

OUR JOURNEY



(80G-12AA-CSR Certified Govt. Approved NGO)



About NGO

Helping Tree Foundation is a non-profit Govt-approved NGO founded in 2022, dedicated to assisting those in need and fostering the development of our nation. Our mission is to support various communities and drive meaningful progress across multiple sectors ensuring a brighter future for everyone.

Our mission is to provide aid to the underprivileged and work towards the comprehensive development of our country. We envision a society where all communities thrive, natural resources are preserved, and every individual has access to basic necessities and opportunities for growth. Our efforts are directed towards marginalized and underserved communities, including low-income families, women, children, and rural populations who lack access to essential services and opportunities.

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Shade Of Humanity





Chairman's Desk

Dr. Pruthul Mehta (Ph.D.)



It gives me great pleasure to present the inaugural annual report of our NGO to all of you. First and foremost, I want to extend my deepest gratitude to each Donor, trustee, department director, committee president, chartered accountant, auditor, and all volunteers for your unwavering support throughout the year. Your dedication to our cause has been indispensable in our accomplishments.

Over the past year, our NGO has made significant strides in publishing a water heritage monograph, organizing tree planting events, conducting blood donation drives, initiating food distribution programs, and providing community assistance such as cow donations. Together, we have positively impacted numerous lives and communities. While our journey has been marked by challenges such as funding constraints and bureaucratic obstacles, our resilience and determination have enabled us to surmount these hurdles and continue our mission. Looking ahead, it is imperative that we remain steadfast in our commitment to our cause. Our vision for the future encompasses working across various domains to further social welfare activities. Together, we possess the ability to create a lasting impact.

Presently, we are in the process of developing a lake restoration project in collaboration with LD Engineering College for the preservation of national heritage, Sarkhej Roja, located in Makarba, Ahmedabad. Also we are getting valuable support from the Indian Red Cross Society (IRCS), and in the near future, we plan to undertake numerous health-related initiatives with their assistance.

I urge everyone to continue supporting our NGO in whatever capacity possible. Whether it's through volunteering your time, raising awareness, or making a donation, every contribution is meaningful. Together, we can aspire to achieve even greater accomplishments. Let us persist in working together to forge a brighter and more equitable future for all.

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Board Of Trustees



DR. PRUTHUL MEHTA (Ph.D)

FOUNDER & CHAIRMAN

- International Astrologer - Vastu Expert - Reiki Grand Master
- Honored with Ph.D by International Astro Foundation (Regd.)
- Columnist - Divya Bhaskar
- Achived Milestone of more than 1000 TV Shows



RAJU SALOT

TRUSTEE & SENIOR VICE CHAIRMAN

- Businessman - Investor, land Advisor & consultant
- Social Leader
- Environmentalist
- Extensive experience of working in an International companies



HITENDRA BAROT

TRUSTEE & VICE CHAIRMAN (HEAD - GOVT. PROJECTS)

- Senior Journalist
- Master in Law (LLM)
- Social Leader
- Environmentalist

Board Of Trustees



MANISH MEHTA
TRUSTEE

- President - Samast Brahm Parivar Trust(Reg.)
- Extensive Experience to work with ITC for 15 yrs.
- Trustee - Balaji Hanuman Temple, Kheda Dist.
- Honored with many achievements in Social Work.



PRITHVI ACHARYA
TRUSTEE

- National Award Winner
- Working As a Vice Principal in Higher Secondary School
- Music Teacher
- Social Worker

Financial Management & Audit



ASIM MEHTA

M/S ASIM MEHTA & ASSOCIATES

Mr. Asim Mehta is a Senior Chartered Accountant and Financial Advisor with over four decades of experience in finance and accounting functions. His core competencies in financial planning, taxation and internal audit.

Helping Tree Family

Directors & Presidents



AVADH SONI

Director - IT Dept.

- IT Professional, Market Researcher & Data Analyst
- M.Sc in Applied Computing, UK
- Working as a Product Manager in IT Company



JUHINI PATEL

Director Medicine (Health Dept.)

