

FATHER'S DAY

We invite all of our wonderful gentleman residents and their families to join us in honor of Father's Day for a BBQ dinner and s'mores on the patio!

Friday, June 13th
@ 6:00 pm



*Families,
RSVP'S are
appreciated by
Tuesday, June
10th!*



Contact Hannah Waters,
Activity Director @
319-368-2626
hwaters@hiawathacarecenter.com

Hiawatha Care Center June 2025 Newsletter

405 N 15TH Avenue Hiawatha, IA 52233

319-378-8583 kw Walton@hiawathacarecenter.com

At Hiawatha Care Center, we not only emphasize our quality of care, but also our quality of caring!

Department Head Directory

319-378-8583

- Administrator: Kent Walton
- Director or Nursing: Amanda Lauterwasser
- Care Plan Coordinator: Kelly VanGinkel
- Social Service Director: Becky Stebral
- Accountant: Karen Chadwick
- Dietary Manager: Stepanie Cross
- Dietitian: Linda Green
- Environmental Supervisor: Alex Studt
- Activity Director: Hannah Waters
- Restorative Therapy Director: Tammy Ronnebaum

June Birthdays


- | | |
|-----------------|------|
| Frank Byrns | 6/1 |
| Yvonne Thomas | 6/4 |
| Linda Spence | 6/17 |
| Jo Anne Gray | 6/18 |
| Eileen Baird | 6/23 |
| Emelia Jacobson | 6/23 |
| Elmer Boie | 6/27 |
| Jim Wehr | 6/28 |
| Neil Breure | 6/28 |
| Karla Bascom | 6/30 |

A great father's love is steady and true,
In every small moment, in all that he'll do.
With wisdom and laughter, with courage and
care,
He's a quiet strong presence that's always
there.

Not just by title, but by heart and by choice,
He lifts up his family with actions and voice.
In all kinds of ways, he helps others to grow—
A guiding light, more than he'll ever know.

Resident Council Leaders

- Kay Riehl
- Gayla Ruiz
- Beth Taggart
- Linda Spence
- Mary Heck
- Marlys Fischels

