

Thrive Animal-Assisted Support Services



At Thrive Animal Behaviour and Wellbeing, we are committed to providing personalised support for NDIS participants, veterans, and other support services, helping them build stronger bonds with their pets and or experience the joys of animal companionship. Our services are designed to cater to the unique needs of each participant, ensuring a supportive and enriching experience.

Personalised Support One-on-One: Animal Behaviour Training for Participants

Our Personalised Support One-on-One:

Animal Behaviour Training program is specifically designed to meet the unique needs of participants, offering customised solutions to address behavioural challenges while enhancing the bond between them and their pets. We understand that every participant and their animal companion have distinct needs, and our program is tailored to provide individualised care and support.

Thrive Animal Assistance: Enhancing Wellbeing through Animal Companionship

Our **Thrive Animal Assistance** program offers more than just behaviour training; it provides participants with the companionship of carefully selected and trained animals. This service is designed to foster emotional connection, wellbeing, and comfort, especially for participants with disabilities or those in need of additional support.

Group Excursions: Educational Adventures in Animal Welfare

Our **Group Excursions program** offers participants the opportunity to explore wildlife parks, farms, animal shelters, and more, through carefully organised trips that blend education with fun. These excursions are designed to provide hands-on learning experiences, with a focus on

understanding the Five Domains of Animal Welfare. Participants will enjoy immersive experiences that deepen their connection to the natural world while gaining valuable knowledge about animal welfare.

Customised Schedules: Tailored Excursion Experiences for Maximum Impact

Our **Customised Schedules** program is designed to create flexible and personalised excursion itineraries that cater to the specific needs, preferences, and goals of both participants and the wildlife parks, farms, or shelters we visit. This approach ensures that every excursion is meaningful, engaging, and beneficial for all involved, providing a unique experience that aligns with the educational and therapeutic goals of the participants.



Program Details

Personalised Support One-on-One: Animal Behaviour Training

Program Highlights:

1. Accessible Behavioural Assessments:

- We begin with a comprehensive consultation that takes into account the participant's specific needs and abilities, as well as the unique dynamics of their relationship with their pet. This assessment is the foundation of a personalised training plan that is both practical and achievable.

2. Customised Training Plans:

- Our training plans are tailored to the participant's abilities and the specific behavioural challenges of their pet. We incorporate positive reinforcement techniques and practical exercises that are easy to follow, ensuring that both the participant and their pet can succeed at their own pace.

3. Adaptive Hands-On Support:

- Our Supported trainers work closely with participants in a one-on-one setting, providing adaptive coaching that considers any physical or cognitive limitations. We offer flexible training sessions that accommodate different learning styles, ensuring that the training is effective and enjoyable for both the participant and their pet.

4. Strengthening the Human-Animal Bond:

- A key focus of our program is to strengthen the emotional connection between the participant and their pet. Through trust-building exercises and positive interactions, we help participants deepen their bond with their animal companion, leading to a more fulfilling relationship.

5. Ongoing Monitoring and Support:

- We provide continuous support through regular follow-up sessions, where progress is monitored, and the training plan is adjusted as needed. Our team is committed to the long-term success of the participant and their pet, offering guidance and encouragement throughout the journey.

6. Inclusive Approach:

- We take a holistic view of the pet's well-being, addressing all aspects including nutrition, environment, health, and emotional state. Our inclusive approach ensures that the training enhances not just behaviour, but the overall quality of life for both the participant and their pet.

7. Specialised Expertise:

- Our trainers have extensive experience working with individuals and a deep understanding of the specific needs that may arise in such contexts. Whether working with domestic pets like dogs,
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cats, or birds, or more exotic animals, our team provides expert, compassionate support tailored to everyone.

Thrive Animal Assistance: Enhancing Wellbeing through Animal Companionship

Program Overview:

1. Finding the Right Animal Companion:

- A key element of Thrive Animal Assistance is the careful selection of the right animal to match each participant's unique needs. We conduct a thorough assessment of the participant's lifestyle, preferences, and specific support requirements to ensure the chosen animal will be the perfect fit. This process includes evaluating factors such as temperament, activity level, and the specific type of support the participant needs.

2. Trained Companion Animals:

- Once the right animal is selected, it undergoes specialised training to meet the specific needs of the participant. Our animals, including dogs, cats, birds, and other species, are trained to provide emotional support, companionship, and practical assistance, ensuring they can integrate seamlessly into the participant's life.

