



YOU DID  
IT!

Questions  
&  
Answers

# RAMADAN 2019 10 MIN DAILY QUIZ CHALLENGE

Congratulations for completing the daily 10-minute challenge everyday this Ramadan. We hope and pray that this was a fun, beneficial and learning experience for you. Here are all questions and answers for this year's challenge.

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## DAY 1

**Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.**

REMINDER: IT HAS BEGUN, BUT WHY?

Why are you fasting for 30 days?

Is it really for Allah ﷻ?

This is the question that needs to be asked before we do anything.

If it is not for Allah ﷻ, then not only will it be a waste of time and effort, but we may actually get further away from Allah ﷻ by doing it for other than His sake.

Ask yourself do humans really matter when it comes to my heart? Or is it only Allah ﷻ that matters? Is What I am doing pleasing to Him alone or not?

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"Allah does not impose blame upon you for what is unintentional in your oaths, but He imposes blame upon you for what your hearts have earned. And Allah is Forgiving and Forbearing." (2:225)

"Say, "Indeed, my prayer, my rites of sacrifice, my living and my dying are for Allah, Lord of the worlds." (6:162)

*Hadith*

It is narrated on the authority of Amirul Mu'minin, Abu Hafs 'Umar bin al-Khattab (ra) who said:

I heard the Messenger of Allah (ﷺ) say: "Actions are (judged) by motives (niyyah), so each man will have what he intended. Thus, he whose migration (hijrah) was to Allah and His Messenger, his migration is to Allah and His Messenger; but he whose migration was for some worldly thing he might gain, or for a wife he might marry, his migration is to that for which he migrated." [Bukhari & Muslim; 40 Hadith Nawawi 1]

**Question 2: Guess Who?**

His father wasn't there to support him, nor was his mother. Time could easily have forgotten them, like it forgot trillions of others, without even the slightest mention. None of this would have happened if not for one special night in a cave. He was the greatest creation of Allah ﷻ to walk this planet. He spent his life inviting human souls to turn their heart back to Allah ﷻ. His name continues to be mentioned in the heavens and earth. No messenger of God will have more followers than him on the day of Repayment. All because of his focus on his mission to purify himself and to guide others to purify themselves.

**Answer:**

Rasool Allah ﷺ

**Question 3: What does the Quran tell us about this?**

What is the best provision Allah ﷻ told men to take with them while on a pilgrimage? (Hint: look at Surah Al-Baqarah 2:196-201)

**Answer:**

Taqwa (fear of Allah ﷻ) / Right conduct – (2:197)

## DAY 2

**Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.**

REMINDER: LOOK UP. WAY UP.

When it comes to materialistic world, one should look to those who have less than them in order to be thankful to Allah ﷻ for what He has given us.

However, when it comes to that which is with Allah ﷻ, one MUST look to those who were higher so that they can strive to attain it.

As a sage said, "Always look to the stars! For you may never reach their lofty status, but in the darkness of the ocean, those stars will guide your way home!"

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"And do not extend your eyes toward that by which We have given enjoyment to [some] categories of them, [its being but] the splendor of worldly life by which We test them. And the provision of your Lord is better and more enduring." (20:131)

*Hadith*

It was narrated from 'Abdullah bin 'Amr bin 'As that the Messenger of Allah (ﷺ) said: "He has succeeded who is guided to Islam and is granted sufficient provision and is content with it." (Sunan ibn Majah: English reference: Vol 5, Book 37, Hadith 4138)

**Question 2: Guess Who?**

In Makkah, she was one of the wealthiest in business, sending out caravans and hiring men to manage the sales. Twice married, many had asked for her hand in marriage. She had all the qualities one would hope for in a spouse. She would turn down the requests, until the day she met a man whose nobility and trustworthiness was known to all. She asked to marry him. He accepted.

She became the wife of RasulAllah ﷺ. On the night he met Jibreel alayhi salam, she was there wrapping him in blankets and comforting him. She was the first woman to accept Islam. One day, as Angel Jibreel sat with Allah's Messenger ﷺ, she came knocking and Jibreel told him to give her the blessed news of a palace in paradise.

**Answer:**

Khadijah bint Khowaylid RA

**Question 3: What does the Quran tell us about this?**

What attribute of Allah ﷻ does His beautiful name Al-Muta'ali describe? (Hint: look at Surah Ar-Rad 13:7-11)

**Answer:**

The All-Exalted – (13:9)

**DAY 3**

**Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.**

REMINDER: FASTING MAKES ME STRONGER

No matter how big our hopes are, we cannot achieve those dreams if we are tired and sapped of energy most of the time.

Lack of energy comes from not following the Sunnah of Allah's Messenger ﷺ with regards to his eating, sleeping and exercise habits.

One of the keys to maintaining spiritual and physical health is through fasting!

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"O mankind, there has to come to you instruction from your Lord and healing for what is in the breasts and guidance and mercy for the believers." (10:57)

### Hadith

It was narrated from Abu Hurairah that the Messenger of Allah (ﷺ) said: "Allah does not send down any disease, but He also sends down the cure." (Sunan ibn Majah; English reference: Vol. 4, Book 31, Hadith 3439)

### Question 2: Guess Who?

Successful, wealthy, and of high character. Before the revelation began, he was always the close friend of Allah's Messenger ﷺ.

Many successful and wealthy Arabs lived at his time, but he was destined to become something much more.

The first man to accept Islam. When he heard of the message, he did not ask a single question. He replied by bearing witness that there is no god but Allah, and that Muhammad ﷺ was His messenger.

He was with Rasul Allah ﷺ in the cave during the Hijra.

Upon the prophet's ﷺ death, he fought to bring the entire ummah back to their deen. May Allah ﷻ be pleased with him.

### Answer:

Abu Bakr RA

### Question 3: What does the Quran tell us about this?

What did the Prophet Yusuf AS tell his brothers when they asked for forgiveness for their wrongs? (Hint: look at Surah Yusuf 12:91-95)

### Answer:

This day let no one reproach you: Allah will forgive you, and He is Most Merciful - (12:92)

## DAY 4

### Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.

REMINDER: YOU CAN NEVER BE PERFECT

If perfection is your goal, then you have the lowest standards!

Why the lowest?

Because perfection cannot be achieved by any human being. Perfection belongs to Allah ﷻ alone!

Thus, if this is your standard, you will never achieve it, and then you will just give up. Instead, focus on what you are doing right, and keep growing that plant. And when, not if, when you do something wrong, something displeasing to Allah ﷻ, bounce back immediately in Tawbah to Allah. Quickly come back and make things better. Those kind of people, those who come back to Allah ﷻ the fastest, are the most blessed children of Adam AS.

### Answer:

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"And to Allah belong the best names, so invoke Him by them. And leave [the company of] those who practice deviation concerning His names. They will be recompensed for what they have been doing." (7:180)

"And [it is] an announcement from Allah and His Messenger to the people on the day of the greater pilgrimage that Allah is disassociated from the disbelievers, and [so is] His Messenger. So if you repent, that is best for you; but if you turn away - then know that you will not cause failure to Allah. And give tidings to those who disbelieve of a painful punishment." (9:3)

### Hadith

Abu Huraira reported Allah's Messenger (ﷺ) having said: By Him in Whose Hand is my life, if you were not to commit sin, Allah would sweep you out of existence and He would replace (you by) those people who would commit sin and seek forgiveness from Allah, and He would have pardoned them." (Sahih Muslim 2749)

**Question 2: Guess Who?**

A young girl growing up in Makkah. Her mother was Khadijah, RA, and her father was Allah's chosen one ﷺ. When she was 5 years old, her father came home to tell her that he had become a Messenger of Allah. By his side, although she was still a child, she followed his instruction and defended him again and again.

Her father ﷺ married her to Ali RA, who was only a few years older than her. Together the young couple gave birth to AlHassan and then later AlHussain, the grandsons of Allah's Messenger ﷺ. Her walk and speech reminded you of her father's ﷺ. Rasul Allah ﷺ said about her that she is the sayyidah of all women of paradise.

**Answer:**

Fatima bint Muhammad RA

**Question 3: What does the Quran tell us about this?**

What has Allah ﷻ created men and jinn for? (Hint: look at Surah Adh-Dhariyat 51:55-60)

**Answer:**

Allah has created men and jinn to worship and pray to Him. (51:56)

**DAY 5****Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.**

REMINDER: HOPE AND WORK FOR PARADISE

If one gets in their car and has no destination in mind, they will never arrive at the "nothing" in their mind.

You will never arrive if you don't know where you are going or take actions to get there.

