



# **CULINARY CARNIVAL**

**A Culinary-Cultural Adventure in Trinidad & Tobago**  
**September 12-17, 2024**



## **Welcome to the Culinary-Cultural Capital of the Caribbean!**

Known as “The Place where Happy People are From”, “Home to the Greatest Carnival in the World”, “The Caribbean’s Mecca of Entertainment”, and an “Ethnic Melting Pot”, Trinidad and Tobago is the place where people of East Indian, African, Asian, European, and Hispanic descent together to create the phenomenal “Trini Experience”.

Rich with colorful, vibrant festivals, awe-inspiring landscapes, mouthwatering food, and warm, happy people who simply want to make you feel “at home”, Trinidad and Tobago is the place where visitors from all over the world runaway to - just to remind themselves that life is about happiness, joy, freedom, and fun.

Get Ready for Culinary Carnival - the Culinary Cultural Adventure of a Lifetime!





## Day 1 - Thursday, September 12

### *Welcome to Sweet T&T*

Arrival at Piarco International Airport

Meet your CariBeat Concierge Team

Check-in at the Brix Hotel, Port of Spain

Welcome Dinner at Port of Spain's leading, authentic Afro-Trinidadian - also referred to a "Trini Creole" - Restaurant,





## Day 2 - Friday, September 13

### *We Limin*

Breakfast at Hotel

Distillery Tour and Rum-Tasting at the internationally-renowned House of Angostura.

Enjoy Venezuelan-Trinidadian mid-morning snacks (Latino-Trinidadian).

Heritage Tour of Port of Spain - enjoy beautiful architecture of the "Magnificent Seven", the National Carnival Museum , Fort George, and other historic sites of Port of Spain

Delicious Trini Lunch (Afro-Trinidadian).

Visit two of Trinidad and Tobago's leading Mas Camps - *Lost Tribe* and *Paparazzi*, and learn the art of Carnival costume design, try on a few costumes and "jump-up".

Dinner - A Contemporary Indo-Trinidadian Dining Experience.

Lime at 2024 World Champions bp Renegades Pan Yard - enjoy steelpan music, learn how to play the steelpan, and hear about the amazing history of the only musical instrument invented in the 20th century.





## Day 3 - Saturday, September 14

### *Come Leh We Go to Tobago*

Breakfast at Hotel

Take a short 15-minute flight to Tobago

Visit Buccoo Reef in a glass bottom boat with expert guide, snorkel and witness one of the world's most beautiful coral reefs.

Visit the Nylon Pool - a gorgeous, shallow white coral pool, in the middle of the ocean.

Swim at Pigeon Point Beach - a pristine stretch of white sand and turquoise waters.

Enjoy an authentic Tobago-Style lunch on Pigeon Point

Goat Racing - a fun race with your own goat!

Return to Trinidad.

Guests have a free evening to explore Port of Spain or rest for more fun on Sunday!





## Day 4 - Sunday, September 15

### *Down South*

Breakfast at Hotel

Fun Road Trip to Fyzabad in South Trinidad

Enjoy lunch a world-famous, Traditional Chulha (Indo-Trinidadian) Lunch Experience.

Visit the Temple on the Sea, officially known as the Sewdass Sadhu Shiva Mandir and the spectacular 85-foot tall statue of Lord Hanuman, the largest Hanuman murti outside of India.

Sunset Dinner Boat Ride Experience at the internationally-renowned Caroni Bird Sanctuary,





## Day 5 - Monday, September 16

### *Cocoa In the Sun*

Breakfast at Hotel

Trip to the Famous La Vigie Lookout at Paramin (breathtaking views), with visit to local organically grown herb farms.

Visit Trinidad and Tobago's leading clothing designers.

Tour a Cocoa Estate and try your hand at harvesting Trinitario Cocoa (one of the world's top cocoa species used by top chocolatiers globally). Learn to make your own chocolate!

Enjoy a delicious Trini-Style lunch.

Farewell Asian-Trinidadian Dinner.





## Day 6 - Tuesday, September 17

### *Party Done!*

Breakfast at Hotel

Depart to Piarco International Airport for return flight.







## The Culinary Carnival Package

**Package Prices are quoted in USD\$ per person:**

- **Double Occupancy: \$2578 per person**
- **Single Occupany: \$3078 per person**

**CariBeat's Culinary Carnival Package includes:**

- World-class accommodations at the Brix Autograph Collection Hotel. The BRIX Autograph Collection offers guests a unique blend of contemporary elegance and Caribbean charm. Surrounded by the lush mountains of the Northern Range and the expanse of the Queen's Park Savannah, The Brix offers contemporary spaces, marked by the sleek and the textured, the polished and organic, the bold and the subtle. The hotel's spacious and well-appointed guest rooms and suites offer cozy spaces that guarantee a night of tranquility.
- All meals and beverages during your 5-night, 6-day adventure - except dinner on one day, when you are free to explore the sights of Port of Spain or just relax.
- Airfare **between** Trinidad **and** Tobago (return).
- All ground transportation
- All guide and concierge fees
- All admission and event fees

**Your Package does NOT include:**

- Round trip airfare from your point of origination to Trinidad and Tobago.
- Visa - if applicable - please note that travelers from the US, UK, Canada or any CARICOM country do not require a Visa for entry to Trinidad and Tobago.
- Individual hotel expenses, for meals and beverages not included in itinerary, as well as laundry, phone calls, mini bar, and other hotel expenses.
- Tips for drivers, tour guides, and servers at restaurants.



## About Us

CariBeat is the leading Caribbean Lifestyle Company in the US.  
Based in the Washington, DC Metropolitan Area since 2008, CariBeat delivers extraordinary Caribbean-Style events, culinary-cultural tours, culinary products, decor, and apparel to clients globally.

For more information visit - [CariBeat.com](http://CariBeat.com)

CariBeat LLC

9103 Woodmore Center Drive, Lanham, MD 20706

Email: [Travel@CariBeatDesigns.com](mailto:Travel@CariBeatDesigns.com)

Call: 202.631.1556