



Contact Information:  
 702-232-1524  
 ftcc.nv@gmail.com  
 10670 S Maryland Pkwy Suite 135  
 Henderson, NV 89052

## ***KICKBOXING TRAINING SCHEDULE***

Monday: 9am-10:30am & 4pm-8pm  
 Tuesday: 9am-10:30am & 2:30pm-8pm  
 Wednesday: 4pm-8pm  
 Thursday: 9am-10:30am & 2:30pm-8pm  
 Friday: 9am - 10:30am & 2:30pm-8pm  
 Saturday: 9am-11:30am  
 Sunday: 9am-12:30am

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30pm - 7:30pm		Kickboxing Teens & Adults		Kickboxing Teens & Adults	Kickboxing Teens & Adults		
FTCC PARTICIPATION WAIVER MUST BE SIGNED PRIOR TO TRAINING 2-DAY TRY OUT IS AVAILABLE FOR ALL PROSPECTIVE MEMBERS							