



Contact Information:
 702-232-1524
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 10670 S Maryland Pkwy Suite 135
 Henderson, NV 89052

WRESTLING TRAINING SCHEDULE

Monday: 9am-10:30am & 4pm-8pm
 Tuesday: 9am-10:30am & 2:30pm-8pm
 Wednesday: 4pm-8pm
 Thursday: 9am-10:30am & 2:30pm-8pm
 Friday: 9am - 10:30am & 2:30pm-8pm
 Saturday: 9am-11:30am
 Sunday: 9am-12:30am

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00am - 11:30am							Club Wrestling All Ages
2:30pm - 4:00pm		Boys Wrestling High School		Boys Wrestling High School	Boys Wrestling High School		
4:00pm - 5:00pm	Little Kids Wrestling Ages 4-7		Little Kids Wrestling Ages 4-7				
4:00pm - 5:30pm		Youth Boys Wrestling Ages 8+		Youth Boys Wrestling Ages 8+	Youth Boys Wrestling Ages 8+		
		Girls High School & Youth Wrestling		Girls High School & Youth Wrestling	Girls High School & Youth Wrestling		

**FTCC PARTICIPATION WAIVER MUST BE SIGNED PRIOR TO TRAINING
 WRESTLERS MUST HAVE AN ACTIVE USA WRESTLING CARD OR SIMILAR TO COMPETE
 2-DAY TRY OUT IS AVAILABLE FOR ALL PROSPECTIVE MEMBERS**