Paradise is something that must be hoped for day and night. Those who enter Jannah are those who entered it 10000 times before they died. Because they hoped and prayed for it so much, they loved their lives striving towards it.

Envision yourself entering the highest level of Jannah! And now... work for it!

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"And whoever does righteous deeds, whether male or female, while being a believer - those will enter Paradise and will not be wronged, [even as much as] the speck on a date seed." (4:124)

"But whoever desires the Hereafter and exerts the effort due to it while he is a believer - it is those whose effort is ever appreciated [by Allah]." (17:19)

*Hadith*

It was narrated that Umm Habibah said: "Whoever prays twelve rak'ahs in a day, a house will be built for him in Paradise." (Sunan an-Nasa'i 1810)

It was narrated from Abu Sa'eed Al-Khudri that the Prophet (ﷺ) said: "A hand span in Paradise is better than the earth and everything on it."

**Question 2: Guess Who?**

He was one of the most harshest against the Muslims. Not only would he torture his servants, but he would volunteer to inflict punishment on others who had accepted the message of Islam. Because of the way he and others treated the Muslims, they had to leave their homes and family and possessions so that they could worship Allah in peace.

But who would have known?

The Prophet ﷺ made dua for his guidance and Allah ﷻ accepted. The day he became Muslim it was a conquest for the believers. After the death of Abu Bakr RA, he became the Khaleefah. His rule was blessed with mercy to humanity. Many of us are Muslims today because of the countries conquered under his rule. If you speak about him, you speak about justice. He was promised paradise.



**Answer:**

Umar ibn AlKhattab RA

**Question 3: What does the Quran tell us about this?**

In which month was the Quran revealed? (Hint: look at Surah Al-Baqarah 2:183-187)

**Answer:**

Ramadan (2:185)

**DAY 6****Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.**

REMINDER: HELLFIRE IS REAL

It is said that a person will do more to avoid pain than achieve pleasure.

Let's say you don't "feel" like working for Jannah. Well then, let's introduce ourselves to Hellfire. There are only two destinations.

Everything in life is a gift of Allah, it's not "ours". It is a test to see if we will truly be thankful to Allah, by doing what He commanded and staying away from what He forbade. All these commandments are meant to raise us to be humans in the greatest mold. Anything less is subhuman.

Paradise or Hellfire? Your choice.

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"O you who have believed, protect yourselves and your families from a Fire whose fuel is people and stones, over which are [appointed] angels, harsh and severe; they do not disobey Allah in what He commands them but do what they are commanded." (66:6)

*Hadith*

Ibn 'Umar reported Allah's Messenger (ﷺ) as saying:

When any one of you dies, he is shown his seat (in the Hereafter) morning and evening; if he is amongst the inmates of Paradise (he is shown the seat) from amongst the inmates of Paradise and if he is one from amongst the denizens of Hell (he is shown the seat) from amongst the denizens of Hell, and it would be said to him: That is your seat until Allah raises you on the Day of Resurrection (and sends you to your proper seat). (Sahih Muslim 2866a)

**Question 2: Guess Who?**

A young girl growing up in Makkah. Her father was wealthy and successful, but she saw him using all of that for the sake of Islam. On the day of Hijrah, she and her sister and her brother assisted Allah's Messenger (ﷺ) and their father to escape. She was very young.

She was wed to Allah's Messenger (ﷺ) and became his most beloved. She studied his home life intimately and became one of the most learned Muslims and narrators of hadith. There was a time when people in Madinah became suspicious about her, but Allah (ﷻ) revealed her innocence from above seven heavens. She was the mother of all believers RA.

**Answer:**

Aisha bint Abi Bakr RA

**Question 3: What does the Quran tell us about this?**

Name the first miracle which Allah (ﷻ) gave to Prophet Musa AS to perform. (Hint: look at Surah Al-Ar'af 7:104-108)

**Answer:**

His staff could turn into a serpent (7:107)

## DAY 7

### Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.

REMINDER: SOMEONE IS WATCHING ME

We tend to not disobey Allah "until" we think that no one is watching us. If only we knew.

The angels of Allah are watching us all the time, writing everything that we do.

Our very body parts that we use to obey or disobey are watching us and will testify on the Day of Repayment.

The earth that we walk on will bear witness to whatever we did on its back.

There is a book that records everything, small or large, that we do; if you read it you would be amazed!

And above all, Allah is looking down on us. You are not alone.

#### Answer:

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

#### *Ayah of Quran*

"And the record [of deeds] will be placed [open], and you will see the criminals fearful of that within it, and they will say, 'Oh, woe to us! What is this book that leaves nothing small or great except that it has enumerated it?' And they will find what they did present [before them]. And your Lord does injustice to no one." (18:49)

"Until, when they reach it, their hearing and their eyes and their skins will testify against them of what they used to do. And they will say to their skins, 'Why have you testified against us?' They will say, 'We were made to speak by Allah, who has made everything speak; and He created you the first time, and to Him you are returned.'" (41:20-21)

"When the two receivers receive, seated on the right and on the left. Man does not utter any word except that with him is an observer prepared [to record]." (50:17-18)

#### *Hadith*

It was narrated that Abu Sa'eed Al-Khudri said: "The Messenger of Allah [SAW] said: 'If a person accepts Islam, such that his Islam is good, Allah will decree reward for every good deed that he did before, and every bad deed that he did before will be erased. Then after that will come the reckoning; each good deed will be rewarded ten times up to seven hundred times. And each bad deed will be recorded as it is, unless Allah, the Mighty and Sublime, forgives it.'" (Sunan an-Nasa'i 4998)

### Question 2: Guess Who?

Everyone in Makkah absolutely adored him. He was successful in business, with the most upright of character.

When he became Muslim, there was no one to abuse him because of his noble status in society. But it was his own uncle that took it upon himself to inflict the punishment. Fleeing with his wife, he left his family, wealth and possessions in order to worship Allah in peace in Habasha.

Allah's Messenger ﷺ married him to his daughter. And when she passed away, he married her to his other daughter. With the wealth that Allah ﷻ granted him, he purchased the well of Roma and prepared the army of alUsrah. In both cases, he was promised paradise in return. One cannot read about sadaqah anywhere without reading about his example.

#### Answer:

Uthman ibn Affan RA

### Question 3: What does the Quran tell us about this?

What was the name of the city of the people of Ad? (Hint: Look at Surah Al-Fajr 89:1-7)

#### Answer:

Iram (89:7)

## DAY 8

### Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.

REMINDER: I WILL DO IT WHEN I FEEL LIKE. NOT.

Whatever good or bad happens in life, it happens by the will of Allah ﷻ.

We cannot just get up and be guided. Allah ﷻ has to grant us tawfeeq (favour) for that guidance.

When we attempt to come closer to Allah ﷻ, the doors of guidance are opened and come closer, faster, to us. But we must never forget that it is Allah ﷻ that allows this.

And if this heart we are seeking is in the hands of Allah ﷻ, then let's take a moment right now and pray that Allah ﷻ accepts this effort and grants us that nearness to Him, our Creator.

#### Answer:

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

#### *Ayah of Quran*

"He said, "O my people, have you considered: if I am upon clear evidence from my Lord and He has provided me with a good provision from Him... ? And I do not intend to differ from you in that which I have forbidden you; I only intend reform as much as I am able. And my success is not but through Allah . Upon him I have relied, and to Him I return." (11:88)

#### *Hadith*

Mu'awiyah (May Allah be pleased with him) reported: The Messenger of Allah said, "When Allah wishes good for someone, He bestows upon him the understanding of Deen." (Al-Bukhari and Muslim)

### Question 2: Guess Who?

A very young boy in Makkah. The cousin of Allah's Messenger ﷺ. Many children lived their lives in play and amusement, but not him. He was very close to Allah's Messenger ﷺ, and never bowed his head to any idols.

Before the age of 10, he heard the news that Allah ﷻ had chosen a Prophet from his family. He was the first amongst the youth to accept Islam. he grew to marry the daughter of Allah's Messenger ﷺ, Fatima, RA. Later in his life, he became the Khaleefah of the Muslimeen. Promised paradise, his leadership was an example of pure courage.

#### Answer:

Ali ibn Abi Talib RA

### Question 3: What does the Quran tell us about this?

What is the meaning of Allah ﷻ' s beautiful name of Al-Wali? (Hint: Look at Surah as-Ra'd 13:10-14)

#### Answer:

The Protector (13:11)

## DAY 9

### Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.

REMINDER: A BALANCING ACT

Do you know what happens to a car that has tires that aren't balanced?

The car crashes.