3. Personalised Animal Assistance Plans:

- We develop a tailored Animal Assistance Plan based on the participant's needs and the capabilities of the selected animal. This plan outlines how the animal will provide support, including strategies for building a strong bond and incorporating the animal into the participant's daily routines.

4. Building Emotional Connections:

- The heart of our program is fostering a deep emotional bond between the participant and their animal companion. Through guided interactions, participants learn to communicate with and understand their animal, creating a meaningful and lasting relationship that enhances their emotional wellbeing.

5. Therapeutic Benefits:

- Thrive Animal Assistance is designed to offer significant therapeutic benefits, such as reducing anxiety, alleviating loneliness, and improving overall mental health. The presence of a companion animal provides comfort and stability, especially during challenging times, contributing to the participant's emotional resilience.

6. Integration with Daily Life:

- The program focuses on integrating the companion animal into the participant's daily life. The animal becomes a vital source of support and joy, whether during daily activities, social interactions, or moments of need. This integration enhances the participant's overall quality of life.

7 Ongoing Support and Monitoring:

- Our team provides continuous support to ensure the relationship between the participant and their companion animal remains positive and beneficial. We conduct regular check-ins, monitor progress, and adjust the Animal Assistance Plan as needed to maximize the animal's positive impact on the participant's life.

8 Specialised Training for Companion Animals:

- The animals involved in Thrive Animal Assistance are trained to respond to the specific needs of participants, including those with physical disabilities, cognitive challenges, or emotional difficulties. This training ensures that the animals provide the most effective and appropriate support.

9 Support for Caregivers:

- We also provide guidance and resources for caregivers and family members, helping them understand the role of the companion animal and how to support the participant's relationship with their animal. This holistic approach ensures that the benefits of the program extend beyond the participant to their broader support network.

Thrive Animal Assistance is ideal for participants seeking the profound benefits of animal companionship, tailored to their unique needs. By carefully selecting and training the right animal, we create lasting, positive impacts on the emotional and mental wellbeing of every participant. Our program is dedicated to building deep connections, providing comfort, and enhancing the overall quality of life.

Group Excursions: Educational Adventures in Animal Welfare

Program Overview:

1. Curated Itineraries:

- Each group excursion is meticulously planned with a customised itinerary that caters to the interests and needs of the participants. We collaborate with wildlife parks, farms, and shelters to create engaging and educational experiences that align with the Five Domains of Animal Welfare. The itinerary includes guided tours, interactive sessions, and opportunities to observe and interact with animals in various settings.

2. Educational Focus:

- The core of these excursions is education. Participants will learn about the Five Domains of Animal Welfare—Nutrition, Environment, Health, Behaviour, and Mental State—through real-life examples and expert-led discussions. The aim is to provide participants with a comprehensive understanding of how these domains influence the wellbeing of animals, whether in captivity, on farms, or in shelters.

3. Interactive Learning:

- To make the learning experience more engaging, the excursions include interactive activities such as feeding sessions, animal enrichment demonstrations, and behind-the-scenes tours. Participants will have the chance to see firsthand how different environments and care practices affect animal

welfare, and they can ask questions and participate in discussions led by experienced animal caretakers and trainers.

4. Hands-On Activities:

- Each excursion features hands-on activities that allow participants to actively engage with the animal environments. This might include assisting with animal care tasks, helping create enrichment items, or participating in habitat maintenance activities. These practical experiences help reinforce the concepts learned during the excursion and provide participants with a deeper understanding of animal welfare practices.

5 Connection to Nature:

- The excursions are designed to foster a deeper connection to nature and the animals within it. By spending time in wildlife parks, farms, and shelters, participants can observe animals in more naturalistic settings, gaining an appreciation for the diversity of species and the importance of maintaining their welfare. This connection to nature is further enhanced through guided nature walks, birdwatching, and exploring the local flora and fauna.

6 Social Interaction and Team Building:

- Group excursions also provide a valuable opportunity for participants to socialise and build connections with others who share their interest in animals and welfare. Team-building activities are integrated into the itinerary, encouraging collaboration and communication among participants. These shared experiences help foster a sense of community and support among the group.

