

TIPS

Therapy Insights for Parents

A strategy for modeling language for children with language delays.

“SAY LESS” strategy

This strategy is talking to a child with delayed language using LESS language or shorter sentences/phrases than you normally would. It can sometimes feel unnatural, but with practice it can really benefit the child.

Example:

During play you might usually say, “Let’s put him on the bus, and then we can make him go for a ride!”

That sentence has 16 words. If your child is expressively using 1-3 words, then we know they likely won’t repeat the phrase you modeled and they may have only heard a few keywords.

But if you said, “Put on, go bus!” They may have a better chance of imitating or repeating what you modeled.

WHEN TO USE:

- Play time
 - Bus, dollhouse, Mr. Potato head
- With these engaging iPad apps
 - My Play Home, Toca Boca Kitchen, Toca Boca Train

Benefits: Improves receptive comprehension of what you stated, increases child’s ability to model.

by:
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Speech Therapy