

# Polson Family Chiropractic

801 4<sup>th</sup> Avenue E, Polson, MT 59860

406-883-4216

polsonfamilychiropractic@gmail.com

## Welcome to our office!

We are glad that you are here today! If you have any questions concerning our policies, forms, or procedures, please ask. It is our pleasure to help you!

### Our Privacy Practice

In our office, all health information is considered confidential and we are careful about how we use it. This notice describes how your health information may be used and disclosed and how you can get access to this information. Please read about your health information and let us know if you have any questions.

#### We may share your information to:

- Treat you
- Discuss your care w/ family
- Thank you for referring other patients
- Run our office
- Include you in care classes
- Inform you about other services
- Collect payment

#### We may use your health information for:

- Health and safety reasons
- Reporting to worker's comp.
- Reporting to law officials
- Reporting victims of abuse
- Court hearings and filings

#### You have the right to:

- Request a copy of your records
- Request confidential communications
- Request a list of who we share your information with
- Advise our management if you believe your privacy rights have been violated
- Amend your protected health information
- Ask us to limit the information we share

#### These privacy practices are effective: June 15<sup>th</sup>, 2021

I acknowledge that I have read and received, or been given the opportunity to receive, a copy of the Notice of Privacy Practices.

Please initial:

\_\_\_\_\_ I have read and understand the Notice of Privacy Practices.

\_\_\_\_\_ I would like a hard copy of the Notice of Privacy Practices, or

\_\_\_\_\_ I do not want a hard copy of the Notice of Privacy Practices

Copy of Notice of Privacy Practices received

\_\_\_\_\_ Patient Initials

\_\_\_\_\_ Office Initials

## **Informed Consent**

When a patient seeks chiropractic healthcare, and we accept a patient for such care, it is essential for both to be working for the same objective.

Chiropractic has only one goal, to remove interference from the nervous system. It is important that each patient understands both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

OUR ONLY PRACTICE OBJECTIVE is to eliminate major interference to the expression of the body's nervous system. Our only method is specific adjusting to correct vertebral subluxations. However, we may use other procedures to help your body hold the adjustments.

Adjustment: The adjustment is the specific application of forces to facilitate the body's correction of vertebral subluxation. Our chiropractic method of correction is by specific adjustments of the spine.

Health: The state of optimal physical, mental, and social well-being, not merely the absence of disease of infirmity.

Vertebral Subluxation: A misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of nerve function and interference to the transmission of mental impulse, resulting in lessening of the body's innate ability to express its maximum health potential.

We do not offer to diagnose or treat any disease. Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by other providers. We only offer to diagnose either vertebral subluxations or neuro-musculoskeletal conditions. However, if during the course of a chiropractic spinal examination we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis, or treatment for those findings, we will recommend that you seek the services of another health care provider.

I, \_\_\_\_\_, have read and fully understand the above information.

All questions regarding the doctor's objective pertaining to my care in this office have been answered to my complete satisfaction.

I therefore accept chiropractic care on this basis.

---

**Signature**

---

**Date**



# Polson Family Chiropractic

801 4<sup>th</sup> Avenue E, Polson, MT 59860

406-883-4216

polsonfamilychiropractic@gmail.com

## Application for Treatment

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Email \_\_\_\_\_  
 Referred to our office by: Internet; \_\_\_\_\_ Phone Book; \_\_\_\_\_ Friend: \_\_\_\_\_  
 Employer/Occupation: \_\_\_\_\_  
 Emergency Contact (Name) \_\_\_\_\_ (Phone) \_\_\_\_\_  
 Relationship to Patient \_\_\_\_\_

Please list/describe the health problems for which you came to this office:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

How/When did symptoms first occur? \_\_\_\_\_

List other Doctors recently seen for these problems \_\_\_\_\_

List types of past treatment (surgery, meds, etc) \_\_\_\_\_

Does this interfere with your normal living and/or work? Yes \_\_\_\_\_ No \_\_\_\_\_ In what way? \_\_\_\_\_

