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| **Lotus Positive Behavior Supports & “Why are we fighting?”**  **Training Itinerary** | |
| **9:15- 9:30** | **Arrival, Greeting, Settle**  Healthy snack alternatives (i.e., fresh fruit/ veggies, dark chocolate and nut mix (if appropriate), 17 oz water bottles, etc.) available for staff to grab while they settle in. The healthier, more whole food options selected will help encourage staff to make healthier food choices and aid in their attending during the presentation. |
| **9:30 – 9:45** | **PART ONE.**   1. Introduction to One Another    1. Review background, contact information, and one interesting fact |
| **9:45 – 10:00** | **PART TWO.**   1. Take time to moment to pause in the quiet and have a “mindful moment”. |
| **10:00 – 10:30** | **PART THREE**   1. Challenging Behaviors    1. What are they? What do they look like?    2. What leads to challenging behaviors? 2. Why am I seeing these challenges?   (The Functions of Behavior) |
| **10:30 – 10:45** | Bathroom, Leg Stretch, Questions Break |
| **10:45 – 11:45** | **PART THREE (Continued)**   1. Proactive Strategies   Different ways to set the home and/ or program up to decrease the chance of behaviors of concern.   1. Responsive Strategy – Active Listening and Validation   An easy and use strategy that can be used in nearly all situations and, when applied accurately, could help reduce the likelihood the individual will demonstrate unsafe behaviors.   1. Practice!   Staff will pair up with each other and practice the Active Listening and Validation strategy with a peer at the training. |
| **11:45 – 12:15** | Bathroom, Leg Stretch, Questions Break |
| **12:15 – 1:00** | LUNCH |
| **1:00 – 1:45** | **PART FOUR**   1. Data Collection and Errors    1. Video to Trial Data Fidelity as an onlooker.   Staff will attempt to track data from the movie clip. We will discuss possible interventions used by the therapist that would not be appropriate today or could be considered a restrictive procedure requiring a 255. This will include an open discussion if staff are interested. |
| **1:45 – 2:30** | **PART FIVE**   1. Group Activity   Staff will be divided into groups and presented with real-life situations that they may experience when working with individuals, families, and other agencies. This promotes an opportunity for staff to problem solve and navigate the best course of action in these dangerous, unsafe, or uncomfortable situations. |
| **2:30 – 2:45** | **Final Questions, Comments** |

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