Or at the very least, it cannot go anywhere very fast.

The Arabic word for balance is 'Adl', also translated as justice! All our duties are important - family, business, studies, fitness, etc. In reality, when someone truly understands what Ibadah means, they will realize that in everything noble that one does, worship of Allah is found there. Think of 'ibadah' as something bigger. And enjoy.



**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

**Ayah of Quran**

"But among them is he who says, "Our Lord, give us in this world [that which is] good and in the Hereafter [that which is] good and protect us from the punishment of the Fire." (2:201)

"But seek, through that which Allah has given you, the home of the Hereafter; and [yet], do not forget your share of the world. And do good as Allah has done good to you. And desire not corruption in the land. Indeed, Allah does not like corrupters." (28:77)

**Hadith**

Narrated 'Aisha: Once the Prophet (ﷺ) came while a woman was sitting with me. He said, "Who is she?" I replied, "She is so and so," and told him about her (excessive) praying. He said disapprovingly, "Do (good) deeds which is within your capacity (without being overtaxed) as Allah does not get tired (of giving rewards) but (surely) you will get tired and the best deed (act of Worship) in the sight of Allah is that which is done regularly." (Sahih al-Bukhari, 43)

**Question 2: Guess Who?**

It was the son of AlWaleed, one of the strictest tyrants against the Muslims. When the drums of war against the Muslims began to beat, he was the leader of the disbelieving army. In the battle of Uhud, he saw the strategic mistakes some of the Muslims made and he capitalized on it. Over 70 companions of the Prophet (ﷺ) were killed shaheed that day.

Hamzah, the uncle of the Prophet (ﷺ), being one of them RA.

He accepted Islam and became a force for Allah (ﷻ), the sword of Allah (ﷻ). Never did he lose a battle, not before, nor after his Islam. When Abu Bakr RA sent him out in the apostate wars and then the subsequent battles in Iraq, he became the legend of what true Muslim leadership is all about. After all the battles he fought in, he passed away on his bed. He advised men to always be courageous for truly one never knows where they shall die.

**Answer:**

Khalid ibn Waleed RA

**Question 3: What does the Quran tell us about this?**

How does Allah (ﷻ) want us to spend out of our wealth? (Hint: Look at Surah al-Isra 17:27-30)

**Answer:**

We should neither be miser, nor spendthrifts (17:29)

**DAY 10****Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.**

REMINDER: TO GO UP. GO DOWN!

If anything on earth reaches a state of excellence, it is the promise of Allah (ﷻ) that He will bring it back down to earth. Nothing on earth remains in the pinnacle state. And because of that, whenever we get something, when it's our day to 'boast', we should instead humble ourselves to Allah (ﷻ).

Imagine what life would be like if we loved each other, thought that everyone else was better than us in some way, and truly sincerely sought to treat people good because we truly sincerely hoped for Allah (ﷻ)'s pardon.

Be humble. It feels so good.

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

**Ayah of Quran**

"And We have already sent [messengers] to nations before you, [O Muhammad]; then We seized them with poverty and hardship that perhaps they might humble themselves [to Us]." (6:42)

"And the servants of the Most Merciful are those who walk upon the earth easily, and when the ignorant address them [harshly], they say [words of] peace," (25:63)

#### Hadith

Abu Huraira reported Allah's Messenger (ﷺ) as saying: Charity does not in any way decrease the wealth and the servant who forgives Allah adds to his respect, and the one who shows humility Allah elevates him in the estimation (of the people). (Sahih Muslim 2588)

#### Question 2: Guess Who?

As a chief of Makkah, he stood in the face of anything that the Messenger of Allah (ﷺ) called to. When the Muslims fled to Habasha, fleeing because of the punishment Quraish inflicted upon them, he set out with a delegation to Habasha to bring them back.

Allah (ﷻ) guides whomever He wishes. He accepted Islam and became one of the guiding light leaders under the guidance of the Khulafaa'. Sent to North Africa, with seemingly small armies, he conquered country after country. If you are from North Africa, then this is one of the key man you must thank Allah (ﷻ) for. Only Allah (ﷻ) knows who shall be guided.

#### Answer:

Amr ibn Al'Aas RA

#### Question 3: What does the Quran tell us about this?

How much does Allah (ﷻ) want believers to spend out of their wealth in charity? (Hint: Look at Surah al-Baqarah 2:218-221)

#### Answer:

What is beyond their needs (2:219)

### DAY 11

#### Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.

REMINDER: KEEP HOPE ALIVE. ALWAYS.

If you lose hope, you've already lost.

The test of life is too hard for us to enter it wishy-washy.

Be confident, strong, and determined in seeking Allah (ﷻ)'s love, in seeking His paradise. This is what HE commands of us. It is not Allah (ﷻ) that wishes to see us thrown in to Hellfire. Shaytaan is the one that wishes that end.

Allah (ﷻ) wants us to be forgiven, wants us to be protected from Hellfire, wants for us to enter His paradise.

The question now is: what do we want? And what are we doing about it?

#### Answer:

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

#### Ayah of Quran

"O my sons, go and find out about Joseph and his brother and despair not of relief from Allah . Indeed, no one despairs of relief from Allah except the disbelieving people." (12:87)

"For indeed, with hardship [will be] ease. Indeed, with hardship [will be] ease." (94:5-6)

#### Hadith

On the authority of Abu Hurayrah (may Allah be pleased with him), who said that the Prophet (ﷺ) said: Allah the Almighty said: I am as My servant thinks I am (1). I am with him when he makes mention of Me. If he makes mention of Me to himself, I make mention of him to Myself; and if he makes mention of Me in an assembly, I make mention of him in an assembly better than it. And if he draws near to Me an arm's length, I draw near to him a cubit, and if he draws near to Me a cubit, I draw near to him a fathom. And if he comes to Me walking, I go to him at speed. (1) Another

possible rendering of the Arabic is: "I am as My servant expects Me to be". The meaning is that forgiveness and acceptance of repentance by the Almighty is subject to His servant truly believing that He is forgiving and merciful. However, not to accompany such belief with right action would be to mock the Almighty. It was related by al-Bukhari (also by Muslim, at-Tirmidhi and Ibn-Majah). (40 Hadith Qudsi, Hadith 15)

### Question 2: Guess Who?

An Abyssinian slave in Makkah. It was a society that paid no moral heed to the slave class. They were bought and sold and bought again. They were not considered to be of higher intellect and had no wealth of their own. And rarely were they able to marry. He was one of them.

After accepting Islam, he was tortured in a way that few people could comprehend how he survived. He only called on one assistance: Allah ﷻ. Abu Bakr RA freed him, and he migrated to Madinah. In Madinah, he became the Mu'adhdhin of Allah's Messenger ﷺ, calling people to prayer five times a day. The Prophet ﷺ once heard in a dream his footsteps in Paradise.

**Answer:**

Bilal ibn Abi Rabah RA

### Question 3: What does the Quran tell us about this?

Who were Lat, Mannat and Uzza? (Hint: Look at Surah an-Najm 53:19-23)

**Answer:**

They were the deities/ idols whom the pagans (the people of Makkah) used to worship before Islam (53:19)

## DAY 12

### Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.

REMINDER: IN GOD ALONE WE TRUST

Do you have full conviction that Allah ﷻ has the power to guide your heart to achieve its goal here?

If you are feeling a little doubtful, then silence the doubt, raise your hands, and make dua to Allah ﷻ to grant you the favor of achieving your heart's goal.

Trust in Allah ﷻ, following the footsteps of all the Messengers of Allah ﷻ, and Allah ﷻ will be all the strength you need.

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"O Prophet, sufficient for you is Allah and for whoever follows you of the believers." (8:64)

"And will provide for him from where he does not expect. And whoever relies upon Allah - then He is sufficient for him.

Indeed, Allah will accomplish His purpose. Allah has already set for everything a [decreed] extent." (65:3)

*Hadith*

'Umar bin Al-Khattab narrated that the Messenger of Allah (s.a.w) said: "If you were to rely upon Allah with the required reliance, then He would provide for you just as a bird is provided for, it goes out in the morning empty, and returns full." (Jami at-Tirmidhi 2344)

### Question 2: Guess Who?

He was from the aristocrats of Madinah. A chief, a leader, a noble. When he proposed to a family, they married him. If he requested something, the Madinan community followed. If he disliked something, everyone held their hands from it. It is power like this that normally blinds a person. But not in this case.