- Bachelor in Pharmacy
- Post Graduation in Product Management
- Social Worker



SHRIYA REMANE

Director - Indian Community, Cork, Ireland

- MBA with Finance
- Worked in various NGOs in Maharashtra, IND
- Social Worker



RIA MAJMUDAR

Director - Indian Community, Sydney, AUS

- Property Consultant
- Social Leader

Helping Tree Family

Directors & Presidents



ANANT PATEL

President - Food Distribution Committee

- Ex. Talati
- Worked in Dishman Pharma
- Social Worker



ATUL SHAH

President - Mahesana Chapter (GUJ)

- M.Sc Chemistry
- Working in ONGC since 30 yrs.
- Social Worker



JIGAR SHAH

Director - Indian Community, Chicago, IL, USA

- Businessman
- Social Leader



VIRAM THAKORE (ADVOCATE)

President - Sami District

- Advocate
- Social Leader
- Farmer

Helping Tree Family

Directors & Presidents



NAVGHAN THAKORE

Vice President - Sami District

- Farmer
- Social Leader



PARTH GUPTA

President - Distribution Committee

- Clothing Manufacturer
- Social Worker
- Worked in ICICI Bank



TEJAS PARIKH

Director - Production & Supply

- Businessman
- MBA in Management
- Social Worker



AMIT VAGHELA

Director - Education Dept.

- Founder - Amit Sir's Institute
- Working in Edu. Field since 15 yrs
- Social Leader

Helping Tree Family

Directors & Presidents



BHAVARSINGH GOHIL

Director - Program Management

- MBA Management
- MPhil in Management
- Social Leader



PADHYUMAN YADUVANSHI

Director - Sports & Youth Affairs

- Martial Art Champion
- Founder - Kaa Kudo Martial Art Lions Association
- Selected as a Trainer in all the school run by AMC



CHINTAN SHUKLA

President - Vedic Education

- BA in Sankrit
- Professional Purohit
- Astrologer & Vastu Expert



RUSHANG DESAI

President- Baroda Chapter (GUJ)

- Master in Hospitality & Tourism
- Working as a Custom Relationship Manager
- Social Worker



KEY AREAS OF FOCUS

- ➔ PLANTATION & FOREST CREATION
- ➔ WATER PRESERVATION & LAKE RESTORATION
- ➔ FOOD DISTRIBUTION
- ➔ EDUCATION AID
- ➔ JIVDAYA
- ➔ HERITAGE
- ➔ BLOOD DONATION CAMP FOR THALASSEMIA CHILDREN
- ➔ BLOOD TEST AT CONSESSIONAL RATE
- ➔ FIRST AID TRAINING PROGRAM
- ➔ WOMEN EMPOWERMENT
- ➔ AWARENESS & MOTIVATIONAL PROGRAM



PLANTATION

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Plantation Event

"आम्रवन"

दिव्यांग एवं प्रज्ञाचक्षु
बच्चो को समर्पित



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"आम्रवन"

Trees play a crucial role in absorbing atmospheric carbon dioxide and release along with providing numerous other ecosystem services. In the wake of global climate change, the role of trees in human lives has even become more significant. Through plantation activities, the extent of trees can be increased especially in urban environments which in turn benefit various other plant and animal communities as well. Apart from that, the trees have great aesthetic and environmental significance for both urban and rural settlements. Aligning with one of the major objectives of this foundation – ‘Environment Conservation’, the Chairman and Vice-Chairman along with other members decided to organize a plantation program in Ahmedabad City.

With the help of Ahmedabad Municipal Corporation (AMC), an open land was identified wherein 600 mango saplings were unveiled on 22nd October, 2023 commemorating the birth anniversary of Hon’ble Home Minister – Shri Amit Shah. Mango being an indigenous fruit bearing tree, it has huge cultural significance in everyday lives of people across the country including in Ahmedabad as well. Due nourishment and care will result in rich yield of mango fruits some years later from this plantation which will be dedicated to physically disabled and blind children as part of the charity activities of this foundation.

