

Thanksgiving Dinner

Families, come join your loved one for a traditional Thanksgiving meal.

Sunday, Nov. 23rd @ 12:00 PM

To help us ensure there is **enough seating and food for everyone**, it's very important that we receive your RSVP—whether by phone call, email, or in person.

Please submit your guest count to Hannah Waters, Activity Director,

**NO LATER than,
Monday, November 10th.**

319-368-2626

hwaters@hiawathacarecenter.com

Hiawatha Care Center November 2025 Newsletter

405 N 15TH Avenue Hiawatha, IA 52233

319-378-8583

kw Walton@hiawathacarecenter.com

At Hiawatha Care Center, we not only emphasize our quality of care, but also our quality of caring!

Department Head Directory

319-378-8583

Administrator: Kent Walton

Director of Nursing: Amanda Lauterwasser

Care Plan Coordinator: Kelly VanGinkel

Social Service Director: Becky Stebral

Accountant: Karen Chadwick

Dietary Manager: Stephanie Cross

Dietitian: Linda Green

Environmental Supervisor: Alex Studt

Activity Director: Hannah Waters

Restorative Therapy Director: Tammy Ronnebaum

Resident Council Leaders

Kay Riehl

Gayla Ruiz

Beth Taggart

Linda Spence

Mary Heck

Marlys Fischels

November Birthdays

Judy Nechville 11/1

Loraine Sakulin 11/2

Mary Jo Veley 11/2

Keith Drexler 11/12

Polly Hatala 11/12

Harriet Yeisley 11/22

Celeste Johannes 11/26

*Be kind
Be thoughtful
Be genuine
But most of all
Be thankful*

GratitudeHabitat.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  November Menu						
2 Malt O Meal, Frittata, Cinnamon Roll Casserole, Lunch: #1 Pork Loin/Gravy, #2 Turkey Fillet, Sides: Mashed Potatoes, Riviera Vegetables, Dinner Roll/Marg, Pie Supper: #1 Chicken Bacon Swiss/Bun, L/T/O, #2 Pulled Pork/Bun Sides: Baked Beans, Pears	3 Oatmeal, Pancakes, Breakfast Ham Patty, Lunch: #1 Spaghetti, Italian Vegetables, Garlic Bread, #2 Chef Salad, Crackers, Sides: Chocolate Peanut Butter Quake, Supper: #1 Meatballs/Sauce, #2 Pollock Wings, Sides: Fried Potatoes, Bacon Tomato Cucumber Salad, Apricots	4 Cream of Wheat, Biscuits/Gravy, Lunch: #1 Cheddar Chicken & Rice Bake, #2 Tater Tot Casserole, Sides: Peas, Cheese Breadstick, Mixed Berries, Supper: #1 Grilled Turkey & Swiss, #2 Breaded Pork Tenderloin, Sides: Cheddar Potato Spud, Creamy Coleslaw, Mandarin Oranges	5 Malt O Meal, Egg Bite, Toast, Cantaloupe, Lunch #1 Meatloaf, Sour Cream Mashed Potatoes, #2 Pulled Pork Laded Baked Potato, Sides: Green Beans, Banana Split Cake, Supper #1 Chicken Noodle Soupe, Deli Ham Sandwich, #2 Vegetable Beef Soup, Deli Turkey Sandwich, Sides: Crackers, L/T/O, Fruit Cocktail	6 Oatmeal, Denver Scrambled Eggs, Toast, 1/2 Banana, Lunch #1 Beef Tips, Brown Gravy, #2 BBQ Ribs, Sides: Mashed Potatoes, Carrots, Pumpkin Crisp, Supper #1 Chicken Patty/Bun, L/T/O, Creamy Coleslaw, #2 BBQ Chicken Salad Plate/Cornbread, Sides: Brownie Pie	7 Cream of Wheat, Fried Egg, Toast, Lunch #1 Cod Scrod, #2 Hamburger Steak/Gravy, Sides: Garden Rice, Riviera Vegetables, Blushing Pears, Supper #1 Tomato Soup, Crackers, Grilled Cheese Sandwich, #2 Cheeseburger Mac, Garlic Breadstick, Sides: Toss Salad/Dressing, Peaches	8 Malt O Meal, Hard Boiled Egg, Blueberry Toast, Lunch #1 Queso Chicken & Rice Bake, Lettuce & Tomato, Refried Beans, #2 Baked Pork Chop, Mashed Potatoes, Sides: Corn, Cinnamon Applesauce, Supper #1 Chili/Fixing's, Cheddar Cornbread, Pears #2 Cottage Cheese Fruit Plate/Crackers, Sides: Cinnamon Roll Cake