Have you lost days of work? No \_\_\_\_\_ Yes \_\_\_\_\_ (Dates) \_\_\_\_\_

Have you had similar symptoms or injuries before? No \_\_\_\_\_ Yes \_\_\_\_\_ (explain) \_\_\_\_\_

Who is responsible for your bill? Self \_\_\_ Spouse \_\_\_ Employer \_\_\_ Insurance \_\_\_ Other: \_\_\_\_\_

Type of Insurance (if applicable): Workers Compensation \_\_\_ Health Insurance \_\_\_ Auto Ins. \_\_\_

## Personal History

Have you been treated for any health condition in the past year? No \_\_\_ Yes \_\_\_  
(If yes, explain) \_\_\_\_\_

Have you received Chiropractic treatment recently? No \_\_\_ Yes \_\_\_ (If yes, when) \_\_\_\_\_

List all drugs or medications that you have used recently (aspirin, birth control, etc): \_\_\_\_\_

Childhood diseases: Measles \_\_\_ Mumps \_\_\_ Chickenpox \_\_\_ Other: \_\_\_\_\_

Additional illnesses, hospitalizations, or injuries: \_\_\_\_\_

Surgeries: \_\_\_\_\_

Fractures: \_\_\_\_\_

Allergies: \_\_\_\_\_

**Personal History (Continued)**

List the approximate dates of any surgeries, unusual diseases, serious illnesses or accidents you have had (include any broken bones) \_\_\_\_\_

Smoke No \_\_\_ Yes \_\_\_ (packs per day) \_\_\_ Drinks per week \_\_\_\_\_

Supplements \_\_\_\_\_

Last Physician (MD/DO) visit: \_\_\_\_\_ Reason: \_\_\_\_\_

**Family History**

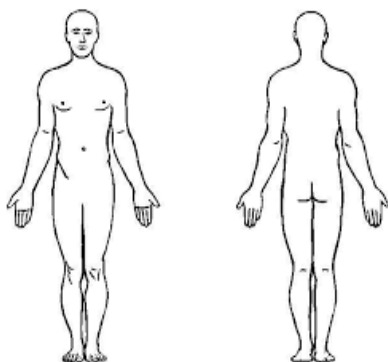
Name of wife or husband: \_\_\_\_\_ Ages of children \_\_\_\_\_

Parents Ages: Father \_\_\_\_\_ Mother \_\_\_\_\_

Family history of: Cancer \_\_\_ Diabetes \_\_\_ Asthma \_\_\_ Arthritis \_\_\_ TB \_\_\_ Heart Disease \_\_\_

Stroke \_\_\_ Kidney Disease \_\_\_ Lung Disease \_\_\_ Liver Disease \_\_\_

Please mark areas of pain on the figure below:



List the conditions you are most interested in getting corrected. List in order of importance:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

What functions are you unable to perform or unable to perform without pain? List in order of severity (Ex- sitting, walking, etc)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_



# Polson Family Chiropractic

801 4<sup>th</sup> Avenue E, Polson, MT 59860

406-883-4216

polsonfamilychiropractic@gmail.com

## Patient Health Questionnaire

Name: \_\_\_\_\_

Date: \_\_\_\_\_

If you have ever had a listed symptom in the past, please check that symptom in the Past Column. If you are presently having a particular symptom, please check that symptom in the Present Column. **Please note, correctly answering the conditions can influence treatment choices and outcome of care.**