When Mu'adh RA came to Madinah to call people to Islam, he stood in his way. But after listening to the blessed da'wah of Mu'adh, he himself became Muslim and that night not every home in Madinah turned off their candles with the Shahadah in their hearts. He fought alongside the Prophet ﷺ and was killed shaheed in Madinah.

**Answer:**

Sa'd ibn Mu'aadh RA

### Question 3: What does the Quran tell us about this?

What did Allah ﷻ told Prophet Nuh AS to build? (Hint: Look at Surah Hud 11:35-40)

**Answer:**

An Ark/ Ship/ Boat under Allah's watchful eyes (11:37)

## DAY 13

### Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.

REMINDER: HOLD THAT TONGUE

The no. 1 reason that people enter Hellfire?

Open your mouth and stick out your tongue!

Our tongues are the no. 1 reason.

How could such a simple piece of flesh be so destructive?

It is the backbiting, the slander, the lies, the mocking of nations, the name calling, and on and on, that we indulge our tongues in. Let's watch our tongues today, and every day, and cultivate it to be a beautiful flower, only sweetness coming from it. And if there nothing sweet to be said, then ... silence.

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"Man does not utter any word except that with him is an observer prepared [to record]." (50:18)

*Hadith*

Ibn Mas'ud (May Allah be pleased with him) said: The Messenger of Allah (ﷺ) said, "A true believer does not taunt or curse or abuse or talk indecently." (Riyad as-Salihin, Book 18, Hadith 1734)

### Question 2: Guess Who?

Her mother was praying for a boy. But when she gave birth to her, she did not lose hope. She placed her trust in Allah ﷻ and prayed that Allah ﷻ would protect her daughter and her offspring from the accursed Shaytaan.

She grew up as a shining light of modesty and worship of Allah ﷻ. And it was her that Allah ﷻ chose to carry in her womb, his Messenger: Eesa AS.

She was given the glad tidings of a son even though no man had touched her. This was the will of Allah ﷻ. Her son Eesa AS spoke in the crib declaring his mission as Messenger of Allah. Although many women lived at her time, it was she that became one of the most God-fearing women to walk this earth. May the peace of Allah be upon her and her son.

**Answer:**

Maryam (Mary) RA

### Question 3: What does the Quran tell us about this?

What is the meaning of Allah ﷻ' name Al-Musawwir? (Hint: Look at Surah al-Hashr 59:21-24)

**Answer:**

The Shaper (59:24)

## DAY 14

**Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.**

REMINDER: SKIP THE GRUDGES

"Just as I, had I been the one to make the mistake, would wish to be forgiven, I forgive you."

This is one of the most powerful rockets to Jannah. Going to sleep at night without harboring any grudges or grievances against your Muslim brothers and sisters. I forgive you for the sake of Allah ﷻ. And I pray that Allah ﷻ will forgive me too. The snake bite doesn't kill, it is the venom that seeps through the blood that kills. Don't let that venom of grievance seep through your blood. Forgive people, for your own happiness is on the line.

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"And let not those of virtue among you and wealth swear not to give [aid] to their relatives and the needy and the emigrants for the cause of Allah, and let them pardon and overlook. Would you not like that Allah should forgive you? And Allah is Forgiving and Merciful." (24:22)

*Hadith*

Narrated Abu Huraira: The Prophet (ﷺ) said, "There was a merchant who used to lend the people, and whenever his debtor was in straitened circumstances, he would say to his employees, 'Forgive him so that Allah may forgive us.' So, Allah forgave him." (Sahih al-Bukhari 2078)

**Question 2: Guess Who?**

One often hears of what Khalid ibn AlWaleed did in the battle of Uhud. But we do not often hear about him who equally shared in that turnaround. He was the son of the one who was known as the Fir'own of this Ummah. He fought long and hard against the Muslims, many of whom died at his hands. During the conquest of Makkah, the command was given that he was to be executed.

He fled Makkah. After fleeing Makkah, his wife interceded for him. He came to Allah's Messenger ﷺ as a Muhajir and a Mujahid. He swore that he would spend twice as much in Islam as he did against it, and that he would fight twice as hard. He kept his promise. In the battle of Yarmook, he was one of the top Muslim generals to carry the Muslims to victory. He was killed shaheed. Only Allah ﷻ knows who will be guided.

**Answer:**

Ikrimah ibn Abi Jahl

**Question 3: What does the Quran tell us about this?**

Who was the father of the Prophet Yaqub or Jacob AS? (Hint: Look at Surah al-Baqarah 2:128-133)

**Answer:**

The Prophet Ishaq or Issac AS (2:133)

## DAY 15

**Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.**

REMINDER: THE EMANRUSH ZONE

Have you ever had a moment when you felt like your faith accelerated?

A time when you felt a rush to your mind and heart that caused tears, warm whispers or repentance, hair to stand and an overwhelming urge to prostrate to Allah ﷻ?

How sweet was that? Sweet!

That's the EmanRush zone, a zone that you want to return to again and again and again. It is a zone that you will need to be in when you die. Keep working your heart to put it in the zone, for true happiness in life is found here.

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"The believers are only those who, when Allah is mentioned, their hearts become fearful, and when His verses are recited to them, it increases them in faith; and upon their Lord they rely -" (8:2)

*Hadith*

It was narrated that Abu Darda' said: "Faith increases and decreases." (Sunan ibn Majah, Book 1, Hadith 79)

**Question 2: Guess Who?**

He was the king of Abyssinia. He and his bishops were Christians. The power he possessed would normally blind a person, as it did the king of Persia when he received the invitation of Islam, as well as the king of the Romans. But he was sincere in his belief in Allah ﷻ.

When the Muslims migrated to Abyssinia, a delegation from Makkah was sent out to hunt them and bring them back. They stood before him and pleaded their case. Upon hearing what they had to say about Eesa ibn Maryam AS, he began to weep. He gave protection to all the Muslims. When he died, Jibreel brought the news to Allah's Messenger ﷺ, and the sahabas prayer janazah over his absent body.

**Answer:**

An-Najaashee

**Question 3: What does the Quran tell us about this?**

What is the meaning of Laylat al-Qadr? (Hint: Look at Surah al-Qadr 97:1-5)

**Answer:**

The Night of Decree, which is equivalent to a thousand months. (97:3)

**DAY 16**

**Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.**

REMINDER: STRESS, THY NAME IS INGRATITUDE

Do you ever feel frustrated or stressed?

Is it because, perhaps, you are focused on yourself at the moment? Probably.

Focusing on oneself = stinginess = frustration = ingratitude to Allah ﷻ.

Instead of focusing on ourselves today, who don't we focus on others?

How is their health? How long have 'they' been waiting in line?

Maybe their perspective is something valid that I haven't considered before?

Whatever it is, stress comes from focusing on ourselves.

Happiness, on the other hand, comes from upright righteous character.

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"And if We give man a taste of mercy from Us and then We withdraw it from him, indeed, he is despairing and ungrateful." (11:9)



### Hadith

Narrated Ibn 'Abbas: The Prophet (ﷺ) said: "I was shown the Hell-fire and that the majority of its dwellers were women who were ungrateful." It was asked, "Do they disbelieve in Allah?" (or are they ungrateful to Allah?) He replied, "They are ungrateful to their husbands and are ungrateful for the favors and the good (charitable deeds) done to them. If you have always been good (benevolent) to one of them and then she sees something in you (not of her liking), she will say, 'I have never received any good from you.'" (Sahih al-Bukhari 29)

### Question 2: Guess Who?

Allah ﷻ had blessed him with so much beauty, unfathomable wealth and power. With all of that, he enslaved the children of Israel, murdered their children and spread corruption in the land. Even after all that he had done, there was always a chance for him to come back to Allah ﷻ. There was always a chance for the mercy of Allah ﷻ to encompass him. To him, Allah ﷻ sent His Messenger, Musa AS.

He disbelieved Musa AS and disobeyed Allah ﷻ. He gathered his court and declared himself to be the lord of his people. The punishment of Allah ﷻ rained down. Musa AS and Bani Israel were leaving the city, but he followed them with the intention to slaughter every man, woman and children amongst them. It was there at the sea that Allah ﷻ snatched him and punished him for everything.

**Answer:**

Fir'own

### Question 3: What does the Quran tell us about this?

Who are Kiraman Katibin? (Hint: Look at Surah al-Infitar 82:6-12)

**Answer:**

The angels who note our deeds (82:11)

## DAY 17

### Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.

REMINDER: ABUNDANCE, THY NAME IS SHUKR

Whenever there is a feeling of abundance, it tends to bring out the best in people to share.

When one feels like there isn't enough of something, it tends to bring out the miser within.

Ask yourself today, hasn't Allah ﷻ given me total abundance?

