



Behavioral Health Services Program Overview

Booking available at KindConnect – Behavioral Health Therapy

 Now serving **Michigan** and **Texas**

INTRODUCTION

The Rian Rylee Foundation is proud to launch a comprehensive behavioral health initiative offering both **individual** and **group therapy** services. Each program is facilitated by **licensed therapists** and **certified peer support specialists**, ensuring evidence-based care, trauma-informed practices, and culturally responsive support. In-state participants (MI & TX) may qualify for **full Medicaid reimbursement**. Out-of-state clients are welcome on a private-pay basis.


1. Mental Wellness Support Group

Target: Adults with anxiety, depression, PTSD, stress-related disorders

Format: Weekly virtual or in-person group sessions

Program Features:

- Evidence-Based: Focus on **Cognitive Behavioral Therapy (CBT)** and **mindfulness**
- Guided group exercises, coping skills workshops, and resilience-building
- Trauma-informed care with goal tracking and emotional literacy

 *Covered Services: Individual therapy intake, group therapy sessions (90853), behavioral health screening (96127)*

 *Led weekly by LMSW/LCSW with peer support specialist co-facilitation*


2. Trauma Recovery & Resilience Group

Target: Adults facing extreme depression, trauma (past or present), suicidal ideation
Optional Add-On: *Journey Partner Support Services*

Program Features:

- Clinical trauma recovery groups with DBT-informed exercises
- Optional *Journey Partner* support:
 - In-home assistance (cleaning, cooking, laundry)
 - Transportation to/from appointments
 - Daily living support for those with mental/physical disability
- Safety planning and wellness recovery action planning (WRAP)

✅ *Covered Services: Group therapy (90853), peer services (H0038), home-based habilitation (T2017), personal care (T1019), transportation (T2001)*

 *Journey Partner Support available up to 15 hours/week with authorization*

3. Youth Mentorship & Resilience Program

Target: At-risk youth, ages 8–21; foster care, trauma-informed households, justice-impacted youth

Program Features:

- Behavioral therapy integrated with career and life coaching
- “Big Brother / Big Sister” peer mentoring
- SEL (social-emotional learning), violence prevention, and school navigation
- Individual therapy available to address trauma and attachment needs

✅ *Covered Services: Family therapy (90847), youth peer services, skills training, clinical case management*

 *Weekly group and one-on-one mentorship sessions with flexible scheduling*



4. Financial Wellness & Stress Reduction Group

Target: Individuals in recovery from incarceration, job loss, or economic hardship

Program Features:

- Link between mental health and financial wellbeing
- Financial literacy workshops: Budgeting, credit repair, saving strategies
- Stress reduction tools, CBT-focused decision-making, and career planning
- Ideal for those with a **felony record** re-entering society

✓ *Covered Services: Group therapy (90853), peer coaching (H0038), rehabilitation (H2017), employment support (T1016)*



Six-week rotating program, virtual or hybrid



5. Faith & Mental Wellness Grow Group

Target: Christian individuals in emotional crisis or post-incarceration transition

Program Features:

- Faith-based CBT approach, grounded in scripture
- Spiritual coaching and trauma healing
- Reentry support for individuals transitioning out of jail/prison
- Confidential group and 1:1 prayer sessions with licensed counselor or ordained facilitator

✓ *Covered Services: Peer support (H0038), counseling (90837), reentry support, community integration (H2015)*



Led by Founder Rian Graham and special ministry partners

Service Locations

- **Michigan** (Wayne & Oakland Counties)
- **Texas** (Dallas & Houston Metro)
- *Virtual participation allowed nationwide (out-of-pocket rates apply)*

Medicaid Reimbursement & Compliance

All services are structured to comply with Medicaid-reimbursable codes and can be billed through your MCO where applicable. Prior authorizations and service plans are coordinated upon intake.

We accept:

- Michigan Medicaid Plans: Meridian, Molina, McLaren, UnitedHealthcare Community Plan, Blue Cross Complete
- Texas Medicaid Plans: Superior, Amerigroup, Molina, Community Health Choice

Book Now at: KindConnect – Behavioral Health Therapy

 For referrals or questions: **1-888-469-3240**

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