- | <u>Past</u>              | <u>Present</u>           | <u>Condition</u>                    |
|--------------------------|--------------------------|-------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Abdominal Pain                      |
| <input type="checkbox"/> | <input type="checkbox"/> | Abnormal Weight Gain/Loss           |
| <input type="checkbox"/> | <input type="checkbox"/> | Angina                              |
| <input type="checkbox"/> | <input type="checkbox"/> | Anorexia                            |
| <input type="checkbox"/> | <input type="checkbox"/> | Aortic Aneurysm                     |
| <input type="checkbox"/> | <input type="checkbox"/> | Arthritis                           |
| <input type="checkbox"/> | <input type="checkbox"/> | Asthma                              |
| <input type="checkbox"/> | <input type="checkbox"/> | Bladder Infection                   |
| <input type="checkbox"/> | <input type="checkbox"/> | Blood Disorder                      |
| <input type="checkbox"/> | <input type="checkbox"/> | Breast – Soreness / Lumps           |
| <input type="checkbox"/> | <input type="checkbox"/> | Cancer, Explain _____               |
| <input type="checkbox"/> | <input type="checkbox"/> | Chest Pains                         |
| <input type="checkbox"/> | <input type="checkbox"/> | Chronic Cough                       |
| <input type="checkbox"/> | <input type="checkbox"/> | Chronic Sinusitis                   |
| <input type="checkbox"/> | <input type="checkbox"/> | Colitis                             |
| <input type="checkbox"/> | <input type="checkbox"/> | Constipation/irregular bowel habits |
| <input type="checkbox"/> | <input type="checkbox"/> | Convulsions                         |
| <input type="checkbox"/> | <input type="checkbox"/> | Diabetes                            |
| <input type="checkbox"/> | <input type="checkbox"/> | Depression                          |
| <input type="checkbox"/> | <input type="checkbox"/> | Dermatitis/Eczema/Rash              |
| <input type="checkbox"/> | <input type="checkbox"/> | Difficulty in Swallowing            |
| <input type="checkbox"/> | <input type="checkbox"/> | Dizziness                           |
| <input type="checkbox"/> | <input type="checkbox"/> | Emphysema (chronic lung disorder)   |
| <input type="checkbox"/> | <input type="checkbox"/> | Endometriosis                       |
| <input type="checkbox"/> | <input type="checkbox"/> | Epilepsy                            |
| <input type="checkbox"/> | <input type="checkbox"/> | Excessive Thirst                    |
| <input type="checkbox"/> | <input type="checkbox"/> | Fainting                            |
| <input type="checkbox"/> | <input type="checkbox"/> | Frequent Urination                  |
| <input type="checkbox"/> | <input type="checkbox"/> | General Fatigue                     |
| <input type="checkbox"/> | <input type="checkbox"/> | Hand Pain (R____ L____)             |
| <input type="checkbox"/> | <input type="checkbox"/> | Headache                            |
| <input type="checkbox"/> | <input type="checkbox"/> | Heart Attack (Date)_____            |
| <input type="checkbox"/> | <input type="checkbox"/> | Heartburn/Indigestion               |
| <input type="checkbox"/> | <input type="checkbox"/> | Hepatitis                           |
| <input type="checkbox"/> | <input type="checkbox"/> | High Blood Pressure                 |
| <input type="checkbox"/> | <input type="checkbox"/> | Irregular Menstrual Flow            |
| <input type="checkbox"/> | <input type="checkbox"/> | Irritable Colon                     |
| <input type="checkbox"/> | <input type="checkbox"/> | Jaw Pain                            |
| <input type="checkbox"/> | <input type="checkbox"/> | Kidney Disorders (by condition)     |
| <input type="checkbox"/> | <input type="checkbox"/> | Kidney Stones                       |
| <input type="checkbox"/> | <input type="checkbox"/> | Liver/Gallbladder problems          |
| <input type="checkbox"/> | <input type="checkbox"/> | Loss of Appetite                    |