What can I share today? When the issue of 'sharing' comes up, just like when we were in grade school, when we were told to share, the fear of there not being enough would cause us to hold tightly.

Not so with Sadaqah.

The more we give, the more we shall receive.

That's Allah ﷻ's promise!

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"The example of those who spend their wealth in the way of Allah is like a seed [of grain] which grows seven spikes; in each spike is a hundred grains. And Allah multiplies [His reward] for whom He wills. And Allah is all-Encompassing and Knowing." (2:261)

"Those who spend their wealth in the way of Allah and then do not follow up what they have spent with reminders [of it] or [other] injury will have their reward with their Lord, and there will be no fear concerning them, nor will they grieve." (2:262)

"Indeed, the men who practice charity and the women who practice charity and [they who] have loaned Allah a goodly loan - it will be multiplied for them, and they will have a noble reward." (57:18)

### Hadith

Abu Huraira reported Allah's Messenger (ﷺ) as saying that Allah, the Most Blessed and High, said: O son of Adam, spend. I will spend on you. The right hand of Allah is full and overflowing and in nothing would diminish it, by overspending day and night. (Sahih Muslim 993 a)

### Question 2: Guess Who?

Most girls dream of marrying someone rich and famous. She was given to Fir'own as a wife. She bore no children, and so on the day a little baby boy washed up on her palace shore, she beseeched Fir'own to spare his life. He submitted. When the message of Musa AS was revealed, she believed in Allah ﷻ in the palace of a man who claimed that he was the lord, most high. For what she believed in, she was tortured until death. She had no one to turn to, except Allah ﷻ! And so she prayed, "My Lord, build a home for me beside you in Paradise. And save me from Fir'own and his deeds, and save me from the tyrants."

### Answer:

Aasiyah RA

### Question 3: What does the Quran tell us about this?

What should be the answers of the believers when Allah ﷻ and His Messenger ﷺ summon them? (Hint: Look at Surah an-Nur 24:48-52)

### Answer:

We hear and we obey (24:51)

## DAY 18

### Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.

#### REMINDER: FEAR OF ALLAH'S ANGER

Just as Allah ﷻ is the most Merciful, He is also the most severe in punishment.

This is not something that people like to focus on, but in order for a person to be saved, the hope in Allah ﷻ' Mercy must go hand in hand with massive fear of Allah ﷻ' punishment.

How many nations before us were destroyed by that which their own hands reaped? How many arrogant tyrants had their thrones taken away from them because of their decision to turn their backs on Allah ﷻ?

It's not a question of, "can Allah ﷻ do it?" He already has.

### Answer:

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

#### Ayah of Quran

"And fear a Day when you will be returned to Allah. Then every soul will be compensated for what it earned, and they will not be treated unjustly." (2:281)

"So that Allah will recompense every soul for what it earned. Indeed, Allah is swift in account." (14:51)

### Hadith

Narrated Anas: Whenever a strong wind blew, anxiety appeared on the face of the Prophet (fearing that wind might be a sign of Allah's wrath). (Sahih al-Bukhari 1034)

### Question 2: Guess Who?

His father governed one of the townships of the Persians. One frightful day, his tribe was attacked by the Romans. Most were killed. The rest sold into slavery. He was amongst the slaves. Sold in Constantinople, he intimately witnessed the injustice and corruption of the disbelieving society. Later in life he found his way to Makkah where he became very wealthy and successful.

He was one of the first people to believe in the Messenger of Allah ﷺ. When permission to migrate to Madinah was given, he was followed by a band from Quraish. They said, "You came to us with nothing and we made you rich, do you think we will let you take this wealth from us?" He replied, "If I tell you where the wealth is, will you allow me to continue my Hijrah?" He gave them the location and entered Madinah with nothing. He got the better of the deal!

**Answer:**

Suhayb Ar-Roomi RA

### Question 3: What does the Quran tell us about this?

Who is known as "Kalim Allah" or the one with whom Allah ﷻ spoke? (Hint: Look at Surah an-Nisa 4:162-166)

**Answer:**

The Prophet Musa AS (4:164)

## DAY 19

### Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.

REMINDER: IMPORTANT BUT NOT URGENT

Our lives boil down to how we spend our days, hours and minutes.

If we spend most of our time sleeping, eating, or entertaining ourselves, then a life without fulfillment is the only result. The key is to focus on the important things in life, those things that other people may not consider so 'urgent.'

Everything that Allah ﷻ and His Messenger ﷺ have asked us to do is important, but unfortunately for many people, it is not an urgent matter.

Pump up your heart by avoiding distractions and focus on what is truly important.

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"And I did not create the jinn and mankind except to worship Me." (51:56)

"The believers are only the ones who have believed in Allah and His Messenger and then doubt not but strive with their properties and their lives in the cause of Allah. It is those who are the truthful." (49:15)

*Hadith*

It was narrated from Abu Hurairah that: the Messenger of Allah said: "Every important matter that does not start with praise of Allah, is devoid (of blessings)." (Sunan ibn Majah; Book 9, Hadith 1969)

Narrated `Abdullah: We used to greet the Prophet (ﷺ) while he used to be in prayers, and he used to reply to our greetings. But when we came back from Najashi (the King of Ethiopia) we greeted him (while he was praying) and he did not reply to us. We said, "O Allah's Messenger (ﷺ)! We used to greet you in the past and you used to reply to us." He said, "Verily The Mind is occupied and busy with more important matter during the prayer." (So one cannot return One's greetings.) (Sahih al-Bukhari 3875)

### Question 2: Guess Who?

He was Christian and in his own words no one hated Allah's Messenger ﷺ more than him. It is truly Allah ﷻ alone who guides the hearts! He was an Arab chief, son of the famous Haatim at-Taa'i. His sister was captured in a battle and then subsequently freed by Allah's Messenger ﷺ. She met up with her brother and insisted that he join the Muslims.

He set out to meet with Allah's Messenger ﷺ. He saw the weak of the society speaking to him and he witnessed the simplicity of his life. He knew this was no king. The Prophet ﷺ promised him that a time would come when the treasures of Persia would belong to the Muslims. He became Muslim, and he lived the conquest of Persia.

**Answer:**

Adiyy ibn Haatim

**Question 3: What does the Quran tell us about this?**

How do believing men guard their modesty? (Hint: Look at Surah an-Nur 24:27-33)

**Answer:**

By lowering their gaze (24:30)

**DAY 20****Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.****REMINDER: FARD FOR OUR OWN GOOD**

There are steps one must take in order to be successful in this life and the next.

One of the fundamental flaws in self-help books is that there is nothing in it that is Fard. Sure, the authors 'encourage' actions, but there is no Lord to direct those souls.

Not so in our Deen.

When Allah ﷻ commands us to pray five times a day, anchoring our hours to Him, making it Fard upon us for our own good, He is training us to live the 'good' life (and life Hereafter).

Allah ﷻ is pure and only accepts those people who have purified themselves.

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"Does man think that he will be left neglected?" (75:36) (Neglected without being punished or rewarded for the obligatory duties enjoined by his Lord Allah SWT on him)

*Hadith*

On the authority of Abu Hurayrah (may Allah be pleased with him), who said that the Messenger of Allah (ﷺ) said: Allah (mighty and sublime be He) said: Whosoever shows enmity to someone devoted to Me, I shall be at war with him. My servant draws not near to Me with anything more loved by Me than the religious duties I have enjoined upon him, and My servant continues to draw near to Me with supererogatory works so that I shall love him. When I love him I am his hearing with which he hears, his seeing with which he sees, his hand with which he strikes and his foot with which he walks. Were he to ask [something] of Me, I would surely give it to him, and were he to ask Me for refuge, I would surely grant him it. I do not hesitate about anything as much as I hesitate about [seizing] the soul of My faithful servant: he hates death and I hate hurting him. It was related by al-Bukhari. (40 Hadith Qudsi, Hadith 25)

**Question 2: Guess Who?**

She was the best friend of the daughter of Allah's Messenger ﷺ. She was the older sister of Aisha RA who would later become Umm AlMu'mineen.

She was a young girl in Makkah and was one of the first people to follow Allah's Messenger ﷺ. During the Hijrah, she was honored for her assistance of Allah's Messenger ﷺ and her father. She was married to AzZubayr RA, the hawaree of Allah's Messenger ﷺ. Her son, Abdullah ibn Zubair was the khaleefah of the Muslims for a short period of time. She was a blessed mother, with the most noble characteristics of patience and strength.

