must come into harmony with divine truth.** When the heart agrees with what is true about redemption, identity, and provision, it releases quiet confidence. Faith ceases to be an effort and becomes a state of rest. The soul stops striving to believe and begins to live from belief. Inner confession shapes self-image. A person who continually agrees inwardly with inadequacy will live small regardless of their potential. **A person who agrees inwardly with the Word of God will walk with quiet authority.**

**Fear is sustained by inner confession.** Doubt feeds on silent inward agreement. Anxiety gains strength when the heart continually anticipates loss or failure. But when the inner confession changes, fear begins to lose its grip. Peace emerges when the heart chooses security over threat. **What must change is the inner narrative. The heart must be reeducated and renewed (Romans 12:2, Ephesians 4:23-24).** Old confessions formed through pain, failure, or misunderstanding must be replaced with truth, as the inner voice changes the outer life. The strength of faith is not measured by emotion. It is measured by inner consistency. A heart that quietly maintains its agreement with truth regardless of outward sensation becomes immovable. Circumstances may fluctuate. Feelings may waver, but the inner confession remains anchored.

Many have attempted to discipline their words while neglecting their thoughts. They try to speak positively while allowing negative images and assumptions to dominate their inner world. **But words spoken without inner agreement lack authority.** True confession begins where no one else can hear it. The inner confession must be intentional. It does not change accidentally. **It must be cultivated through deliberate meditation on God's Word (Joshua 1:8).** As the heart repeatedly hears and agrees with the truth, it begins to accept it, and eventually that reality becomes more influential than what the senses report. **When inner confession aligns with truth, faith becomes effortless.** Prayer changes from pleading to quiet assurance. Worship changes from striving to gratitude.

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**BEFORE VICTORY IS VISIBLE, IT IS AGREED UPON WITHIN.**

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If the inner confession is changed, everything else begins to change with it. Strength replaces weakness. Expectation replaces fear. Peace replaces striving. Not because circumstances immediately shift, but because the foundation of life has been corrected. **The greatest work is always done in the unseen place. Before victory is visible, it is agreed upon within.** Before freedom is experienced, it is accepted inwardly. The heart must first say yes before life can reflect. When the inner confession is settled in truth, the soul comes to rest. There is no longer a need to prove, to strive, or to fear. Life becomes an expression of what is already believed inwardly. Power flows naturally from quiet agreement and our inward confessions.

**Long before actions take form, the heart has already agreed with something. That agreement becomes the unseen architect of choices, reactions, and expectations.** A person may appear confident on the surface while inwardly expecting failure, and that inner expectation will quietly steer decisions toward limitation. Destiny is not primarily formed by dramatic moments, but by continuous inner alignment. **Every individual lives from an internal dialogue.** This dialogue interprets events, assigns meaning to experiences, and predicts outcomes. When this inner confession leans toward weakness, it subtly trains the mind to expect struggle as normal, victory as accidental. Over time, this expectation becomes self-fulfilling. Opportunities are overlooked, courage hesitates, and persistence weakens. Not

because ability is lacking, but because **the inner agreement has already decided what is possible.**

Outward words can be impressive, rehearsed, and even inspiring, yet they often function as surface expressions rather than governing forces. **The inner confession will eventually override outward effort because life flows from what is believed, not merely from what is said.** People can face the same situation and experience entirely different outcomes based on what they are confessing inwardly. Destiny unfolds through patterns, not isolated events. Inner confession establishes those patterns by shaping how a person responds repeatedly. Over time, these responses accumulate into a recognizable pattern. **What appears to be fate is often the long-term result of internal agreement.**

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### **A PERSON CANNOT CONSISTENTLY RISE ABOVE THEIR INNER CONFESSION.**

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Many attempt to change their future by altering their behavior alone. **Yet behavior is a symptom rather than a source.** Without a shift in inner confession, new habits require constant effort and often collapse under pressure. **When the heart still agrees with the old narrative, it quietly sabotages progress.** True change occurs when the internal agreement is altered, allowing new behavior to flow naturally rather than being forced. What is agreed upon inwardly becomes the blueprint that the future unconsciously follows. **A person cannot consistently rise above their inner confession.** Temporary success may occur, but sustained progress requires internal alignment. What the heart consistently believes, life gradually organizes itself around, and the unseen agreement continues shaping direction. **When something is repeatedly affirmed inwardly, it moves from possibility into conviction.** Action flows from identity, and identity flows from belief. The heart sets the standard, and life conforms to it. **Action is always the expression of what the heart believes to be true.**

Many people attempt to build faith through external practices while neglecting internal alignment. They participate in rituals, repeat affirmations, adopt disciplines, yet allow contradictory beliefs to remain unchallenged. These hidden inward agreements weaken the foundation of their life. **Faith built on divided belief is unstable, fluctuating with emotion and circumstance.** The heart must be unified before faith can be strong. From the inside out, silent beliefs determine strength, peace, and endurance long before visible results appear.