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Malt O Meal, Sausage Link, Monkey Bread, Apricots, Lunch: Choice 1: Turkey Roast/Gravy, Choice 2: Beef Pepper Steak/Gravy, Sides: Mashed Potatoes, Broccoli/Cheese, Dinner Role, Pie, Supper: Choice 1: Grilled Patty Melt, Peas, Choice 2: Chicken Noodle Soup, 1/2 Ham Sandwich, Lettuce/Tomato Slice, Sides: Watermelon, Pudding	2 Oatmeal, Hard Boiled Egg, Toast, 1/2 Banana, Lunch: Choice 1: BLT Sandwich, Cottage Cheese, Choice 2: Crunchy Fish Sandwich, Tartar Sauce, L/T/O, Sides: Potato Chips, Oreo Fluff, Supper: Choice 1: Grilled Garlic Butter Chicken, Choice 2: BBQ Pork Ribette, Sides: Baked Potato/Marg. Capri Vegetables, Snickerdoodle Cookie	3 Cream of Wheat, Sausage Patty, Chocolate Chip Muffin, Lunch: Choice 1: Breaded Chicken Fillet, Mashed Potatoes/Gravy, Sunshine Carrots, Dinner Roll, Choice 2: Chef Salad, Crackers, Sides: Cherry Cake, Supper: Choice 1: Chicken Meatball Sandwich, Choice 2: Italian Goulash, Breadstick, Sides: Mixed Vegetables, Mixed Berries	4 Malt O Meal, Scrambled Egg, Toast, Tropical Fruit, Lunch: Choice 1: Cheeseburger, L/T/O, Choice 2: Salami & Swiss with Lettuce & Tomato, Sides: Tater Roundabouts, Strawberry Milkshake Dessert, Supper: Choice 1: Dorito Taco Salad, Shredded Lettuce/Tomato, Sour Cream, Corn, Choice 2: Asiago Cauliflower Soup, 1/2 Deli Turkey Sandwich, L/T/O, Sides: Chocolate Chip Cookie	5 Oatmeal, Breakfast Egg Bite, Toast, Raspberries, Lunch: Choice 1: Grilled Sour Cream Dill Chicken Breast, Choice 2: Baked Ham, Sides: Roasted Ranch Red Potatoes, Country Trio Vegetables, Almond Joy Cake, Supper: Choice 1: Breaded Pork Tenderloin, Garlic Parmesan Mashed Potatoes, Choice 2: Cheddar Chicken Rice Bake, Sides: Mixed Vegetables, Summertime Gelatin Dessert	6 Cream of Wheat, Ham & Egg Croissant with Cheese, 1/2 Banana, Lunch: Choice 1: Honey Garlic Meatballs, Choice 2: Pork Steak, Sides: Parsley Noodles, Carrots, Garlic Toast, Candy Apple Dessert, Supper: Choice 1: BBQ Grilled Chicken Breast/Bun, Choice 2: Bratwurst/Bun Sides: Seasoned Tots, Crab Pasta Salad, Pears	7 Malt O Meal, Fired Egg, Caramel Pecan Donut Bake, Mango, Lunch: Choice 1: Glazed Meatloaf, Sour Cream Mashed Potatoes, Green Beans, Bread/Marg., Choice 2: Dilly Egg Salad/Croissant, Cucumber Pasta Salad, Sides: Fruit Cocktail, Supper: Choice 1: Bacon Cheeseburger/Bun, Choice 2: Turkey Burger/Bun, Sides: L/T/O, Buttered Dill Baby Red Potatoes, Summer Swirl Cake
8 Oatmeal, Frittata, Toast, 1/2 Banana, Lunch: Choice 1: Beef Pot Roast/Beef Gravy, Choice 2: BBQ Ribette, Sides: Ranch Mashed Potatoes, Peas, Dinner Roll, Pie Supper: Choice 1: Sloppy Joe/Bun, Mixed Vegetables, Waffle Fries, Choice 2: Tuna Salad Sandwich, L/T/O, Sides: Raspberry Peaches	9 Cream of Wheat, Scrambled Egg, Flaky Biscuit, Mixed Berries, Lunch: Choice 1: Smothered Pork Steak, Choice 2: Chicken Tenders, Sides: Roasted Diced Sweet Potatoes, Cascade Vegetables, Strawberry Shortcake, Supper: Choice 1: Beef & Broccoli, Rice, Crab Rangoon, Stir Fry Vegetables, Choice 2: Cottage Cheese Fruit Plate, Crackers, Sides: Pineapple &	10 Malt O Meal, Sausage Patty, Toast, Cantaloupe, Lunch: Choice 1: Hot Dog/Bun, Choice 2: Tavern Battered Cod, Tartar Sauce, Sides: Funyun Chips, Coleslaw, Watermelon Cake, Supper: Choice 1: Pulled Pork/Hoagie Bun, Choice 2: Breaded Chicken/Bun, Sides: Summer Fresh Pasta Salad, Marinated Tomatoes & Cucumbers, Fruit Cocktail	11 Oatmeal, Fruit & Yogurt Parfait, Raisin Toast, Lunch: Choice 1: Grilled Smokey Ranch Chicken, Choice 2: Beef Minute Steak/Gravy, Sides: Baked Potato/Marg, Broccoli, Dinner Roll, Strawberry Lemonade Cookie, Supper: Choice 1: Tator Tot Casserole, Carrots, Bread/Marg., Choice 2: Turkey Club Slider with Lettuce/Tomato, Chips Sides:	12 Cream of Wheat, Skillet Breakfast, Toast, Honeydew, Lunch: Choice 1: Beef & Noodles, Choice 2: Breaded Pork Tenderloin, Sides: Bacon Ranch Green Beans, Garlic Toast, Chocolate Toffee Dessert, Supper: Choice 1: Ham & Swiss/Croissant, Lettuce & Tomato Slice Choice 2: Grilled Reuben Sides: Potato Chips, Pears	13 Malt O Meal, Fried Egg, Toast, Fresh Grapes, Lunch: Choice 1: Tacos, Shredded Lettuce/Tomato, Sour Cream, Salsa, Choice 2: Breaded Fish Fillet, Mixed Vegetables, Sides: Mexican Rice, Lemon Cream Cake, Supper: Choice 1: Deli Club Sandwich, Choice 2: Deli Chicken Sandwich, Sides: Deviled Egg Halves, Tomato Wedges, Chocolate Ba-	14 Oatmeal, Scrambled Egg Patty, Danish, 1/2 Banana, Lunch: Choice 1: Baked Ham, Choice 2: Swiss Steak, Sides: Baked Sweet Potato, Colorful Vegetable Casserole, Smore Pudding, Supper: Choice 1: Boneless Chicken Wings, Choice 2: BBQ Ribette, Sides: Corn Bake, Ranch Pasta Salad, Apple Slices & Strawberries
