

Try some of these tips and tricks for creating strong passwords...

1. Use a phrase or sentence...

Write a sentence which is 5 words or more (*e.g. I like to eat spaghetti bolognaise*)

Use the first letter of each word to make a word (*e.g. iltesb*)

Change some of the letters in your new word to capital letters (*e.g. iLtEsB*)

Now add at least one memorable number to your word (*e.g. iLtEsB84*)

Finally, add a special character (*e.g. iLtEsB84@*)

2. Reverse the words...

Choose a name of your favourite famous person (*e.g. TaylorSwift*)

Now write the name backwards (*e.g. tfiwSrolyaT*)

Put a special character between the first name and the surname (*e.g. tfiwS_rolyaT*)

Change one or more of the letters to numbers (*e.g. tfiwS_r0lyaT*)