This event was successfully organized through hard initiatives of Shri Hitendra Barot who is founder of “आम्रवन” plantation event and one of the trustees of this foundation with the support of AMC. The unveiling of these saplings was inaugurated by Hon’ble Chief Minister of Gujarat – Shri Bhupendra Patel. Other participants in this event include – Mayor of Ahmedabad, Standing Committee Chairman, Commissioner along with trustees and volunteers of Helping Tree Foundation. Some glimpses of this event are shared hereby:

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"आम्रवन"



Inauguration of Plantation Event by Hon'ble Chief Minister of Gujarat – Shri Bhupendra Patel (Centre); Chairman of Helping Tree Foundation Dr. Pruthul Mehta (Right) and Founder of “आम्रवन” –Shri Hitendra Barot (Left)



With Inauguration Stone: Hon'ble Mayor Smt. Pratibhaben Jain(extreme left) along with Chairman Dr. Pruthul Mehta (left) and Vice Chairman Shri Raju Salot (extreme right) from Helping Tree Foundation.

"आम्रवन"

**TAKE CARE OF THE TREES...
THEY WILL TAKE CARE OF YOU...**



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COW DONATION

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Cow Donation Event

@Dhava Village, Gir District, Gujarat

"गौ-दान"
महादान



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"गौ-दान"

The Helping Tree Foundation, an NGO, operates a YouTube channel named NGO TV. Last year, the NGO TV team embarked on a tour of Gir with several objectives. The primary goal was to address the issue of lions venturing out of the forest into nearby cities and villages in search of food, which was attributed to the diminishing "Nesda" homes of the local community. Additionally, the team aimed to explore lesser-known historical sites around Gir, often overlooked by tourists. Furthermore, team members sought to gather feedback from tourists regarding government initiatives, including Gir Safari.

During this expedition, the team had the opportunity to meet Ramiben, a widow from the Charan community. Despite facing considerable hardships, particularly the loss of her cow during the limpsy virus outbreak affecting animals in the Gir region, she exhibited remarkable resilience while caring for her four children. Given that the cow served as the family's primary source of income through milk sales, her situation was dire. Recognizing the urgency of the matter, the Helping Tree Foundation conducted a thorough investigation to verify the widow's circumstances. Subsequently, with the generous support of donors, the organization extended assistance to the family by donating two cows with calves.

Today, thanks to this intervention, the family's livelihood has been restored, with an expanding herd of cows ensuring a steady income, thereby enabling them to lead a more comfortable life.

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"गौ-दान"

"सर्वे देवाः स्थिता देहे सर्वदेवमयी हि गौः"

सनातन संस्कृति में पूज्य एवं वेदों में प्रतिष्ठित गोमाता में सभी देवी-देवता विद्यमान रहते हैं।

All the Gods and Goddesses are present in Gomata, revered in Sanatan culture and revered in the Vedas.



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HERITAGE

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HERITAGE

Documentation & Conversation Project

Collobration with INTACH, Delhi

**Year 2024
@Gujarat**



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HERITAGE

Documentation & Conversation Project

Aligning with another major objective of this foundation – ‘Heritage Documentation & Conservation’, collaboration with Natural Heritage Division, INTACH, New Delhi was made for survey & documentation of 7 designated National Water Heritage Sites in Gujarat state. The team for this survey comprised of Dr. Pruthul Mehta and Shri Raju Salot from Helping Tree Foundation along with Dr. Sumesh Dudani from NH Division, INTACH. Visits were made to the sites for photography, data collection and interaction with various stakeholders. Following are the sites covered:

1. RANKI VAV, PATAN
2. KANKARIA LAKE, AHMEDABAD
3. CHANDOLA LAKE, AHMEDABAD
4. SARKHEJ ROZA, AHMEDABAD
5. LOTHAL DOCKS, LOTHAL
6. HAMISAR LAKE, BHUJ
7. SUDARSHAN TAL, JUNAGADH



We are deeply grateful for the support extended to us by the higher officials of the Gujarat Government, local authorities, secretaries, personal assistants, municipal corporation, officials from the Archaeology Dept. of India and the renowned historian and former Principal of H.K. College, Ahmedabad Prof. Dr. Shubhas Brahmbhatt, throughout this project.