15 Cream of Wheat, Caramel Apple Muffins, Hard Boiled Eggs, Lunch: Choice 1: Glazed Pork Loin, Choice 2: Smothered Turkey Patty, Sides: Au Gratin Potatoes, Key West Vegetables, Dinner Roll, Pie Supper: Choice 1: Corned Beef & Swiss on Rye, Choice 2: Ham & Cheese Quiche, Mixed Vegetables, Sides: Tomato Cucumber Slaw, Fruit Cocktail	16 Malt O Meal, French Toast Bites, Bacon, Strawberries, Lunch: Choice 1: Dorito Taco Salad, Shredded Lettuce/Tomato, Choice 2: Farmers Delight Sandwich, Sides: Cranberry Fruit Salad, Ice Cream Cup, Supper: Choice 1: Scalloped Potatoes & Ham, Caribbean Vegetables, Garlic Breadstick, Choice 2: Dill Pickle Chicken Salad Sandwich, L/T/O, Potato Chips, Sides: Caramel Mandarin Orange Cake	17 Oatmeal, Baked Cherry Cheesecake French Toast, Breakfast Ham Patty, Peaches, Lunch: Choice 1: Italian Cavatelli, Choice 2: Summertime Turkey Casserole, Sides: Cheesy Garlic Bread, Normandy Vegetables, Brownie Batter Cheesecake, Supper: Choice 1: Cuban Slider, Tossed Salad, Choice 2: French Onion Beef Slider, Shredded Lettuce/Tomato, Sides: Tater Tots, Emerald Pears	18 Cream of Wheat, Toast, Biscuit Egg Casserole, Lunch: Choice 1: Chicken BLT Salad, Salad Dressing, Crackers, Choice 2: BBQ Pork & Slaw Sandwich, Sides: Fluffy Lemon Raspberry Treat, Supper: Choice 1: Mushroom & Swiss Burger, L/T/O, Choice 2: Bratwurst/Hot Dog Bun, Sides: French Fries, Apple Crumb Bar	19 Malt O Meal, Fried Egg, Blueberry Toast Lunch: Choice 1: Honey BBQ Chicken, Baked Potato, Choice 2: Taco Baked Potato, Shredded Lettuce/Tomato, Salsa, Sour Cream, Sides: Honey Buttered Carrots, Hawaiian Fruit Cup, Supper: Choice 1: BBQ Ribs, Fried Potatoes, Corn, Choice 2: Italian Croissant, Club Pasta Salad, Sides: Flamingo Cake	20 Oatmeal, Maple Sausage Link, Cinnamon Toast, Lunch: Choice 1: Meat Lovers Pizza, Choice 2: Cheese Burger Sliders, Sides: Riviera Vegetables, Tossed Salad/Dressing, Toasted Coconut Caramel Dessert, Supper: Choice 1: Tuna Noodle Casserole, Dinner Roll, Choice 2: Grilled Chicken Sandwich, L/T/O, Sides: Peas, Strawberries & Blueberries	21 Cream of Wheat, Cinnamon Toast, Lunch: Choice 1: Chicken Bacon Ranch Casserole, Cheddar Garlic Biscuit, Choice 2: Italian Grilled Cheese Sandwich, Sides: Italian Vegetables, Tropical Fruit, Supper: Choice 1: Cauliflower Cheese Soup, Choice 2: Beef Barley Soup, Sides: 1/2 Deli Turkey Sandwich, L/T/O, Fruit Cocktail Cake
22 Oatmeal, Cheese Omelet, Mini Donuts, Sunrise Fruit Blend, Lunch: Choice 1: French Onion Roast Beef, Mashed Potatoes/Beef Gravy, Choice 2: Pork Steak, Sides: Carrots, Dinner Roll, Pie Supper: Choice 1: Chicken Salad Sandwich, L/T/O, Marinated Cucumbers, Potato Chips, Choice 2: Chef Salad, Crackers Sides: Mandarin Tapioca Fluff	23 Cream of Wheat, Toast, Cheesy Egg Bake, 1/2 Banana, Lunch: Choice 1: BBQ Ribette, Choice 2: Tavern Battered Cod, Sides: Baked Sweet Potato, Broccoli, Fresh Grapes, Supper: Choice 1: Pizza, Tossed Salad, Choice 2: BBQ Meatballs, Cheesy Garlic Mashed Potatoes, Sides: Mixed Vegetables, Pineapple Tidbits	24 Malt-O-Meal, Toast, Sausage Link, Cantaloupe, Lunch: Choice 1: Chicken Bowtie Cordon Bleu, Choice 2: Salisbury Steak/Gravy, Mashed Potatoes Sides: Green Beans, Garlic Toast, Blueberry Lemon Upside Down Cake, Supper: Choice 1: Grilled Brat Pattie, Choice 2: Chicken Club Sandwich, Sides: L/T/O, Seasoned Fries, Peaches	25 Oatmeal, Scrambled Egg Patty, Bacon, English Muffin, Lunch: Choice 1: Breaded Pork Tenderloin, Choice 2: Chicken Strips, Sides: Potato Wedges, Dilled Cucumbers, Pears, Supper: Choice 1: Alaska Pollock Wings, Choice 2: Italian Chicken Breast, Sides: Capri Blend Vegetables, Fried Potatoes, Banana Bread Cake	26 Cream of Wheat, Breakfast Ham Patty, Blueberry Muffin, Honeydew Melon, Lunch: Choice 1: Glazed Meatloaf, Choice 2: Maple BBQ Pork Steak, Sides: Parslied Red Potato, Corn, Cherry Cha Cha Dessert, Supper: Choice 1: Turkey Ranch Club Slider, L/T/O, Choice 2: Hot Dog/Bun/Ketchup/ Mustard, Relish Sides: Deviled Egg Pasta Salad, Mixed Fruit	27 Malt O Meal, Sausage & Potato Breakfast Casserole, Toast, Fresh Strawberries, Lunch: Choice 1: Chicken Strip, Choice 2: Baked Ham, Sides: Macaroni & Cheese, Dilled Carrots, Watermelon, Supper: Choice 1: Cheeseburger/Bun, Choice 2: Crunchy Fish Sandwich, Tartar Sauce, Sides: Lettuce, Pickles & Onion, Tomato Wedges, Potato Chips, Mixed Berries	28 Oatmeal, Scrambled Egg, Toast, 1/2 Banana, Lunch: Choice 1: Country Fried Steak, Baked Potato/Marg, Green Beans, Choice 2: Cottage Cheese Fruit Plate, Crackers, Sides: Frosted Cake, Supper: Choice 1: Chili/Fixing's, Cheese Sandwich, Choice 2: Hamburger Steak/Gravy, Mashed Potatoes, Caribbean Blend Vegetables, Sides: Mandarin Oranges
29 Cream of Wheat, Little Smokies, Cinnamon Coffee Cake, Lunch: Choice 1: Herbed Pork Loin, Choice 2: Baked Chicken, Sides: Scalloped Potato, Cauliflower w/Cheese, Dinner Roll, Pie, Supper: Choice 1: Ham & Cheese Omelet, Tomato Wedges, Muffin, Choice 2: Turkey Burger/Bun, L/T/O, Sides: Hashbrowns, Apricots	30 Malt O Meal, Breakfast Egg, Bite, Toast, 1/2 Banana, Lunch: Choice 1: Taco Salad, Shredded Lettuce/Tomato, Southwest Vegetable Blend, Choice 2: Pork Tenderloin/Bun, Pickles & Onions, Potato Chips, Sides: Twisted Strawberry Shortcake, Supper: Choice 1: Dill Egg Salad/Croissant, Sun Chips, Choice 2: BLT Salad Plate, Crackers, Sides: Marinated Cucumbers, Pears & Blueberries	<div>The menu is subject to change based on food supply availability. Thank you!</div>		<div><div>June Menu</div></div>		



