**COUNSELLING FEEDBACK QUESTIONNAIRE**

It would be very much appreciated if you could take a few minutes to complete and return this form. Your feedback about counselling is very important as it not only provides you with an opportunity to give your views about your overall experience, but it also helps me to develop my practice and my own professional development.

***Please indicate which response best describes your experience.***

1. The Azure Dragonfly website was easy to use and provided the information I needed.

Agree [ ]  Neutral/Did not use website [ ]  Disagree [ ]

1. Communication with my counsellor was easy and replies were timely.

Agree [ ]  Neutral [ ]  Disagree [ ]

1. I had no problems accessing sessions online or, if I did, these were dealt with quickly and efficiently by my counsellor.

Agree [ ]  Neutral [ ]  Disagree [ ]

1. I found emails reminding me about my upcoming bookings helpful.

Agree [ ]  Neutral [ ]  Disagree [ ]

1. I felt able to say what I needed to during sessions without fear of judgement.

Agree [ ]  Neutral [ ]  Disagree [ ]

1. I felt actively listened to in counselling sessions.

Agree [ ]  Neutral [ ]  Disagree [ ]

1. I felt my counsellor tried to understand my experiences from my point-of-view.

Agree [ ]  Neutral [ ]  Disagree [ ]

1. I felt that my counsellor focused on whatever was in my best interests during each session.

Agree [ ]  Neutral [ ]  Disagree [ ]

1. I felt that my original issue was discussed and explored to my satisfaction.

Agree [ ]  Neutral [ ]  Disagree [ ]

1. I found counselling sessions helpful.

Agree [ ]  Neutral [ ]  Disagree [ ]

1. Is there any other information you would like to feed back about your counselling experience?

Please also use this space if you would like to expand on any of your previous answers.

1. Would you like to leave **an anonymous** recommendation for inclusion on the Azure Dragonfly website/advertising/social media?

***THANK YOU FOR COMPLETING THIS QUESTIONNAIRE.***

PLEASE NOTE: IF AT ANY POINT IN THE FUTURE YOU FEEL YOU WOULD BENEFIT FROM A SINGLE APPOINTMENT (either for an update, or to explore a particular issue), AZURE DRAGONFLY OFFERS ONE-OFF CHECK IN SESSIONS FOR CLIENTS WHO HAVE PREVIOUSLY COMPLETED COUNSELLING.

SEE THE AZURE DRAGONFLY WEBSITE FOR FURTHER INFORMATION OR TO BOOK AN APPOINTMENT.

**Many thanks and warmest wishes,**

**Jacqui**