**Answer:**

Asmaa' bint Abi Bakr RA

**Question 3: What does the Quran tell us about this?**

At what times does Allah ﷻ say children should ask permission before entering the rooms of elders? (Hint: Look at Surah an-Nur 24:54-59)

**Answer:**

Before the morning prayer, at noon time and after the late-night prayer (24:58)

**DAY 21****Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.**

REMINDER: DIRECTLY CONNECTED

Almost everywhere one goes these days, there is some sort of attack on the soul's chastity.

It might be a lewd magazine at the market, or not averting one's gaze in public or it might be an internet banner ad.

One must be extra vigilant to protect their heart.

Cupid is not a chubby angel that strikes the hearts of men. That is the Shaytaan.

Our glances are direct connections to our heart.

Avert the glance, and you've just supported a tree of Eman in your heart.

Indulge in the glance, and you are speared by Iblees.

Our own choice.

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"Tell the believing men to reduce [some] of their vision and guard their private parts. That is purer for them. Indeed, Allah is Acquainted with what they do. And tell the believing women to reduce [some] of their vision and guard their private parts and not expose their adornment except that which [necessarily] appears thereof and to wrap [a portion of] their headcovers over their chests and not expose their adornment except to their husbands, their fathers, their husbands' fathers, their sons, their husbands' sons, their brothers, their brothers' sons, their sisters' sons, their women, that which their right hands possess, or those male attendants having no physical desire, or children who are not yet aware of the private aspects of women. And let them not stamp their feet to make known what they conceal of their adornment. And turn to Allah in repentance, all of you, O believers, that you might succeed." (24:30-31)

*Hadith*

Narrated Sahl bin Sa'd: Allah's Messenger (ﷺ) said, "Whoever can guarantee (the chastity of) what is between his two jaw-bones and what is between his two legs (i.e. his tongue and his private parts), I guarantee Paradise for him." (Sahih al-Bukhari 6474)

**Question 2: Guess Who?**

He was from the tribe of Muzaynah. The Arabs had begun to enter into Islam and An-No'man was distressed why his tribe was delaying joining the Messenger of Allah ﷺ. So, having made up his mind, he and his 10 brothers and 400 horsemen from his tribe travelled together to Madinah to pledge allegiance to the Messenger of Allah ﷺ.

After the death of the Prophet ﷺ, he became one of the main Muslim generals. In the battles against Persia, when Umar RA heard of the battle swelling in Nahawand, Umar chose him to lead the Muslims. That day he said, "O Allah, grant nobility to Your Deen and assist Your slaves. And make me the first martyr today in the path of this Deen's nobility and the assistance of Your slaves." That day he was martyred.

**Answer:**

An-No'man ibn AlMuqarrin

**Question 3: What does the Quran tell us about this?**

How many springs gushed forth when the Prophet Musa AS struck the rock with his staff? (Hint: Look at Surah Al-Baqarah 2:58-62)

**Answer:**

12 springs (2:60)

**DAY 22****Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.**

REMINDER: IN TRAINING

The bigger the mission, the more one will have to prepare and train for it.

So if the biggest mission of our lives is to worship Allah ﷻ, then how do we train?

How did Allah's Messenger ﷺ train when Angel Jibreel came to him?

The answer: with prayers in the night: Qiyam ul-Layl.

There are few things on earth more valuable than to get up during the night, make wudu while others are sleeping, raise your hands, and begin worshipping your Creator.

Thank you O Allah ﷻ, for this gift.

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"O you who wraps himself [in clothing], Arise [to pray] the night, except for a little - Half of it - or subtract from it a little. Or add to it, and recite the Qur'an with measured recitation. Indeed, We will cast upon you a heavy word. Indeed, the hours of the night are more effective for concurrence [of heart and tongue] and more suitable for words. Indeed, for you by day is prolonged occupation. And remember the name of your Lord and devote yourself to Him with [complete] devotion. [He is] the Lord of the East and the West; there is no deity except Him, so take Him as Disposer of [your] affairs. And be patient over what they say and avoid them with gracious avoidance. And leave Me with [the matter of] the deniers, those of ease [in life], and allow them respite a little." (73:1-11)

*Hadith*

Abu Hurairah (May Allah be pleased with him) reported: The Messenger of Allah (ﷺ) said, "The best month for observing Saum (fasting) next after Ramadan is the month of Allah, the Muharram; and the best Salat (prayer) next after the prescribed Salat is Salat at night (Tahajjud prayers)." (Riyad as-Salihin, Book 9, Hadith 1246)

**Question 2: Guess Who?**

Her father was one of the main enemies of Allah's Messenger ﷺ. She accepted Islam and received physical torture in return. Determined, she would not recant her faith, they would have to kill her first. She was amongst those who fled to Abyssinia so that they may find peace to worship Allah ﷻ. Her husband left her and died soon after as a disbeliever. She was alone.

For 10 years, she lived in Abyssinia until the good news came: Allah's Messenger ﷺ offered to marry her! The band of Muslims living in Abyssinia held a waleemah for her and she soon joined Allah's Messenger ﷺ in Madinah.

**Answer:**

Ramlah bint Abi Sufyan RA

**Question 3: What does the Quran tell us about this?**

What does Allah ﷻ say when He decides to make a thing? (Hint: Look at Surah al-Baqarah 2:114-119)

**Answer:**

'Be' and it comes into existence (2:117)



## DAY 23

### Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.

REMINDER: WHO AM I

The purpose of Islam is to raise the human being to become the most noblest creation of Allah ﷻ.

Nobility comes from Taqwa and upright character.

Allah's messenger ﷺ lived the Quran every single day through his actions.

How much of the character taught in the Quran do we know?

And how much of that are we living on a daily and hourly basis?

The beautiful thing is that there is so much happiness that awaits in taking this path. Enjoy!

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"And We have enjoined upon man [care] for his parents. His mother carried him, [increasing her] in weakness upon weakness, and his weaning is in two years. Be grateful to Me and to your parents; to Me is the [final] destination. But if they endeavor to make you associate with Me that of which you have no knowledge, do not obey them but accompany them in [this] world with appropriate kindness and follow the way of those who turn back to Me [in repentance]. Then to Me will be your return, and I will inform you about what you used to do. [And Luqman said], "O my son, indeed if wrong should be the weight of a mustard seed and should be within a rock or [anywhere] in the heavens or in the earth, Allah will bring it forth. Indeed, Allah is Subtle and Acquainted. O my son, establish prayer, enjoin what is right, forbid what is wrong, and be patient over what befalls you. Indeed, [all] that is of the matters [requiring] determination. And do not turn your cheek [in contempt] toward people and do not walk through the earth exultantly. Indeed, Allah does not like everyone self-deluded and boastful. And be moderate in your pace and lower your voice; indeed, the most disagreeable of sounds is the voice of donkeys." (31:14-19)

*Hadith*

On the authority of an-Nawas bin Sam'an (may Allah be pleased with him), that the Prophet (peace and blessings of Allah be upon him) said: Righteousness is in good character, and wrongdoing is that which wavers in your soul, and which you dislike people finding out about. [Muslim]

And on the authority of Wabisah bin Ma'bad (may Allah be pleased with him) who said: I came to the Messenger of Allah (peace and blessings of Allah be upon him) and he (peace and blessings of Allah be upon him) said, "You have come to ask about righteousness." I said, "Yes." He (peace and blessings of Allah be upon him) said, "Consult your heart. Righteousness is that about which the soul feels at ease and the heart feels tranquil. And wrongdoing is that which wavers in the soul and causes uneasiness in the breast, even though people have repeatedly given their legal opinion [in its favour]." (40 Hadith Nawawi 27)

### Question 2: Guess Who?

He was from the tribe of Dows. When At-Tofayl RA became Muslim and returned to his tribe of Dows to inform them, he was one of the first to answer the call and travel with At-Tofayl to visit the Prophet ﷺ. He was single, without a wife or children, and his financial situation was destitute. Add to that, his own mother furiously cursed the Messenger of Allah ﷺ.

The Prophet ﷺ changed his name and later also prayed for his mother. That same day she became Muslim. He began narrating the sayings of Allah's Messenger ﷺ, so much so that he became the foremost narrator of hadith. Later in life, he was blessed with a wife, children and wealth and was appointed a governor at the time of Umar RA.

**Answer:**

Abush-Shams, later Abu Hurayrah RA

**Question 3: What does the Quran tell us about this?**

How should we reply to a greeting, when someone greets us? (Hint: Look at Surah an-Nisa 4:85-87)

**Answer:**

We should reply with a greeting even more courteous (4:86)

**DAY 24****Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.**

REMINDER: ITS ALL ABOUT CHARITY

When one thinks 'charity', what automatically comes to the mind is giving money.