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HERITAGE

Documentation & Conversation Project

**@RANKI VAV
PATAN**

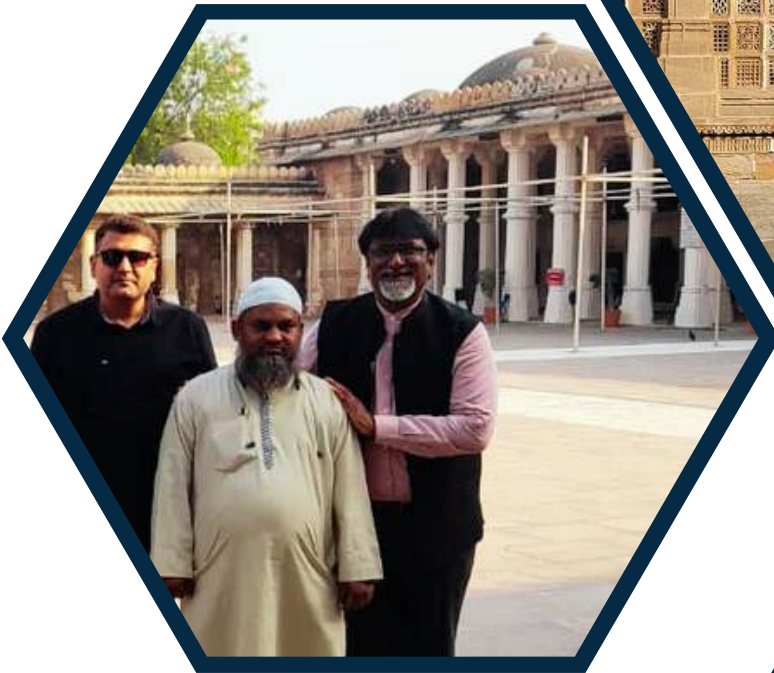


**Team Survey of Ranki Vav Heritage -
Dr. Pruthul Mehta (Centre), Shri Raju
Salot (Right), INTACH Sec. Dr. Sumesh
Dudani (extreme right) and Krunal
Otiya from Archeology Survey of India
(extreme left)**

HERITAGE

Documentation & Conversation Project

@SARKHEJ
ROZA



@LOTHAL

HERITAGE

**Documentation & Conversation
Project**



@KANKARIA

HERITAGE

**Documentation & Conversation
Project**



HERITAGE

Documentation & Conversation
Project

@SUDARSHAN
TAL



HERITAGE

Documentation & Conversation Project

**HAMISAR
LAKE**



**CHANDOLA
LAKE**





BLOOD DONATION

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Blood Donation Camp

2024

**Jointy with Maharshi Ved Vigyan Academy,
Ahmedabad**



"रक्तदान"

**For Thalassemia
Patients**



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"रक्तदान"

Thalassemia Patient Donation Drive

Organized collaboratively by the Helping Tree Foundation NGO and the Maharshi Ved Vigyan Academy, with the backing of the Indian Red Cross Society, the blood donation camp aimed to assist children affected by Thalassemia.

The camp was held at Ved Bhavan, Highland Park, Ambawadi, Ahmedabad. Mrs. Preeti Mehta, the coordinator of Maharshi Ved Vigyan Academy, orchestrated flawless arrangements for the event. Trustees of the Helping Tree Foundation, including Astrologer Dr. Pruthul Mehta (Hon Ph.D.), Mr. Raju Salot, and Mr. Manish Mehta, along with department heads Mr. Tejas Parikh, Mr. Bhavarsingh Gohil, Mr. Padyuman Yaduvanshi, Mr. Parth Gupta, and their team, facilitated a substantial number of blood donations.

