

SETTING LIMITS

Register
Here



Saturday, January 20, 2024

HST 8am-2:30 pm

PST 11 am-5:30 pm

EST 2pm-8:30pm

Cost: \$299/Attendee

Special Choose Aloha Rate: \$199

The Setting Limits Program Interactive Workshop for Educators, Para Educators & Administrators

In one day, you'll learn proven techniques for teaching classroom rules and procedures, and how to follow through with logical consequences.

TRAUMA BASICS for SUCCESS

- * Gain foundational understanding of the social neuroscience of trauma, ACEs, and toxic stress
- * Develop a basic understanding of the Triune Brain and levels of fear response and the effects on behavior
- * Practice evidence-based strategies to help students develop emotional regulation skills and techniques to calm the fear response
- * Develop an understanding of the importance of limit-setting and effective discipline to help address the needs of these students

CREATING STRUCTURE THAT WORKS

- * Planning Structure Before Students Arrive: Be Prepared, Be Organized, Be Ready
- * Defining Basic Rules, Expectations, and Student Responsibilities
- * Teaching Procedures

HOW CHILDREN LEARN OUR RULES

- * Why Teaching and Learning Break Down
- * Limit-Testing and Why Limits are Important

Lisa MacKenzie, M.Ed. has spent her entire 30+ years working with the most vulnerable students and completed 100's of life-changing workshops with Educators. She has taught Pre-K through High School and graduate students in the teaching credential program in Sacramento. Lisa holds credentials and certifications in Special Education, Autism, Trauma, and Mindfulness. In addition, she is a Certified Behavior Specialist, a Certified Trauma and Resiliency Practitioner, and Co-Author of the best-selling book, *Setting Limits in the Classroom* (Penguin Random House). Lisa travels internationally to teach parents and teachers the Setting Limits approach.

Kim Harrison, MA, M.Ed. is a certified Setting Limits facilitator. She has taught elementary and middle school levels and is a school counselor who specializes in social and emotional learning. Her journey reflects her unwavering dedication to promoting holistic development and creating a positive impact in the lives of learners of all ages. Kim is also a program developer, curriculum writer, and presenter for the Choose Love Movement.

SETTING LIMITS



Client Testimonials



~**Catherine Bozzini**

**Director of Elementary Education
Vacaville Unified School District**

Implementing the "Setting Limits in the Classroom" approach marked a transformative turning point for our school. With everyone aligned in our efforts, we witnessed a remarkable transformation. Suspensions decreased, test scores improved, staff morale soared, and our students thrived. Over a span of four years, we transitioned from an underperforming school to an honorable mention California Distinguished School. Our heartfelt thanks to Lisa and Rob for their pivotal role in our success.

The Setting Limits Program for Classroom Management & Discipline

A trauma-sensitive "balanced" approach to child guidance and discipline that provides educators with the tools they need to be firm and respectful at the same time. Educators learn a clear and effective classroom management and discipline model that works across the personalities present in a classroom.



~**Nancy B**

High School Teacher, CT

Everything presented in this course was edifying! I was able to immediately apply the lessons into my classroom the following week.



N. B.

**Fourth Grade Teacher,
Title 1 School, CA**

Even as a veteran teacher of 18 years, it is useful to be reassured that your classroom management practices are on point and to learn how to become even better. This training does a lot to help teachers of all levels of experience learn how to handle challenging behavior from even the most "aggressive testers".

- Spend more time teaching and less time disciplining
- Get your students to be more cooperative and responsible
- Add energy to your passion for teaching.

***Based on the works of the International Best-Selling Author,
Dr. Robert J. MacKenzie, Ed.D.***

Setting Limits in the Classroom is research-based with proven methods that have helped tens of thousands of Educators across the US and the world.