While money is a fundamental part of charity, it is not the end all.

Charity is a much larger term that includes visiting the sick, speaking kind words to people, smiling in people's face, and so much more.

For every limb and joint in our body, every day, we must thank Allah ﷻ.

How do we thank Allah ﷻ?

Through the charity of just being outstanding with Allah ﷻ's creation. And in doing so, we would be winning Allah ﷻ' love.

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"And establish prayer and give zakah, and whatever good you put forward for yourselves - you will find it with Allah. Indeed, Allah of what you do, is Seeing." (2:110)

*Hadith*

Abu Dharr narrated that the Messenger of Allah said: "Your smiling in the face of your brother is charity, commanding good and forbidding evil is charity, your giving directions to a man lost in the land is charity for you. Your seeing for a man with bad sight is a charity for you, your removal of a rock, a thorn or a bone from the road is charity for you. Your pouring what remains from your bucket into the bucket of your brother is charity for you." (Jami at-Tirmidhi 1956)

**Question 2: Guess Who?**

His family was amongst the affluent of Makkah. Dressed in exquisite clothing, this handsome young man was admired by many. The expensive perfumes that he wore would linger in the air after he passed. In the midst of his youth and financial ability, he accepted Islam and became a Muslim.

Infuriated, when his mother heard the news that he became Muslim, she stripped him of everything. Physical torture was inflicted. After many years of this, he was sent to Yathrib as the "ambassador" of the Prophet ﷺ. Most of the Ansar became Muslim at his hands. He was martyred in Uhud and they did not have a garment long enough to cover his entire body.

**Answer:**

Mus'ab ibn Umayr RA

**Question 3: What does the Quran tell us about this?**

What concession does Allah ﷻ make to the ill and to people on a journey regarding the compulsory fasts of Ramadan? (Hint: Look at Surah al-Baqarah 2:183-186)

**Answer:**

They can complete the fasts later (2:185)

## DAY 25

**Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.**

REMINDER: UNTOUCHABLE

There are two weapons, if you use them, no one and nothing can harm your emotions.

They are: thankfulness and patience.

Patience, true patience, is that time, as soon as the calamity befalls, that someone holds back, and praises Allah ﷻ.

Immediately they are blessed with a calm that carries them through the calamity, a gift from Allah ﷻ. Not only is that moment blessed, but that which comes after it becomes even more blessed because of that patience.

Imagine life as a truly patient servant of Allah ﷻ.

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"And We will surely test you with something of fear and hunger and a loss of wealth and lives and fruits, but give good tidings to the patient," (2:155)

"O you who have believed, seek help through patience and prayer. Indeed, Allah is with the patient." (2:153)

"And be patient, for indeed, Allah does not allow to be lost the reward of those who do good." (11:115)

*Hadith*

It was narrated that Thabit said: "I heard Anas say: 'The Messenger of Allah said: True patience is that which comes at the first blow.'" (Sunan an-Nasa'i 1869)

Abu Sa'id and Abu Hurairah (May Allah be pleased with him) reported that the Prophet (ﷺ) said: "Never a believer is stricken with a discomfort, an illness, an anxiety, a grief or mental worry or even the pricking of a thorn but Allah will expiate his sins on account of his patience". (Riyad as-Salihin, Book 1, Hadith 37)

**Question 2: Guess Who?**

He was blessed with a privilege that many of the Ansar wished they had.

When the Prophet ﷺ came to Madinah, he let his camel to stop wherever it wished and there he would stay until his residence was built. The camel stopped at his home!

Even at the age of 80 years old, he participated in the conquests at the time of the Khulafaa'. In the battle against Constantinople, he was critically hit. He told the others, "I urge you to penetrate deeply into the territory of the enemy as far as you can go, carry me with you and bury me under your feet at the walls of Constantinople." And then he was martyred.

**Answer:**

Abu Ayyub Al Ansari RA

**Question 3: What does the Quran tell us about this?**

What did Allah ﷻ teach the Prophet Adam AS? (Hint: Look at Surah al-Baqarah 2:30-34)

**Answer:**

Allah ﷻ taught Adam AS the names/ nature of all things (2:31)

## DAY 26

**Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.**

REMINDER: IT JUST KEEPS GETTING BETTER

How do you take a good thing and make it better?

Answer: by being thankful to Allah ﷻ for it.

Thankfulness is the secret ingredient to happiness on earth and in the hereafter. If you want to enjoy it all, be thankful. Thankfulness isn't only an action of the tongue. Thankfulness is done in action as well: by following the commandments of Allah ﷻ, desiring nearness to Him, and keeping far away from that which Allah ﷻ forbade. Kufr, in its root meaning, means ungratefulness. It is the root of disbelief.

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]; but if you deny, indeed, My punishment is severe.' " (14:7)

*Hadith*

Narrated AbuBakrah: When anything came to the Prophet (ﷺ) which caused pleasure (or, by which he was made glad), he prostrated himself in gratitude to Allah. (Sunan Abi Dawud 2774)

Abu Hurairah (May Allah be pleased with him) reported: The Messenger of Allah (ﷺ) said, "Any matter of importance which is not begun with Al-hamdu lillah (praise be to Allah) remains defective." (Riyad as-Salihin, Book 14, Hadith 2)

**Question 2: Guess Who?**

He was tall and strikingly handsome. There were few who had the kind of respect and influence in Makkah like him. He was one of the first people to accept the message of Islam at the hands of Abu Bakr. He lived through all the torture and trials of life in Makkah. In Badr, his own father followed him everywhere to kill him. Yet it was he who killed his father. A very great test!

During Uhud, he lost his teeth in his attempt to extract the metal that pierced the face of Allah's Messenger. At the time of the Khulaafa, he was the ameer of the Muslim army in AsShaam. During the plague of Omwas, he was martyred. At the time of Umar RA's death, Umar RA said that had he been alive, he would have appointed him to be the next khalifa.

**Answer:**

Abu Ubaydah ibn AlJarrah RA

**Question 3: What does the Quran tell us about this?**

What is known as Isra? (Hint: Look at the Surah al-Isra 17:1-3)

**Answer:**

The night journey of the Prophet Muhammad ﷺ from the Kabah to Masjid al-Aqsa (17:1)

**DAY 27**

**Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.**

REMINDER: PEACE OF HEART

When people attempt to listen to music or watch TV, they are actually searching for one thing: peace of heart.

The music makes them sad, the TV scares and manipulates them.

True peace of heart is found in a beautiful book sitting there on your shelf: the Quran. In it is the stories of perished nations and prophecy of what is to come in the future. In it is hope for paradise and warning from hellfire. In it is contemplation of the heavens and earth, and all in between.

You are looking for peace, right? It is right here.

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"Those who have believed and whose hearts are assured by the remembrance of Allah. Unquestionably, by the remembrance of Allah hearts are assured." (13:28)

### Hadith

Narrated Abu Musa Al-Ash`ari: Allah's Messenger (ﷺ) said, "The example of a Believer who recites the Qur'an, is that of a citron which smells good and tastes good; And the example of a Believer who does not recite the Qur'an, is that of a date which has no smell but tastes sweet; and the example of a hypocrite who recites the Qur'an, is that of an aromatic plant which smells good but tastes bitter; and the example of a hypocrite who does not recite the Qur'an, is that of a colocynth plant which has no smell and is bitter in taste." (Sahih al-Bukhari 5427)

### Question 2: Guess Who?

Born to a fire-worshipping family, he ran away to join the Christians in AshShaam. From one Christian mentor to another, he served and learned the discipline of praying to God. Finally, the last of his mentors told him of a Prophet to soon come. He set out to find this Prophet, but on his way, he was sold into slavery. He was eventually sold to someone in Yathrib.

When the Messenger of Allah ﷺ, migrated to Madinah, he was ready. After seeing the truthfulness, he became Muslim. The Muslims assisted him in freeing him from slavery. When others would show off their lineage, he would say, "Islam is my father! I have no other father!" Known for his knowledge and wisdom, some say it resembled that of Luqman.

### Answer:

Salman AlFaarisi RA

### Question 3: What does the Quran tell us about this?

What does backbiting amount to/ equal to? (Hint: Look at Surah al-Hujurat 49:10-15)

### Answer:

It amounts to eating the flesh of the dead body of one's brother (49:12)

## DAY 28

### Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.

REMINDER: EAT MY DUST

Have you ever noticed how much humans love competition.

