| **Week** | **Theme for the week** | **Focus** |
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| **Week 1** | Leadership Identity & Signature Impact | Clarify your values, purpose, and leadership presence. |
| **Week 2** | Emotional Intelligence & Relational Leadership | Develop empathy, self-regulation, and relationship skills. |
| **Week 3** | Culture as a Living System | Understand how culture evolves and stores leadership patterns. |
| **Week 4** | Organisational Memory & Cultural Scripts | Explore ingrained behaviours and triggers shaping team dynamics. |
| **Week 5** | Trust, Energy & Psychological Safety | Foster trust, team cohesion, and emotional wellbeing. |
| **Week 6** | Coaching Foundations: The Leader as Developmental Guide | Learn and apply core coaching skills in leadership contexts. |
| **Week 7** | Adaptive Leadership Across Subcultures | Lead effectively across diverse, shifting team cultures. |
| **Week 8** | Performance as Emergent Property | Shift from controlling to enabling high performance. |
| **Week 9** | Complex Systems Thinking & Cultural Leverage Points | Recognise patterns and points of influence in complex systems. |
| **Week 10** | Repair, Reset & Reframing Cultural Narratives | Model humility and realign the cultural narrative. |
| **Week 11** | Coaching for Cultural Alignment & Strategic Impact | Use coaching tools to drive strategic momentum and alignment. |
| **Week 12** | Integration: Leading from the Nexus™ | Consolidate learning into a leadership action plan. |

This programme (either over Teams or in person depending on location) is for those ready to lead with purpose, embed culture with intent, and drive performance that matters. Whether you're guiding teams, shaping strategy, or influencing change across sectors, this framework equips you to lead ethically, adaptively, and with lasting impact.

Using over 30 diagnostic tools developed exclusively for LCP Nexus delivery, each weekly session is between 2-2 ½ hours but there is also an opportunity to receive individual 1-2-1 coaching outside of these themed weeks for deeper personal development.

It is also possible to run this in small groups so please do contact me should you wish to discuss this for your team or organisation. The first programme will commence in September so please email me if you would like more details or would like to discuss 121 coaching.

Please email me at [peter@lcpnexus.com](mailto:peter@lcpnexus.com)

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