



West Hartford Group, Inc.

OFFICE OF THE PRESIDENT

MICHAEL P. SIMONE, DC, CCSP

1111 1ST ST.,
FORT LUPTON, CO 80621
(303)833.2332

EMAIL: mike.simone@yahoo.com

WEBSITE:

www.simonephysicalmedicine.com

EDUCATION

- BS – WILLIAM & MARY COLLEGE VIRGINIA
- DC -- MAGNA CUM LAUDE, LOGAN COLLEGE OF CHIROPRACTIC, MO

PAST CHAIR • ACA BOARD OF GOVERNORS

PAST EXECUTIVE OFFICER • COLORADO CHIROPRACTIC ASSOCIATION

FELLOW • INTERNATIONAL ACADEMY OF MEDICAL ACUPUNCTURE

FORMER MAYOR • FIRESTONE, CO



October 24, 2017

Re: Press Release--For Immediate Release
ACA Choosing Wisely Campaign

The West Hartford Group, a think tank dedicated to promoting evidence-informed chiropractic medicine, has endorsed The Choosing Wisely® campaign -- an initiative of the ABIM Foundation and Consumer Reports® to encourage conversations between patients and their clinicians regarding appropriate tests and procedures.

To date, nearly 100 health care groups have participated in the Choosing Wisely® campaign to create lists identifying tests and procedures that evidence indicates may not always be necessary. The ACA is the first chiropractic group to join the campaign.

The ACA identified five tests and procedures provided by doctors of chiropractic that have the potential for over-utilization:

- 1) Spinal imaging (X-rays) for patients with acute low-back pain during the six weeks after the onset of pain in the absence of "red flags".
- 2) Repeat spinal imaging to monitor patients' progress.
- 3) Prolonged use of passive or palliative physical therapy treatment for low-back pain unless they support the goal(s) of an active treatment plan.
- 4) Long-term pain management without psychosocial screening or assessment for possible related psychological disorders, most notably depression and anxiety.
- 5) Lumbar supports or braces for the long-term treatment or prevention of low-back pain

In a letter to the ACA, West Hartford Group president Michael P. Simone D.C. wrote, "The West Hartford Group Board of Directors applauds the American Chiropractic Association for their contributions to and collaboration with the prestigious multidisciplinary Choosing Wisely initiative." President Simone further stated that the goals of the West Hartford group were in sync with those of the initiative as well as the American Chiropractic Association to limit unnecessary medical tests, treatments and procedures. For more information about West Hartford Group, please visit: <http://www.westhartfordgroup.com>

Michael P. Simone, DC, CCSP
President
West Hartford Group, Inc.
2320 Nott Street E, #9042
Schenectady, NY 12309-9042
Phone: (518) 786-3649
info@westhartfordgroup.com