Mrs. Kavina Himanshu Patel, a trustee of Maharshi Ved Vigyan Academy, and Mr. Viral Joshi, Assistant Director of the Red Cross Ahmedabad District Branch, graced the occasion, acknowledging the invaluable contributions of the blood donors.

The event received significant participation from members and volunteers of the Bachpan organization, contributing to its resounding success. The Helping Tree Foundation extends heartfelt gratitude to all blood donors and attendees for their generous support.

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let's make a difference in some

BLOOD CAMP

7th March, Thu 9 am to

Followed by Snacks and Coff

"रक्तदान"

Thalassemia Patient Donation Drive



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HEALTH CHECK-UP CAMP

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स्वास्थ्य जाँच शिविर

Organised By Helping Tree Foundation

Helping Tree Foundation, in a joint initiative with the Indian Red Cross Society, State Branch, organised a full-body health check-up camp with the objective of making basic preventive healthcare accessible and affordable to the community.

The camp was conducted at a spacious bungalow graciously provided by Mrs. Mita and Mr. Rupesh Salot, completely free of rent. Their generous support played an important role in making the camp possible.

Around 100 people benefited from the camp, with a significant number of senior citizens participating and taking advantage of the health check-up facilities. Full-body health check-ups were provided at a very nominal cost.

Helping Tree Foundation also contributed from its own funds to further reduce the financial burden on beneficiaries, enabling them to access comprehensive health screening at an affordable price.

Shri Prafulbhai, Chairman of the AMC Planning Committee, graced the occasion with his presence and encouraged the organisers, volunteers, and participants.

The initiative reflects Helping Tree Foundation's commitment to promoting preventive healthcare, community well-being, and accessible medical services, particularly for senior citizens and those who may otherwise find comprehensive health check-ups financially difficult.

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HEALTH CHECK-UP CAMP

Jointy with - INDIAN RED CROSS SOCIETY





FOOD DISTRIBUTION

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FOOD DISTRIBUTION

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Food Distribution Event 2025

**@INDIAN
RED CROSS
SOCIETY**



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"अन्न दान"

@Vadaj, Ahmedabad

More than 400 kg food was donated by Helping Tree Foundation to the 'VATSALYA' senior citizen home run by the Indian Red Cross Society.



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PROPOSED PROJECTS

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ON GOING PROJECTS

➡ LAKE RESTORATION PROJECT

PROJECT GIVEN BY - SARKHEJ ROZA COMMITTEE, AHMEDABAD

"Sarkheja Roza" holds immense significance in terms of history, architecture, tourism, and spirituality. Classified as a Class-1 National protected monument, this architectural marvel faces a potential risk of significant damage in the event of a major earthquake. Moreover, the condition of the huge lake has deteriorated, with water storage lasting only two to three months annually due to water seepage. The committee has made numerous appeals to the government to safeguard this historical treasure.

In response to a written official letter from the Sarkhej Roza committee, Helping Tree Foundation has initiated preliminary efforts for lake restoration. We have reached out to L.D. Engineering College for assistance and are conducting a series of visits with so many technical experts. Upon completion of the project report, our organization will endeavor to complete this lake restoration project with the cooperation from the Govt. and ASI. We aim to finalize this project within the coming year.

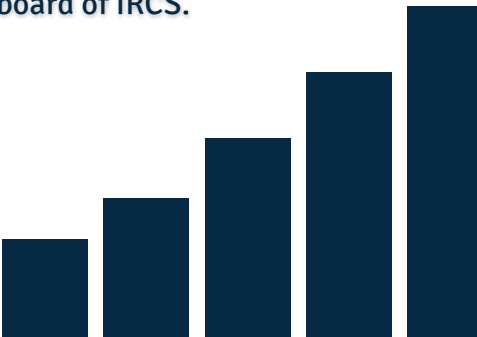
Site : Sarkhej Roza, Makarba, Sarkhej, Ahmedabad

➡ FOREST DEVELOPMENT PROJECT

PROJECT GIVEN BY - INDIAN RED CROSS SOCIETY, AHMEDABAD

The extensive open land owned by the Indian Red Cross, based in Viramgam, has remained unused for an extended period. Additionally, there is a small lake on the premises. In an effort to conserve nature and provide a safe haven for numerous bird species, the Indian Red Cross Society has entrusted the Helping Tree Foundation with the task of establishing a dense forest and restoring the lake. The project has commenced, with initial steps taken to level the area, and plantation work is slated to begin shortly as soon as getting the approval of management board of IRCS.

