

Biblical Message: SPEAKING LIFE

"Death and life are in the power of the tongue, and those who love it will eat its fruit." — Proverbs 18:21 (NKJV)

Besties, Our words hold power — eternal power. The Bible is clear: what we speak has the ability to build up or break down, to bless or to curse, to give life or to usher in destruction. That's why it's so important for believers to speak **LIFE** — over our situations, our families, our ministries, our health, and even our enemies.

God spoke the world into existence (Genesis 1), and we, being made in His image, must understand that our words matter. Speaking life means aligning our mouths with His Word — declaring truth, hope, peace, and faith no matter the circumstances.

💬 **Jesus said** in *John 6:63*, "The words that I speak to you are spirit, and they are life." Let's mirror that in our daily conversations. Speak encouragement, speak Scripture, speak promises, speak prayer — and silence the voice of fear, doubt, and death with the authority of Christ.

Here are 4 Ways to Speak Life Today:

1. **Speak God's Word out loud.** Use Scripture as your sword.
2. **Encourage someone.** Your words might be the breakthrough they've been praying for.
3. **Pray over your home and loved ones.** Declare God's promises with boldness.
4. **Bless instead of curse.** Even when hurt, choose to respond in love.

Supporting Scriptures:

- **Proverbs 15:4** – "A wholesome tongue is a tree of life..."
- **Ephesians 4:29** – "Let no corrupt word proceed out of your mouth, but what is good for necessary edification..."
- **James 3:10** – "Out of the same mouth proceed blessing and cursing. My brethren, these things ought not to be so."

Truth: “Your mouth can be a miracle worker or a mischief maker — choose life!”

So today, let's be speakers of life — God's life. Let's speak with the boldness of faith, the gentleness of grace, and the power of the Holy Spirit.

You never know whose life your words might transform.

Speak Life — Because You Carry the Word of the Living God.



Love, Stephanie Smith – Your Bestie

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