# The Power of Inner Confession - A Teaching Outline

Inner confession is the hidden engine of the soul. Long before words ever reach your mouth, they are born in the quiet chambers of your heart. Scripture consistently shows that *what you say within yourself* becomes the framework of what you live out.

- *Proverbs 23:7* — “As he thinks in his heart, so is he.”
- *Psalms 19:14* — “Let the words of my mouth and the meditation of my heart be acceptable..”

## 1. Inner confession sets the direction of your life

Before David ever faced Goliath, he *said within himself* what God would do.

- *1 Samuel 17:37* — “The Lord who delivered me... will deliver me.”

Before the woman with the issue of blood touched Jesus, she *said within herself*, “If I may but touch His garment, I shall be made whole.” Her miracle began as an inner confession. What you repeatedly tell yourself becomes the path your feet eventually walk.

- *Mark 5:28* — “For she said within herself..”
- *Proverbs 4:23* — “Guard your heart... for out of it flow the issues of life.”

## 2. Inner confession aligns you with God’s truth

Confession isn’t positive thinking — it’s agreement. When your inner dialogue agrees with God’s Word, your life begins to harmonize with His will. If you inwardly confess fear, you live small. If you inwardly confess faith, you live boldly. If you inwardly confess defeat, you shrink. If you inwardly confess God’s promises, you rise. Inner confession is the quiet “yes” that unlocks outward obedience.

- *Amos 3:3* — “Can two walk together unless they agree?”
- *2 Timothy 1:7* — “God has not given us a spirit of fear..”
- *Philippians 4:13* — “I can do all things through Christ..”
- *James 1:22* — “Be doers of the word..”

### 3. Inner confession shapes identity

Identity is not formed by circumstances, but by the story you tell yourself about who you are. If your inner confession is:

- “I am chosen,” — *1 Peter 2:9*
- “I am forgiven,” — *Ephesians 1:7*
- “I am strengthened,” — *Philippians 4:13*
- “I am called,” — *2 Timothy 1:9*

...then your life begins to reflect that identity. But if your inner confession is shaped by shame, fear, or past wounds, your life bends under that weight. Your inner confession becomes the mirror you live by.

- *Romans 8:1* — “There is therefore now no condemnation..”
- *Isaiah 43:18–19* — “Do not remember the former things..”

### 4. Inner confession fuels spiritual transformation

Romans 10 says confession is part of salvation — not because God needs to hear it, but because *you* do. Confession reinforces truth until truth becomes nature. Inner confession is the bridge between belief and becoming.

- *Romans 10:9–10* — “With the heart one believes... with the mouth confession is made..”
- *Joshua 1:8* — “Meditate... speak... then you will make your way prosperous.”
- *Romans 12:2* — “Be transformed by the renewing of your mind.”

### 5. Inner confession is spiritual warfare

The enemy whispers lies. God speaks truth. Your inner confession decides which voice you agree with. Taking thoughts captive is not passive — it is the active replacement of inner lies with inner truth. Confession is how you fight back.

- *John 8:44* — Satan is the father of lies.
- *John 17:17* — “Your word is truth.”
- *2 Corinthians 10:5* — “Take every thought captive..”
- *Matthew 4:4, 7, 10* — Jesus answered every attack with Scripture.

## The Power of Inner Confession - A Devotional

There is a place in you that no one sees, but God — the inner sanctuary where your thoughts become confessions and your confessions become the architecture of your life. Long before your words reach your lips, they echo in the chambers of your heart. And Scripture tells us that those inner echoes matter. “As a man thinks in his heart, so is he.” Your inner confession is not background noise. It is formation.

Every day, you preach a silent sermon to your own soul. You tell yourself who God is, who you are, and what is possible. And heaven listens. The spiritual realm responds. Your life bends toward the truth — or the lie — that you rehearse within.

The woman with the issue of blood didn't begin her miracle with a touch. She began it with a confession: *“If I may but touch His garment...”* Her breakthrough started in the quiet place.

David didn't defeat Goliath with a stone alone. He defeated him with an inner certainty about God's faithfulness. His confession shaped his courage long before the battle began.

Inner confession is where transformation begins. It is where fear is confronted, where lies are replaced, where identity is rebuilt. It is where the Spirit whispers truth until truth becomes nature. When you confess God's Word inwardly, you are not trying to convince God — you are allowing God to convince you. You are aligning your inner world with His unshakable reality.

Today, pause and listen to the words you speak inside yourself. Are they lifting you toward faith or pulling you toward fear? Are they echoing God's promises or repeating old wounds? Let your inner confession become a sanctuary of truth.

Speak quietly within:

“I am healed and made whole.” “I am strengthened.” “I am forgiven.” “I am called.” “God is with me.” “His Word is my reality.”

These are not empty affirmations — they are agreements with heaven. And what you agree with inwardly, you will walk out outwardly. **Your inner confession is the seed of the life God is growing in you.**