

Most Free

2021, 45 minutes

SYNOPSIS

Most Free follows Artistic Director Ellen Hathaway on an investigation into dance and community. Explore how dance can bring people together through a collection of interviews from a resettled Syrian family living in Blackpool, Lancashire's Refugee Integration Officer, UK and Lebanese dance artists and our diverse general public.

CONVERSATION QUESTIONS

1. In what ways does the film invite us to reflect upon the embodied experience of belonging?
2. How does the film explore the tensions and possibilities between identity, movement and dance?
3. What is your favourite style of dance and why?
4. In your opinion how can dance offer opportunities to connect with others?



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