



Therapy Insights for Parents

A strategy for modeling language through commenting

BUILD-UPS & BREAKDOWNS

Build-ups are when you use a one-word comment and then repeat that word and “add on” a new word.

Example:

Car! Red car. Red car go!

Horse. Horse sleeps. Horse sleeps in barn!

Break-downs are when you use 3-4 word phrases or sentences to comment and then you repeat that phrase, but “remove a word” each time.

Example:

The circle is blue. Blue circle. Circle.

Boy goes down slide. Down the slide. Down.

Benefits: grammar, vocabulary, syntax,
Increasing MLU (mean length of utterance)

WHEN TO USE:

- Play time
 - Farm toy, bubbles, cars/trucks, puzzles
- Daily Activities
 - Bath time, cooking, getting dressed