Site : Viramgam, Ahmedabad



Lake Restoration Project

The Chairman of the Helping Tree Foundation, Dr. Pruthul Mehta(left) and Vice Chairman Mr. Raju Salot(right), convened a meeting with Advocate Mr. Abraraali Saiyed (Centre), Managing Trustee and President of the "Sarkhej Roza committee" to discuss the Lake Restoration project.



EARLIER



PRESENT



Trustees from the "Helping Tree Foundation" conducted a site visit accompanied by technical experts including architects, civil engineers, environmental engineers, water restoration experts, structural engineers, and environmentalists from CEPT and L.D. engineering College, Ahmedabad.

SITE VISIT AT SARKHEJ ROZA



**Special Thanks to -
Major Dr. Chaitanya Sanghvi
Principal, L.D. Eng. College, Ahm**



The Helping Tree Foundation expresses its heartfelt gratitude to Architect Mr. Dhruv Patel, Environmental Engineer Mr. Soham Mehta, Water Restoration Expert Mr. Tejas Dave, Architect Ms. Palak Patel and all other technical experts from LD Engineering College for their invaluable contributions and support.



PROSTHETIC SUPPORT

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Smile Returned After 35 Yrs

2025

SP.DIWALI GIFT

As a special Diwali gesture, the organization donated a **FREE** artificial limb made with German technology to a tribal farmer who had lost his leg in an accident 35 years ago.

- Ghanshyam Rathva
- Oliamba Village
- Chhota Udaipur, GUJ



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2026

FROM PAIN TO POSSIBILITY

"Jasabhai had to undergo leg amputation due to gangrene. To help him overcome this sudden hardship and begin a new chapter of life, the organization provided and installed a German technology-based artificial limb free of cost."

Jasabhai Paradva
Bhojde Village
Gir, Gujarat



Helping Tree Foundation
Shade Of Humanity

નિ:શુલ્ક છાશ વિતરણ

@NAVRANGPURA, AHMEDABAD

20
26





**JOURNEY
CONTINUES**

**JOURNEY
CONTINUES**



ACHIEVEMENT



The Helping Tree Foundation was felicitated by the Indian Red Cross Society for its work. IRCS Ahmedabad General Secretary, Dr. Prakash Parmar, and Deputy Secretary, Mr. Ashok Shilu, awarded the Statue of Unity memento to the trustees.

ACHIEVEMENT



Honoured by the Chairman of the Indian Red Cross Society Shri Ajay Patel and the Vice Chancellor of Patan University Dr. Poria

At a prestigious felicitation ceremony held at Indian Red Cross Society, the Helping Tree Foundation was honored in recognition of its dedicated and impactful social service activities.

Dr. Pruthul Mehta, Founder and Chairman of the organization, graciously received the honor from Chairman Ajay Patel and Vice chancellor from Patan Uni. Dr. Poria.

Connect Us



NGO TV Helping Tree Foundation



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helpingtree@yahoo.com



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**THE GOVT. APPROVED "HELPING TREE FOUNDATION" IS
REGISTERED UNDER SECTION 80G AND 12A OF INCOME TAX
DEPARTMENT. DONORS ARE ELIGIBLE FOR TAX BENEFITS.**



Helping Tree Foundation

(Govt. Approved NGO)

State Bank Of India (SBI)

Aanand Nagar Branch, AHM

A/c No : 40996616278

IFSC Code - SBIN0005097