9 Oatmeal, Sausage Link, Danish, Baked Spice Fruit Cup, Lunch: #1 Beef Pot Roast, #2 Swiss Steak Sides: Mashed Potatoes/Gravy, Green Beans, Dinner Roll, Pie Supper: #1 Fish Filet #2 Hot Dog/Bun Sides: Macaroni & Cheese, Toss Salad/Dressing, Blueberries	10 Cream of Wheat, Poached Egg, Toast, 1/2 Banana, Lunch: #1 Glazed Ham, #2 Smothered Turkey Patty, Sides: Mashed Potatoes, Chalet Vegetables, Bread/Marg., Strawberry Cheesecake Fluff, Supper: #1 Breaded Chicken, #2 Baked Pork Chop, Sides: Fried Potatoes, Corn, Mandarin Oranges	11 Malt O Meal, Scrambled Egg/Cheese, Peanut Butter Coffee Cake, Lunch: #1 Baked Penne & Sausage, #2 French Onion Beef Casserole, Sides: Peas, Bread/Butter, Mixed Fruit, Supper: #1 Turkey French Dip, #2 Autum Chicken Breast, Garlic Mashed Potatoes, Garlic Bread, Sides: Carrots, Snickerdoodle Pumpkin Dessert	12 Oatmeal, Maple Sausage, French Toast, Strawberries, Lunch: #1 Chicken Lasagna, Breadstick, #2 Beef Cube Steak/Gravy, Loaded Mashed Potatoes, Sides: Riviera Vegetables, Chocolate Dream Dessert, Supper: #1 Cheeseburger/ Bun #2 BBQ Pork Steak/Bun, Sides: L/T/O, French Fries, Apricots	13 Cream of Wheat, Cheese Omelet, Raisin Toast, Lunch #1 Taco in a Bag, Lettuce/Tomato/Sour Cream, #2 Chicken Tenders, Mashed Potatoes, Sides: Southwest Vegetables, Birthday Cake Blondie, Supper #1 Chicken & Dumpling Soup, Crackers, Garlic Bread, #2 Loaded Baked Potato with Ham, Sides: Pears, Peanut Butter Cookie	14 Malt O Meal, Egg & Sausage Biscuit, 1/2 Banana, Lunch #1 Cheesy Tuna Casserole, Mixed Vegetables, Bread/Marg., #2 Grilled Cheese Sandwich, Tomato Soup, Sides: Peaches, Supper #1 Breaded Fish, #2 Meatballs/Sauce, Sides: Cascade Vegetables, Potato Wedges, Frosted Cake	15 Oatmeal, Bacon, Toast, Blueberries, Lunch #1 Turkey Meatloaf, Au Grain Potatoes, Garlic Breadstick, #2 Sloppy Joe/Bun, Potato Chips, Sides: Dilled Carrots, Oatmeal Butterscotch Bar, Supper #1 BBQ Chicken Tenders, Herb Baby Baker Potatoes, #2 Chicken Noodle Soup, Grilled Ham & Cheese Sides: Country Trio Vegetables, Cinnamon Baked Apples
16 Cream of Wheat, Apple Streusel Coffee Cake, Hard Boiled Egg, Lunch: #1 Baked Ham, #2 Turkey Medallions/Gravy, Sides: Cheesy Mashed Potatoes, Winter Vegetables, Dinner Roll, Pie Supper: #1 Broccoli Cheddar Soup, Salami Sandwich, L/T/O #2 Cheese Omelet, Pea, Toast Sides: Mandarin Oranges	17 Malt O Meal, Chocolate Croissant, Sausage Link, Lunch: #1 Beef Pepper Steak, #2 Chicken Tenders, Sides: Baked Potato/Marg., Key West Vegetables, Garlic Bread, Black Forest Pie, Supper: #1 BBQ Rib Sandwich, #2 Hamburger/Bun, Sides: Sweet Potato Waffle Fries, Creamy Coleslaw, Peaches	18 Oatmeal, Scrambled Egg/Cheese, Toast, Lunch: #1 Tater Tot Casserole, #2 Beef Minute Steak/Gravy, Sides: Carrots, Biscuit, Pineapple Upside Down Cake, Supper: #1 Cheeseburg-er Soup, Turkey Sandwich, #2 Chili/Fixings, Sides: Tossed Salad/Dressing, Caramel Fruit Dessert	19 Cream of Wheat, Ham Patty, Frosted Cinnamon Roll, Peaches & Raspberries, Lunch: #1 Chicken Bacon Ranch Casserole, #2 Goulash, Sides: Riviera Vegetables, Garlic Bread, Loaded Cookie Bar, Supper #1 Chicken Parmesan Sandwich, Tater Tots, Green Beans, #2 Chef Salad, Dinner Roll/Marg., Sides: Cranberry Crumb Cake	20 Malt O Meal, Bacon, Cheese Omelet, Toast, 1/2 Banana, Lunch #1 Hamburger Steak/Gravy, #2 Meatballs/Marinara Sides: Garlic Mashed Potatoes, Malibu Vegetables, Chocolate Toffee Dessert, Supper #1 Grilled Reuben, Homemade Vegetable Beef Soup, #2 Turkey Burger/Bun, L/T/O, French Fries, Sides: Tossed Salad/Dressing, Apricots	21 Oatmeal, Scrambled Egg Patty, Pumpkin Muffin, Lunch #1 Alaskan Pollock Wings, #2 Caesar Chicken, Sides: Fried Potatoes, Mixed Vegetables, Fresh Baked Bread, Strawberry Cream Cake, Supper #1 Layered Taco Salad, Lettuce/Tomato, Cornbread, #2 Tuna Salad/Croissant, Potato Chips, L/T/O, Sides: Pineapple Tidbits	22 Cream of Wheat, Sausage Patty, Pancake, 1/2 Banana, Lunch #1 Cheesy Meatloaf, #2 Pork Steak, Sides: Cheesy Mashed Potatoes, Normandy Vegetables, Smore Pudding, Supper #1 Wisconsin Cheese Soup, Deli Chicken Sandwich, #2 BBQ Turkey Tenderloin Sandwich, Potato Chips, Sides: L/T/O, Pears
23 Oatmeal, Cheese Omelet, Cinnamon Roll Coffee Cake, Lunch Thanksgiving Meal with Family. Supper #1 Shepherds Pie, Bread/Marg., #2 Tomato Soup, Grilled Cheese Sandwich, Sides: Oregon Vegetables, Strawberries	24 Cream of Wheat, Poached Egg, Cinnamon Bread, Lunch: #1 Ravioli Bake, #2 Breaded Cod, Mashed Potatoes, Sides: Key West Vegetables, Garlic Toast, Mango, Supper #1 Cuban Slider, #2 Meatballs/Sauce, Sides: Tater Tots, Creamy Cucumber Salad, Apricots	25 Malt O Meal, Scrambled Egg w/ Bacon, Toast, 1/2 Banana, Lunch: #1 Chicken & Noodles, #2 Chili Mac, Sides: Chalet Vegetables, Garlic Breadstick, Peaches, Supper: #1 French Onion Pork Loin, #2 Turkey Burger/Bun, Sides: Sweet Potato Crunch Casserole, Country Trio Vegetables, Raspberries	26 Oatmeal, Sausage Patty, Toast, Sun rise Fruit Blend, Lunch: #1 Swiss Steak/Gravy, #2 BBQ Pork Chop, Sides: Garlic Parmesan Mashed Potatoes, Peas, Bread/Butter, Funfetti Blondie, Supper: #1 Corned Beef Vegetable Soup, Grilled Cheese Sandwich, #2 Cheddar Chicken Rice Bake, Mixed Vegetables, Sides: Pears	27 Cream of Wheat, Waffles, Maple Sausage Link, Lunch: Turkey, Mash Potatoes/Gravy, Green Beans, Stuffing, Pumkin Pie, Supper #1 Dinner Omelet, Sides: Fried Potatoes & Onions, Carrots, Mixed Fruit, Danish	28 Malt O Meal, Sausage Link, Pancakes/Syrup, Lunch #1 Breaded Pollock, Tartar Sauce, #2 Baked Ham, Sides: Baked Potato/Topping, Riviera Vegetables, Bread/Butter, Lemon Mousse, Supper #1 Teriyaki Chicken, Rice, Broccoli, Crab Rangoon, #2 Cottage Cheese Fruit Plate, Sides: Mandarin Oranges	29 Oatmeal, Raisin Toast, Hard Boiled Egg, 1/2 Banana, Lunch #1 Baked Spaghetti, #2 Chicken & Pasta Alfredo, Sides: Garlic Bread, Toss Salad/Dressing, Tropical Fruit, Supper #1 BBQ Rib Patty, Cheesy Mashed Potatoes, Pacific Vegetables, #2 Grilled Rachel Sandwich, Potato Chips, Sides: Cranberry Upside Down Cake
30 Cream of Wheat, Fruit & Yogurt Parfait, Strudel Bites, Lunch: #1 Glazed Ham, #2 Hamburger Steak/Gravy, Sides: Au Gratin Potatoes, Cascade Vegetables, Dinner Roll, Pie Supper: #1 Chili/Fixings, Fritos Corn Chips, #2 Loaded Baked Potato with Ham, Sides: Apricots						