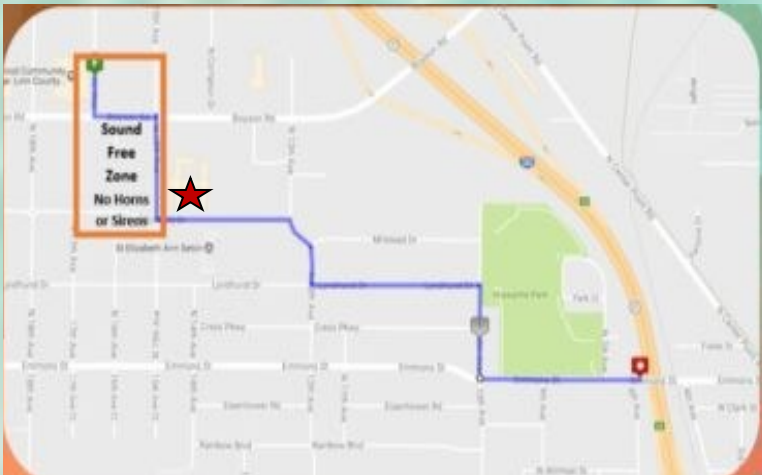
The City of Hiawatha 75th Parade!

Families, we invite you to join us Saturday, June 14th @ 12:00 p.m. as we watch the city parade pass right by our facility!