It is in our nature to compete. If there is nothing to compete in, we make up stuff just for enjoyment. But, in most competitions, the journey to the prize is often an empty ride.

Why not compete for the Hereafter?

Why not compete for the highest levels of Jannah, just like the Sahabah did?

Search today for people who seem to be awesome worshippers of Allah ﷻ, make friends with them, and then gleefully work on racing and beating them to Allah ﷻ!

### Answer:

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"And We have revealed to you, [O Muhammad], the Book in truth, confirming that which preceded it of the Scripture and as a criterion over it. So judge between them by what Allah has revealed and do not follow their inclinations away from what has come to you of the truth. To each of you We prescribed a law and a method. Had Allah willed, He would have made you one nation [united in religion], but [He intended] to test you in what He has given you; so race to [all that is] good. To Allah is your return all together, and He will [then] inform you concerning that over which you used to differ." (5:48)

### Hadith

Abu Hurairah (May Allah be pleased with him) reported: Some of the poor Emigrants came to Messenger of Allah (ﷺ) and said to him, "The wealthy have obtained all high ranks and everlasting bliss." He asked, "How is that?" They replied:

"They offer Salat as we do, and observe Saum (fasting) as we do, but they give in Sadaqah (charity) and we do not, and they emancipate slaves and we cannot." He (ﷺ) said, "Shall I not teach you something whereby you will catch up with those who have preceded you and will get ahead of those who follow you, and no one will surpass you unless he does the same as you do?" They said, "Surely, O Messenger of Allah." He said, "Say: Subhan Allah, and Allahu Akbar, and praise Him (by saying Al-hamdu lillah) thirty-three times at the end of every Salat." They returned to him and said: "Our brothers, the possessors of wealth, having heard what we are doing, have started doing the same." Messenger of Allah (ﷺ) said, "This is Grace of Allah which He gives to whom He wishes." [Al- Bukhari and Muslim]. (Riyad as-Salihin, Book 1, Hadith 573)

### Question 2: Guess Who?

Abu Bakr RA was his good friend. When he heard of the message of Islam, he trusted Abu Bakr RA's choice and became Muslim himself. His mother used to cry for assistance in punishing him for becoming a Muslim. He lived through all the trials that the Muslims endured in Makkah.

In the battle of Uhud, because of the way he defended the Prophet ﷺ, he was later known as the "living martyr." He was nominated at the time of Umar RA to be the next khalifa. After the death of Uthman, he felt so grieved that he said, "In what happened in the affair of Uthman, I did not think Allah would forgive me unless my blood was spilled in the path of avenging his blood." He was martyred in this path.

**Answer:**

Talha ibn Ubaydullah RA

### Question 3: What does the Quran tell us about this?

How should we walk on earth? (Hint: Look at Surah al-Isra 17:30-39)

**Answer:**

Not with insolence (disrespect/ rudeness/ haughtiness), but with humility (17:37)

## DAY 29

### Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.

REMINDER: FORGIVE ME

When some think of forgiveness, they think that it must come 'after' sin.

Not so.

The best time, actually, to ask for forgiveness is after a noble deed. Perhaps there were shortcomings in the deed.

Perhaps there was an intention that was not purely for Allah ﷻ. Seal the deed by beseeching Allah ﷻ' forgiveness.

This is what Allah's Messenger ﷺ did on the day he conquered Makkah.

How far You are, O Allah ﷻ, from imperfection; we did not worship You in a way befitting of your Majesty. Forgive us.

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"But those who committed misdeeds and then repented after them and believed - indeed your Lord, thereafter, is Forgiving and Merciful." (7:153)

"Except for those who repent, believe and do righteous work. For them Allah will replace their evil deeds with good. And ever is Allah Forgiving and Merciful." (25:70)

*Hadith*

Abu Musa Al-Ash'ari (May Allah be pleased with him) reported: The Prophet (ﷺ) said: "Allah, the Exalted, will continue to stretch out His Hand in the night so that the sinners of the day may repent, and continue to stretch His Hand in the



daytime so that the sinners of the night may repent, until the sun rises from the west". (Muslim) (Riyad as-Salihin, Book 1, Hadith 16)

Anas bin Malik Al-Ansari (May Allah be pleased with him) the servant of the Messenger of Allah narrated: Messenger of Allah (ﷺ) said, "Verily, Allah is more delighted with the repentance of His slave than a person who lost his camel in a desert land and then finds it (unexpectedly)". [Al-Bukhari and Muslim]. (Riyad as-Salihin, Book 1, Hadith 15)

### Question 2: Guess Who?

He was promised Jannah during his life. He became a Muslim two days after Abu Bakr RA. It was the Prophet (ﷺ) who changed his name. He was tortured physically in Makkah and because of that, was amongst the companions who fled to Abyssinia to worship Allah (ﷻ) in peace.

He returned in time to migrate with the Prophet (ﷺ) to Madinah. There he was offered half his Ansari brother's wealth, but he chose to build his own. His business flourished immensely. He fought in Badr and Uhud, matching both physical and financial. In the battle of Tabuk, he gave everything he owned. After the Prophet (ﷺ)'s death, he supported the wives of the Prophet (ﷺ) financially.

**Answer:**

Abdur Rahman ibn 'Owaf RA

### Question 3: What does the Quran tell us about this?

In what way should we say our prayer? (Hint: Look at Surah al-Isra 17:110-111)

**Answer:**

Neither loudly nor in a low tone but in between (17:110)

## DAY 30

### Question 1: Research and write an ayah from the Quran and/ or a Hadith related to the reminder below.

REMINDER: IT HAS JUST BEGUN

Just when you thought it was over, it has just begun. Worship of Allah (ﷻ) does not end after 30 days.

The Lord of Ramadhan is the Lord of all months. Worship of Allah (ﷻ) only ends at death.

What awaits after that is the trial: is Allah (ﷻ) pleased with me so that I may rejoice like no human has ever rejoiced?

Or should I regret like no human has regretted, perhaps Allah (ﷻ) is displeased with me?

Perhaps my intentions weren't for Him alone?

It is with constant fear and hope, fear and hope, that we will find our way back to Allah (ﷻ)!

May Allah (ﷻ) accept your noble work this month! You did it! Celebrate! This is what life is all about.

**Answer:**

*Several ayahs of Quran and Hadith can inspire us towards similar reminders. Here are some suggestions:*

*Ayah of Quran*

"And of the people is he who sells himself, seeking means to the approval of Allah . And Allah is kind to [His] servants." (2:207)

"And the example of those who spend their wealth seeking means to the approval of Allah and assuring [reward for] themselves is like a garden on high ground which is hit by a downpour - so it yields its fruits in double. And [even] if it is not hit by a downpour, then a drizzle [is sufficient]. And Allah , of what you do, is Seeing." (2:265)

"So is one who pursues the pleasure of Allah like one who brings upon himself the anger of Allah and whose refuge is Hell? And wretched is the destination." (3:162)

"So they returned with favor from Allah and bounty, no harm having touched them. And they pursued the pleasure of Allah , and Allah is the possessor of great bounty." (3:174)

"Indeed, Allah does not do injustice, [even] as much as an atom's weight; while if there is a good deed, He multiplies it and gives from Himself a great reward." (4:40)

### Hadith

Narrated Abu Huraira: Allah's Messenger (ﷺ) said, "If Allah loves a person, He calls Gabriel, saying, 'Allah loves so and so, O Gabriel love him' So Gabriel would love him and then would make an announcement in the Heavens: 'Allah has loved so and-so therefore you should love him also.' So all the dwellers of the Heavens would love him, and then he is granted the pleasure of the people on the earth." (Sahih al-Bukhari 7485)

### Question 2: Guess Who?

He was a handsome and strong young man growing up in Makkah. Early twenties. From a rich and aristocrat family, he would spend his time practicing archery. Because of his strength, people used to call him the young lion. He found no worth to the idol worshipping that surrounded him, so on the day that Abu Bakr RA told him about the message of Islam, he became Muslim.

He was known as the uncle of the Prophet ﷺ. His mother challenged his Islam and - as much as he loved her - he chose Islam over her, even if it meant she would take her life. He participated in Badr; and in Uhud he was one of the few that stood defending the Prophet ﷺ. In the battle of AlQadisiyyah, he led the Muslim army to one of the most decisive victories over the 150K Persian army.

#### Answer:

Sa'd ibn Abi Waqqas RA

### Question 3: What does the Quran tell us about this?

Which surah of the Quran has the repeated refrain: 'Then which of the favours of your Lord will you deny?' (Hint: It is between Surah 51-57)

#### Answer:

Surah Rahman (55)