

Now That You're a Jesus Follower

Lesson: Living a New Life in Christ—What to Do, What to Avoid

Key Scripture:

“Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.”

— *2 Corinthians 5:17 (NKJV)*

Becoming a follower of Jesus isn't just a title—it's a transformation!

You've been made new, your sins are forgiven, and now your journey with the Savior begins. But where do you go from here?

This lesson will guide you in what you **should be doing, seeking, and avoiding** now that you belong to Jesus.

WHAT TO DO as a Jesus Follower:

1. Seek God Daily

“But seek first the kingdom of God and His righteousness, and all these things shall be added to you.”

— *Matthew 6:33*

- Spend time in prayer.
- Read the Bible daily.
- Praise and worship Him.

2. Stay in God's Word

“Your word is a lamp to my feet and a light to my path.”

— *Psalms 119:105*

- Let the Bible guide your decisions.
- Learn His promises and commands.

(Read the first 4 gospels in the New Testament to start)

3. Get Connected to a Church Family

“Not forsaking the assembling of ourselves together...”
— *Hebrews 10:25*

- Join a Bible-believing church.
- Fellowship with other believers. (The Bible Classroom)
- Serve and grow in community.

4. Walk in Obedience

“If you love Me, keep My commandments.”
— *John 14:15*

- Let your actions reflect your faith.
- Obey God’s Word even when it’s hard.

5. Share Your Faith

“Go therefore and make disciples of all the nations...”
— *Matthew 28:19*

- Tell others about Jesus.
- Live in a way that reflects His light.

WHAT NOT TO DO as a Jesus Follower:

1. Don’t Go Back to Sinful Habits

“As a dog returns to his own vomit, so a fool repeats his folly.”
— *Proverbs 26:11*

- Stay away from the things God freed you from.
- Ask for strength to overcome temptation.

2. Don't Follow the World

“Do not be conformed to this world, but be transformed by the renewing of your mind...”

— *Romans 12:2*

- Avoid worldly values that oppose God's truth.
- Guard your mind from ungodly influence.

3. Don't Stay Silent About Jesus

- Don't be ashamed of your faith.
- Speak boldly and kindly about what He's done.

4. Don't Ignore the Holy Spirit

“Do not quench the Spirit.”

— *1 Thessalonians 5:19*

- Listen when He nudges you.
- Let Him lead and guide your decisions.

Life Applications:

1. **Start a prayer journal**—Write down your prayers, verses, and what God is teaching you.
2. **Make a list of old habits to let go**—Ask God for help to overcome them.
3. **Find an accountability partner**—Someone who can pray with you and encourage your growth in Jesus.

Reflection Questions:

1. What has changed in your life since deciding to follow Jesus?
2. What new habits do you want to develop in your walk with God?
3. Are there any old behaviors you need to fully surrender to the Lord?
4. Who in your life can you share the gospel with this week?
5. How is the Holy Spirit leading you today?

Guided prayer:

Dear Heavenly Father,

Thank You for making me a new creation through Jesus. Help me to walk in Your truth, love You more each day, and live a life that honors You. Remove anything that's not pleasing to You, and give me the strength to follow You boldly. Fill me with Your Spirit and guide my steps. In Jesus' name, amen.

💡 Wisdom Nuggets:

- **“You’re not just saved FROM something; you’re saved FOR something.”**
- **“A Jesus follower doesn’t blend in—they shine bright.”**




Who is Jesus?

Jesus is **the Son of God, our Savior, our Redeemer, and the King of kings**. He came to save, heal, restore, and lead us into a relationship with the Father. The Bible calls Him by many names—each showing a beautiful part of His character and role in our lives.

10 10 Names of Jesus & What He Does for Us


1. Savior

“For there is born to you this day in the city of David a Savior, who is Christ the Lord.” – Luke 2:11

 **What He Does:** He saves us from sin, death, and eternal separation from God.


2. Lamb of God

“Behold! The Lamb of God who takes away the sin of the world!” – John 1:29

 **What He Does:** He was the perfect sacrifice who died in our place, cleansing us from all sin.


3. Good Shepherd

“I am the good shepherd. The good shepherd gives His life for the sheep.” – John 10:11

 **What He Does:** He leads, guides, protects, and lays down His life for us.


4. The Light of the World

“I am the light of the world. He who follows Me shall not walk in darkness...” – John 8:12

 **What He Does:** He brings truth and direction into the darkness of our lives.


5. Prince of Peace

“And His name will be called...Prince of Peace.” – Isaiah 9:6

 **What He Does:** He gives supernatural peace that calms our hearts and minds.


6. Redeemer

“In Him we have redemption through His blood...” – Ephesians 1:7

 **What He Does:** He bought us back from sin and death, making us right with God.


7. The Word

“In the beginning was the Word... and the Word was God.” – John 1:1

 **What He Does:** He is the living expression of God—bringing God’s truth to life.

8. Messiah (Christ)

“We have found the Messiah” (which is translated, the Christ). – John 1:41

 **What He Does:** He is the Anointed One—the promised deliverer and hope of Israel and the world.


9. The Way, The Truth, and The Life

“I am the way, the truth, and the life. No one comes to the Father except through Me.” – John 14:6

 **What He Does:** He gives us access to God, the truth that frees, and eternal life.

10. King of Kings and Lord of Lords

“...He is Lord of lords and King of kings...” – Revelation 17:14

 **What He Does:** He reigns over all. He is sovereign, victorious, and coming back again!

Jesus is everything we need.

He saves, heals, restores, teaches, guides, and rules with love, truth, and power. He’s not just a figure from history—**He’s alive, and He is Lord.**

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