

#DECENTHUMAN

RACIAL EQUALITY: HOW TO BE AN INFORMED ALLY

(NOT JUST A WELL-MEANING BYSTANDER)

START HERE

This guide is a first step in your education on racial inequality.

Remember, this is sticky stuff. If it feels uncomfortable, you're probably doing it right.

WATCH THIS

Deconstructing White Privilege with Dr. Robin DiAngelo

BONUS: Read this essay from the book "White Fragility: Why It's So Hard for White People to Talk About Racism"

SEE "13TH"

Ava DuVernay explores race, justice, and mass incarceration in America

Did you know: Slavery is still LEGAL in America. It's in our Constitution and is a multi-billion dollar industry.

LEARN

The history of racism within the U.S. police department goes back centuries.

This article outlines the history and culture of racial bias and abuse inherent in America's policing system.

MEET JANE ELLIOTT

Explore her groundbreaking work here.

Be sure to take this quiz.

"I AM COMMITTED TO DISMANTLING RACISM IN MYSELF, MY COMMUNITY AND THE SYSTEM."

-A DECENT HUMAN

TAKE 5 MIN

Generational oppression is an important part of systemic racism.

This quick video breaks it down.

FOLLOW

Support these organizations on social media + join their email lists.

Color of Change

NAACP

Black Lives Matter

VOTE

Follow the voter guides provided by the NAACP.

If you're not registered to vote, do so here.

SHARE

Spread the word! Share this guide with friends, family, and colleagues.

The societal healing process will take time, and it will also take people -- families, companies, and communities.

BE PATIENT

With yourself (and others).

It's not your fault you didn't know all this stuff. Most of the planet has been colonized, so we all have to decolonize our minds.

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P.S. KEEP UP THE GOOD WORK!

--GINA & ADRIANE

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