

# My Dogs Gym Class Calendar- FALL 2021

**Live classes:** 1265 Summer St. NE, Salem More information how to find us on website.  
 You will park behind the house in the church parking lot close along the alley side.

Mon	Tues	Wed	Thu	Fri	Sat
	<b>10 am</b> Star Dog Lori  <i>Starts Oct 26</i>	<b>9 am</b> Scent Work Inter. Judi  <i>Starts October 13</i>	<b>8 am</b> Life Skills/Pet Therapy Nancy  <i>Ongoing, instructor permission</i>		<b>9 am</b> Beyond Zen Nancy  <i>Ongoing, instructor permission</i>
<b>430 pm</b> Scent Work Advanced  <i>Class full</i>	<b>11 amg</b> Star Dog/Life Skills* Lori  <i>Starts Oct 26</i>	<b>11 am</b> Scent Work Starter Judi  <i>Starts October 13</i>	<b>9 am</b> Beyond Zen Nancy  <i>Ongoing, instructor permission</i>		<b>10 am</b> Life Skills Nancy  <i>Ongoing, instructor permission</i>
<b>630 pm</b> Scent Work – Starter. Judi <i>Starts Oct 11</i>		1 pm Scent Work – Advanced Judi <i>Starts October 13</i> <i>Starts October 6</i>  Ongoing instructor	<b>10 am</b> Pet Therapy Skills Nancy  <i>Ongoing, instructor permission</i>		<b>11 am</b> Star Dog* Lori <i>Starts Oct 26</i> ----- <b>Noon</b> Star Dog/Life Skills* Lori
<b>730 pm</b> Scent Work Intermediate Judi <i>Starts Oct 11</i>			<b>11 am</b> Dog Sport Medley Nancy  <i>Ongoing, instructor permission</i>		<b>1 pm</b> Spring to Zoom Nancy
	<b>Note: Some classes combine Zoom lessons with live, socially distanced classes</b>		Pet Partner Therapy Dog assessments in late November see PP website for class listing		<i>Updated 10/1/2021</i>

\* **Gym Classes** email request to enroll to [rainspring.mdg@gmail.com](mailto:rainspring.mdg@gmail.com) or leave a message at 971-239-5518

## **Gym classes**

**Cost:** Star Dog 6-week sessions for \$120. Make up lessons at instructor discretion. Classes are limited to 4 students in 45-minute sessions.

Classes after Star Dog may be paid in **monthly installments** \$80/month one class, \$110/month one person (2 dogs) for first two classes

**Sign up & pay** for classes on the gym website, classes page: [www.mydoggym.com/classes](http://www.mydoggym.com/classes).

**Zoom to Zen** uses operant and classical conditioning to teach your dog to relax and build the strong training bond needed for precise, controlled movement together. Currently meets on Zoom in one-hour lessons, pricing as above. ***Instructor permission required***

**Star Dog** – our beginning class for dogs and puppies. In this class you will build the basic skills of leash walking, come, sit, down, settle, touch, and a trick or two. This class qualifies for the AKC Star Puppy upon completion of coursework and test. First class is orientation and is done without your dog unless directed otherwise by instructor.

**Good Citizen & Rally** Building on skills started in Star Dog, these classes build dog behaviors and human education to be successful earning AKC Good Citizen certifications and Rally Obedience titles.

**Life Skills** – Building on skills started in Star Dog, this class leads to behaviors needed for a lifetime of living in a Human world with you.

**Dog Sport Medley** – Building on skills started in Star Dog we introduce you and your dog to a variety of dog sport equipment and skills.

**Scent Work** – a fun activity and sport for every dog. Build teamwork and learn to read your dog's behavior as it searches for specific odors for reward. We introduce all AKC Scent Work elements including containers, buried, interior, exterior, and handler discrimination using four specific essential oil odors used in tests.

Check website [www.mydoggym.com](http://www.mydoggym.com) for most current schedule.

**What's next?** Go to website, classes tab for most current schedule and a link to register for classes. You'll also find a sheet on how to find us.