- | <u>Past</u>              | <u>Present</u>           | <u>Condition</u>                |
|--------------------------|--------------------------|---------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Loss of Bladder Control         |
| <input type="checkbox"/> | <input type="checkbox"/> | Low Back Pain                   |
| <input type="checkbox"/> | <input type="checkbox"/> | Mid Back Pain                   |
| <input type="checkbox"/> | <input type="checkbox"/> | Muscular In-coordination        |
| <input type="checkbox"/> | <input type="checkbox"/> | Neck Pain                       |
| <input type="checkbox"/> | <input type="checkbox"/> | Pain in Ankle or Foot           |
| <input type="checkbox"/> | <input type="checkbox"/> | Pain in Lower Leg or Knee       |
| <input type="checkbox"/> | <input type="checkbox"/> | Pain in Upper Arm or Elbow      |
| <input type="checkbox"/> | <input type="checkbox"/> | Pain in Upper Leg or Hip        |
| <input type="checkbox"/> | <input type="checkbox"/> | Painful Urination               |
| <input type="checkbox"/> | <input type="checkbox"/> | PMS                             |
| <input type="checkbox"/> | <input type="checkbox"/> | Profuse Menstrual Flow          |
| <input type="checkbox"/> | <input type="checkbox"/> | Prostate Problems               |
| <input type="checkbox"/> | <input type="checkbox"/> | Rapid Heart Beat                |
| <input type="checkbox"/> | <input type="checkbox"/> | Rheumatoid Arthritis            |
| <input type="checkbox"/> | <input type="checkbox"/> | Scoliosis                       |
| <input type="checkbox"/> | <input type="checkbox"/> | Shoulder Pain                   |
| <input type="checkbox"/> | <input type="checkbox"/> | Stroke (Date) _____             |
| <input type="checkbox"/> | <input type="checkbox"/> | Swelling, Stiffness of Joint(s) |
| <input type="checkbox"/> | <input type="checkbox"/> | Tinnitus (Ear Noises)           |
| <input type="checkbox"/> | <input type="checkbox"/> | Tumor, Explain _____            |
| <input type="checkbox"/> | <input type="checkbox"/> | Ulcer                           |
| <input type="checkbox"/> | <input type="checkbox"/> | Visual Disturbances             |
| <input type="checkbox"/> | <input type="checkbox"/> | Wrist Pain                      |
| <input type="checkbox"/> | <input type="checkbox"/> | Other _____                     |

### Have You or Your Family Had:

- | <u>Yes</u>               | <u>No</u>                |                       |
|--------------------------|--------------------------|-----------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Cancer                |
| <input type="checkbox"/> | <input type="checkbox"/> | Rheumatoid Arthritis  |
| <input type="checkbox"/> | <input type="checkbox"/> | Epilepsy              |
| <input type="checkbox"/> | <input type="checkbox"/> | Diabetes              |
| <input type="checkbox"/> | <input type="checkbox"/> | Chronic Back Problems |
| <input type="checkbox"/> | <input type="checkbox"/> | Heart Problems        |
| <input type="checkbox"/> | <input type="checkbox"/> | Chronic Headaches     |
| <input type="checkbox"/> | <input type="checkbox"/> | Lung Problems         |
| <input type="checkbox"/> | <input type="checkbox"/> | High Blood Pressure   |
| <input type="checkbox"/> | <input type="checkbox"/> | Lupus                 |

Do you have a permanent disability rating? Yes \_\_\_\_ No \_\_\_\_

Location \_\_\_\_\_

Date rating received? Rating Percentage \_\_\_\_\_

Please check any of the following that apply to you

- | <u>Past</u>              | <u>Present</u>           |                                 |
|--------------------------|--------------------------|---------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Pregnancy, # of births _____    |
| <input type="checkbox"/> | <input type="checkbox"/> | Birth Control pills, Type _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | Drug or Alcohol Dependence      |

- | <u>Past</u>              | <u>Present</u>           |  |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | Tobacco _____ packs/day                                  |
| <input type="checkbox"/> | <input type="checkbox"/> | Alcohol _____ drinks/day/week/month                      |
| <input type="checkbox"/> | <input type="checkbox"/> | Coffee/Tea/Caffeinated Drinks<br>_____ cups/cans per day |

I certify that the above information is complete and accurate to the best of my knowledge. I agree to notify this Doctor immediately whenever I have changes in my health condition.

Fees are payable at the time when x-rays, examinations, and treatments are received unless other arrangements are made in advance. Original records remain the property of this clinic.

I hereby give permission for treatment.

Signature of Patient: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Name (printed) \_\_\_\_\_ Guardian (if applicable) \_\_\_\_\_

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**