Resident Giving Tree

Help make a Resident's Christmas extra special!

How it works:

Before taking a tag, please write your name and contact number on the clipboard.

Then, choose a resident name tag from the Giving Tree. Each tag has gift ideas on the back to help you shop!

Please have gifts wrapped or in a gift bag and labeled with the residents first and last name.

Drop off all gifts to: Hannah Waters, Activity Director Monday-Friday, 8:00 AM-4:00 PM. If you need to drop off outside these hours, contact Hannah Waters. 319-368-2626

DO NOT take gifts to residents. They will receive their gifts at the Christmas Party on Tuesday, Dec. 23!

Thank you for helping make this holiday season bright and joyful for our residents!

Name tags will be available starting Nov. 21st

Veterans Word Search

T	A	C	A	N	E	B	A	L	M	N	S	V	Y
R	M	O	A	A	M	R	E	M	I	P	A	A	I
R	P	A	I	C	V	A	E	A	L	C	C	V	M
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MARINES
AIR FORCE
NAVY
COAST GUARD
MILITARY
SERVE
PATRIOTISM
VETERAN
RESPECT
GRATITUDE
ARMY
COURAGE
SALUTE
TROOPS
AMERICAN
HERO
BRAVE
HONOR
SACRIFICE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		November Activities				
					1 Morning Independent Activities 2:30 Book Adventures with Joanne 4:30 Flute Music with Charlotte	
2 <i>Set the Clocks Back</i> 10:00 Catholic Communion 2:30 Weekend Bingo 4:00 King of Kings Lutheran Church Service	3 10:00 Manicures & Social 2:30 Serenity Spa Hour 4:45 Bible Study Group	4 10:00 Reminiscing 10:30 Piano Music with Melinda 2:30 Resident Memorial Service	5 10:00 Crafty Hour 2:30 Decks or Dice 4:00 Activity Hour	6 10:00 Coffee/Cocoa & News 2:30 Happy Hour: Music with Dave Writz 4:00 Activity Hour	7 10:00 Mover’s & Shakers 2:30 Bingo Hour 3:30 Snack & a Show	8 Morning Independent Activities 2:30 Live Music with C.R. Express
9 10:00 Catholic Communion All Day Independent Activities	10 10:00 Manicures & Social 2:30 Crafty Hour 4:45 Bible Study Group	11 <u>Veteran’s Day</u> 10:00 Gospel Light Baptist 2:30 Veterans Ice Cream Social 4:00 Activity Hour	12 10:00 Crafts with Andrews Christian Students 2:30 Music with Lena Adams 4:00 Activity Hour	13 10:00 Bingo with ARC Friends 2:30 Happy Hour with the Flip Side 4:00 Activity Hour	14 10:00 Memory Lane 2:30 Bingo Hour 3:30 Snack & a Show	15 Morning Independent Activities 2:30 Live Music with Richard Lee
16 10:00 Catholic Communion 2:30 Weekend Bingo 4:00 King of Kings Lutheran Church Service	17 10:00 Manicures & Social 2:30 Baking Hour 4:45 Bible Study Group	18 10:00 Reminiscing 10:30 Piano Music with Melinda 2:30 History in Her Shoes: Elizabeth Hopkins 4:00 Activity Hour	19 10:00 Art Hour with Margaret 2:30 Guess the Puzzle 4:00 Activity Hour	20 10:00 Manicures & Social 2:30 Happy Hour: Clay Willie 4:00 Activity Hour	21 10:00 Bingo with Friends Discovery Living 2:30 Bingo Hour 3:30 Snack & a Show	22 Morning Independent Activities 2:30 Music with Harold Gray
23 12:00 Resident/ Family Thanksgiving Meal	24 10:00 Manicures & Social 2:30 Birthday Party with Dave Marshall 4:45 Bible Study Group	25 10:00 Coffee/Cocoa & News 2:30 Resident Council Meeting 4:00 Activity Hour	26 10:15 Lovely Lane Methodist Church Service 2:30 Movie & Snacks	27 <u>Happy Thanksgiving</u> 10:00 Puzzle Craft with Joanne Afternoon Independent Activities	28 10:00 Mover’s & Shakers 2:30 Bingo Hour	29 Morning Independent Activities 2:30 Crafty Hour Weekend Popcorn
30 10:00 Catholic Communion 2:30 Weekend Bingo						