



FELLOW MOMS
AND GRANDMOTHERS
OF CHILDREN WITH
MEDICAL DIAGNOSES
YOU ARE INVITED TO JOIN

3 FREE online
Support
Gatherings

• • •

"Getting to Know Me!"

Thursday • March 26, 2020

Wednesday • April 29, 2020 (moved from 4/30)

Thursday • May 28, 2020

8-9:15 am (pacific time • check your local time)

Register for these sessions at :

www.FeeltheCalm.life • under "Book"

facilitated by Ellen Synakowski,
parenting mentor