THE ULTIMATE #FiveStarFacial $\Rightarrow \Rightarrow \Rightarrow \Rightarrow \Rightarrow$











3D-HydrO₂ facial pre and pre post care

Pre Treatment

• Avoid heat for 24–48 hours including sunbeds

Post Treatment

- Avoid heat for 24–48 hours including sunbeds.
- Avoid touching skin to prevent bacteria.
- Avoid makeup for 24 hours.
- Do not have any other facial treatments during your course of 3D-HydrO, facials.
- Drink 2 litres of water daily to remove toxins from the body.
- Do not use any active skincare with 3–5 days post treatment. For best results, follow recommended homecare products.
- Use SPF daily.



Post 3D-HydrO₂ facial treatment – recommended home care products

Brightening

Time Defense AHA Cleanse

For clients with Problematic skin. Will help to remove dead skin cells and excess oil and will promote the growth of new skin cells.

Time Defense AHA foaming Cleanser

Gently cleanses and exfoliates the skin to remove and make-up, dirt and oil. Sooths the skin and promotes a healthy moisture level. Can also be use used as a preparation for diamond tip microdermabrasion.

Time Defense CoQ10 Toner

Maintains a healthy pH on the skin. Delivers deep into the skin via Nanoparticles with ingredients giving a powerful anti-oxidant effect and a skin protecting effect.

Triple Lightening Serum

For general skin brightening and pigmentation improvement. A treatment designed to block melanin synthesis and effect the body's natural source of skin pigmentation.

Lightening Cream

Intense delivery of Lightening active ingredients in a light weight hydrating base.

SPF 30+

A well balanced no streak formula in a light spray to protect against harmful UV damage. Uses synergistic ingredients to gain high SPF levels.

Anti-Ageing

Time Defense AHA Cleanser

For clients with Problematic skin. Will help to remove dead skin cells and excess oil and will promote the growth of new skin cells.

Time Defense AHA foaming Cleanser

Gently cleanses and exfoliates the skin to remove make-up, dirt and oil. Sooths the skin and promotes a healthy moisture level. Can also be use used as a preparation for diamond tip microdermabrasion.

Time Defense CoQ10 Toner

Maintains a healthy pH on the skin. Delivers deep into the skin via Nanoparticles with ingredients giving a powerful anti-oxidant effect and a skin protecting effect.

Stem Cell Serum

Stem cells are natural regenerators and found in multicellular organisms. They can self-replicate and propagate the growth of an existing cell type. Swiss apple stem cells are used in this product to transfer preservation and longevity into your skin.

Lifting Eye Cream

Helps to lift the upper eyelid and fights against the formation of laughter lines.

DNA Renewal Cream

Intense delivery of Anti-aging regenerative active ingredients in a light weight hydrating base.

SPF 30+

A well balanced no streak formula in a light spray to protect against harmful UV damage. Uses synergistic ingredients to gain high SPF levels.

Clear Skin

Time Defense AHA Foaming Cleanser

Gently cleanses and exfoliates the skin to remove make-up, dirt and oil. Sooths the skin and promotes a healthy moisture level. Can also be use used as a preparation for diamond tip microdermabrasion.

Time Defense CoQ10 Toner

Maintains a healthy pH on the skin. Delivers deep into the skin via Nanoparticles with ingredients giving a powerful anti-oxidant effect and a skin protecting effect.

BHA Cleansing Exfoliator

BHA exfoliating lotion 30ml – This unique BHA exfoliating serum is packed with anti bacterial ingredients, salicylic and seaweed extracts. To be used 2-3 times a week on clean dry skin, then finish with oil free moisturiser. Use AM and PM.

Oil Free 3D-HydrO2 Gel

Oil free moisturising Gel 30ml & 60ml – This lightweight gel moisturiser is an oil free product, which contains anti bacterial and hydrating properties and also prevents bacterial contamination. Use AM and PM.

SPF 30+

A well balanced no streak formula in a light spray to protect against harmful UV damage. Uses synergistic ingredients to gain high SPF levels.

Blemex Active Spot Treatment

Blemish Spot Stick 7.5ml – This medicated spot stick is a great antibacterial spot stick for active spots, pimples and other minor skin irritations. A non greasy product, use at the first sign of a pimple. Use AM and PM.