Mary Hollan **2025-26** ^M UPCOMING

RETREATS

Check out the retreat themes for your church. Half or full day **Prices vary**

Retreat Facilitator

Tools for the Soul

Scripture, discussion and self-care practices that help us be more resilient and grounded when we feel uncertain.

How to Stand in **Shifting Sand**

What motivates change when we find ourselves looking for more peace and purpose.

Just Breathe

God is in you and shaping you. Learn the practice of contemplation and renewal.

What's Your Story

Trusting the story God is telling you. Is it the same story you are telling yourself?

visit my website: maryhollan.org