Residents who would like to watch will be provided with a sack lunch to eat during the parade. We'll gather under the awning by door 11 on the street side of Litchfield Dr.

Look for our float!

A few of our residents and staff will be riding along.



The Brady Bunch

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TIGER
SEVENTIES
FLUFFY
CAROL
SIX CHILDREN
SAM
MILLICENT
GEORGE GLASS
OLIVER
BOBBY
GREG
DOUG SIMPSON
JAN
CINDY
PETER
MARCIA
MIKE
ALICE
BRADY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Catholic Communion 2:30 Weekend Games 4:00 King of Kings Lutheran Church Service 4:30 Book Reading	2 10:00 Manicures & Social 2:30 Serenity Spa Hour 4:45 Bible Study Group	3 10:00 Brain Teasers 10:30 Piano Music with Melinda 2:30 Guess the Puzzle	4 10:00 Movers & Shakers on the Patio 2:30 Live Music with Lena Adams 4:30 Crafty Hour: Balloon Animals	5 8:50 Catholic Mass @ the Church 10:00 Social & Reminisce on the Patio 2:30 Happy Hour & Live Music with Dave Wirtz 4:30 Finish the Sentence	6 <u>National Donut Day</u> 10:00 DIY Donut Workshop 2:30 Bingo Hour	7 Morning Independent Activities 2:30 A Minute to Win It Games 4:30 Flute Music with Charolette
8 10:00 Catholic Communion 2:30 Weekend Bingo	9 <u>National Donald Duck Day</u> 10:00 Manicures & Social 2:30 Line Dancers: The Country Steppers 4:45 Bible Study Group	10 <u>National Black Cow Day</u> 10:00 Gospel Light Baptist Church 2:30 Root Beer Floats on the Patio	11 10:00 Lovley Lane Methodist Church Service 2:30 Live Music with the Oxford Junction Band 4:30 Crafty Hour: Painting with Balloons	12 8:50 Catholic Mass @ the Church 10:00 Bingo with ARC Friends 2:30 Happy Hour & Live Music with the Flip Side 4:30 What's in the Bag	13 10:00 Manicures & Social 2:30 Bingo Hour 6:00 Father's Day Dinner on the Patio <i>(Male Resident's & Their Family)</i>	14 <u>Flag Day</u> 12:00 Hiawatha's 75th Parade <i>(Outside SE Entrance)</i> 2:30 Live Music with the Parlor City Ramblers 4:30 Bubble Bee Kites
15 <u>Father's Day</u> 10:00 Catholic Communion 2:30 Live Music with Richard Lee 4:00 King of Kings Lutheran Church Service 4:30 Book Reading	16 10:00 Manicures & Social 2:30 Baking Hour: Fudge 4:45 Bible Study Group	17 10:00 Brain Teasers 10:30 Piano Music with Melinda 2:30 History in Her Shoes: Dian Fossey	18 10:00 Movers & Shakers on the Patio 2:30 Wheel of Fortune 4:30 Crafty Hour: Balloon Lanterns	19 8:50 Catholic Mass @ the Church 10:00 Social & Reminisce on the Patio 2:30 Happy Hour & Live Music with the La La Ladies 4:30 Finish the Sentence	20 10:00 Decks or Dice Games 2:30 Bingo Hour	21 Morning Independent Activities 2:30 Smoothies & Social
22 10:00 Catholic Communion 2:30 Weekend Bingo	23 10:00 Manicures & Social 2:30 Birthday Party with Live Music with Dave Marshall 4:45 Bible Study Group	24 10:00 Outdoor Games & Fun with Mother Goose Daycare Kids 2:30 Storytelling with August Green	25 Morning Independent Activities 2:30 Live Music with Scott Engledow	26 <u>National Bomb Pop Day</u> 8:50 Catholic Mass @ the Church 10:00 Social & Reminisce on the Patio 2:30 Bomb Pops on the Patio 4:30 Decks or Dice Games	27 <u>National Bingo Day</u> 10:00 Bingo with Friends from Discovery Living 2:30 Bingo Hour	28 Morning Independent Activities 2:30 Music with Harold Gray 4:30 Crafty Hour: Shrinky Dinks
29 10:00 Catholic Communion 2:30 Crafty Hour: Lightning Painting 4:30 Book Reading	30 10:00 Manicures & Social 2:30 Guess the Flavor & Social 4:45 Bible Study Group	<div> <div> All activities are subject to change. Please refer to the whiteboards in the dining rooms for the daily schedule! </div> <div> <h1>June Activities</h1> </div> </div>				