7 Inclusivity and Accessibility:

- Our excursions are designed to be inclusive and accessible to all participants, including those with disabilities. We ensure that the venues we visit are accessible and that all activities can be adapted to accommodate different abilities. Our staff are trained to provide the necessary support to ensure that every participant can fully enjoy and benefit from the experience.

8 Post-Excursion Reflection and Learning:

- After each excursion, participants engage in reflection sessions where they can discuss their experiences, share what they've learned, and ask any remaining questions. These sessions help consolidate the knowledge gained during the excursion and provide a platform for participants to express their thoughts and feelings about the experience.

9 Ongoing Education and Support:

- To extend the learning beyond the excursions, participants are provided with educational materials and resources to further explore the Five Domains of Animal Welfare. We also offer follow-up workshops and discussions to deepen their understanding and apply the concepts to their own interactions with animals.

Group Excursions offer a unique blend of education, adventure, and connection to the natural world. By participating in these excursions, individuals gain practical knowledge about animal welfare, experience the joy of interacting with animals, and build lasting memories in a supportive and inclusive environment. Whether it's visiting a wildlife park, exploring a farm, or learning about rescue work in shelters, these excursions are

designed to inspire and educate participants while promoting a deeper understanding of the importance of animal welfare.

Customised Schedules: Tailored Excursion Experiences for Maximum Impact

Program Overview:

1. Participant-Centered Planning:

- We start by understanding the individual needs and preferences of each participant. This includes considering factors such as physical abilities, learning styles, and specific interests in animal species or welfare topics. By gathering this information, we can design a schedule that maximizes each participant's engagement and enjoyment.

2. Collaboration with Wildlife Parks and Facilities:

- We work closely with wildlife parks, farms, shelters, and other facilities to understand their offerings, schedules, and any unique opportunities they may provide. This collaboration allows us to align the excursion itinerary with the specific features of each venue, ensuring that participants have access to the most relevant and exciting experiences.

3. Flexible Itineraries:

- Our customised schedules are flexible, allowing for adjustments based on real-time factors such as weather, participant energy levels, and unexpected opportunities. This flexibility ensures that each excursion remains enjoyable and stress-free, adapting to the dynamic nature of both the participants' needs and the facility's environment.

4. Personalized Experiences:

- Each excursion is tailored to create a personalised experience for participants. This might include special access to certain areas, one-on-one interactions with animal carers or trainers, or participation in unique activities that align with the participant's interests. By customising these elements, we ensure that each participant finds the experience meaningful and memorable.

5. Focus on Individual Goals:

- The customised schedule takes into account the individual goals of the participants, whether it's learning about a specific aspect of animal welfare, developing a connection with nature, or simply enjoying a day of relaxation and observation. We structure the day to help participants achieve these goals, providing a sense of accomplishment and fulfillment.

7. Balancing Education and Recreation:

- Our schedules strike a balance between educational content and recreational activities. We ensure that participants have time to learn and engage with the Five Domains of Animal Welfare, while also enjoying the leisure aspects of the excursion, such as exploring natural settings, observing animals in their habitats, or participating in fun activities.

8 Inclusivity and Accessibility:

- The customized schedules are designed to be inclusive and accessible. We make sure that all planned activities are suitable for participants with varying levels of physical or cognitive abilities. This includes arranging for accessible transportation, ensuring easy access to facilities, and adapting activities to meet the needs of all participants.

9 Regular Feedback and Adjustments:

- We continuously gather feedback from participants and facility staff throughout the excursion. This feedback is used to make any necessary adjustments to the schedule on the spot, ensuring that the experience remains positive and aligned with the participants' expectations and needs.

10 Follow-Up and Reflection:

- After the excursion, participants are encouraged to reflect on their experiences. We provide opportunities for group discussions, individual reflections, and feedback sessions. This helps reinforce the learning objectives and provides valuable insights for planning future excursions.

11 Long-Term Engagement:

- We aim to create lasting relationships with both the participants and the facilities we visit. By maintaining ongoing communication and continuously refining our customised schedules, we ensure that each excursion builds on the last, offering progressively richer and more tailored experiences.

Customised Schedules ensure that every excursion is not only enjoyable but also deeply meaningful for each participant. By tailoring each experience to the specific needs and goals of the participants and the facilities, we create excursions that are educational, accessible, and memorable. Whether the focus is on learning, relaxation, or personal growth, our flexible and responsive approach guarantees a beneficial experience for all involved.

