

“BOLD, NOT BASHFUL”

How God Breaks Shyness and Builds Holy Confidence

If you’ve ever felt shy—like your voice disappears when you need it most—God sees you. Shyness doesn’t disqualify you from being used by God. The Lord is an expert at taking trembling hearts and turning them into **strong, steady witnesses**. He doesn’t just call the bold... **He makes the called bold.**

1) God Doesn’t Give a Shy Spirit—He Gives Power

Key Scripture: 2 Timothy 1:7 (NKJV)

“For God has not given us a spirit of fear, but of power and of love and of a sound mind.”

Shyness often shows up as fear: fear of people, fear of being judged, fear of saying the wrong thing. But God says that fear is not the package He handed you. He gave you:

- **Power** (ability from the Holy Spirit)
- **Love** (the motivation to serve others)
- **A sound mind** (clear thinking, not panic thinking)

Holy Highlight: God doesn’t remove your personality—He removes fear from your personality.

Practical Step: Before you speak, whisper: “Lord, fill me with Your power, love, and sound mind.”

2) Boldness Comes From Being With Jesus

Scripture: Acts 4:13 (NKJV)

“Now when they saw the boldness of Peter and John... they marveled. And they realized that they had been with Jesus.”

Peter wasn't always bold. He denied Jesus—but later he preached Jesus with courage. What changed? **Time with Jesus and the filling of the Holy Spirit.**

Boldness isn't about being loud. It's about being **anchored**. When you're with Jesus, your confidence grows because your identity gets stronger than your insecurity.

Wisdom Nugget: The more you sit with Jesus, the less you shake around people.

3) God Strengthens You Right in the Moment

Scripture: Isaiah 41:10 (NKJV)

“Fear not, for I am with you... I will strengthen you, Yes, I will help you...”

Notice what God promises:

- **His presence** (“I am with you”)
- **His strength** (“I will strengthen you”)
- **His help** (“I will help you”)
- **His support** (“I will uphold you”)

God isn't asking you to manufacture boldness. He's saying, “Step forward, and I'll strengthen you while you move.”

Life Application: Don't wait until you feel brave—move in obedience and let God meet you there.

4) Boldness Is a Holy Gift You Can Ask For

Scripture: Acts 4:29–31 (NKJV)

“Now, Lord... grant to Your servants that with all boldness they may speak Your word... And they were all filled with the Holy Spirit, and they spoke the word of God with boldness.”

The early church prayed for boldness—and God answered. That means boldness is not just a personality trait... it's a **Spirit-empowered gift**.

Prayer Focus: “Lord, fill me again. Make me bold to speak, serve, and shine.”

5) The Lord Himself Goes With You

Scripture: Joshua 1:9 (NKJV)

“Be strong and of good courage... for the Lord your God is with you wherever you go.”

God never tells you to be courageous while leaving you alone. Courage is connected to a promise: **He is with you.**

You're not walking into conversations, classrooms, family gatherings, or ministry moments by yourself. Heaven is with you.

Holy Highlight: You're not facing people—you're following God.

How God Helps Us Not Be Shy (Practical & Biblical)

1. **Pray before you speak** (Psalm 141:3)
2. **Start small and stay faithful** (Zechariah 4:10)
3. **Speak truth even if your voice shakes** (Acts 4:31)
4. **Replace fear thoughts with God's Word** (Romans 12:2)
5. **Remember who you are in Christ** (1 Peter 2:9)
6. **Ask the Holy Spirit to fill you daily** (Ephesians 5:18)
7. **Practice obedience, not perfection** (Proverbs 3:5–6)
8. **Let love lead you, not fear** (1 John 4:18)

Conclusion

Shy doesn't mean weak—and it definitely doesn't mean unusable. God can take your quiet spirit and make you **steady, clear, and courageous**. You don't have to become someone else—you just need to be filled with the Holy Spirit and rooted in God's promises. When the Lord strengthens you, you'll find yourself speaking up, showing up, and shining—because **His power works best when you lean on Him.**

Guided Prayer

Lord Jesus, thank You that You are with me. I renounce fear and intimidation. Fill me with Your Holy Spirit—power, love, and a sound mind. Strengthen me to speak when I need to speak, serve when I need to serve, and stand when I feel small. Make me bold for Your glory, in Jesus' name, amen.

Bonus: Bold Declarations (Speak These!)

- God has not given me a spirit of fear!
- I am filled with power, love, and a sound mind!
- The Lord strengthens me and helps me!
- I will not shrink back—I will shine for Jesus!
- I am bold because the Holy Spirit lives in me!

Notes:

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Closing Scripture (NKJV): Joshua 1:9

“Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go.”

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