

This is Sjögren's...

"I look healthy on the outside, however my disease is attacking my internal organs and destroying me from the inside out"

"Sjögren's has started to attack my lungs and I have difficulty breathing and performing everyday tasks"

"I rarely smile or talk in public since my inability to produce saliva has caused embarrassing tooth decay"

"I lost my passion for dining out because Sjögren's has affected my ability to chew and digest most foods"

"Joint pain, aching muscles and inability to sleep is an everyday occurrence for me"

"My inability to produce tears causes extreme eye discomfort and makes me prone to chronic eye infections"

"This terrible disease sets a 'new normal' way of life, which is 'not normal' at all"

"I wake up each day hoping a treatment is developed that will allow me to live an active and normal life again"

Sjögren's ("SHOW-grins") is a systemic autoimmune disease that affects the entire body. Along with symptoms of extensive dryness, other serious complications include profound fatigue, chronic pain, major organ involvement, neuropathies and lymphomas.

Neurological problems, concentration/memory-loss, dysautonomia, headaches

Dry nose, recurrent sinusitis, nose bleeds

Dry mouth, mouth sores, dental decay, difficulty with chewing, speech, taste and dentures

Fatigue, vasculitis, lymphoma, dry skin, rashes

Arthritis, muscle pain

Peripheral neuropathy, Raynaud's

Dry eyes, corneal ulcerations and infections

Swollen, painful parotid/salivary glands

Difficulty swallowing, heartburn, reflux, esophagitis

Recurrent bronchitis, interstitial lung disease, pneumonia

Abnormal liver function tests, chronic active autoimmune hepatitis, primary biliary cholangitis

Stomach upset, gastroparesis, autoimmune pancreatitis

Irritable bowel, autoimmune gastrointestinal dysmotility

Interstitial cystitis

chronic prostatitis



Learn more
sjogrens.org