

Hiawatha Care Center April 2025 Newsletter

405 N 15TH Avenue,
Hiawatha, IA 52233

319-378-8583

kw Walton@hiawathacarecenter.com

At Hiawatha Care Center, we not only emphasize our quality of care, but also our quality of caring!

Catholic Mass at St. Elizabeth Ann Seton Church

Every Thursday, Starting April 10th

We will be taking residents to St. Elizabeth Ann Seton Church for the Thursday Catholic Mass from 9:00 AM to 9:30 AM. Staff will provide assistance both to and from the church. A staff member will also be present during the service.

Departure Time: 8:50 AM

This service is offered every Thursday, weather permitting.

Any questions, please contact:
Hannah Waters, Activity Director
319-368-2626

Label New Clothing Items

To ensure all clothing items are returned to the correct resident, please remember to have any new clothing items marked by the laundry team, regardless of who is washing them. This helps us keep track of everyone's belongings and avoids mix-ups.

Thank you for your cooperation!



**THE BABY CHICKS ARE HERE!
COME SEE THEM IN THE ACTIVITY ROOM!**

April Birthdays

Marlys Fischels	4/3	Nadine Haddy	4/24
Shirley Hassman	4/16	Elaine Bravener	4/26
Steven Kinkead	4/16	Elizabeth Taggart	4/28
Cathy Petersen	4/17	Dorothy Kehm	4/29
Victor Pilsner	4/21	Gloria Kaltenbach	4/30

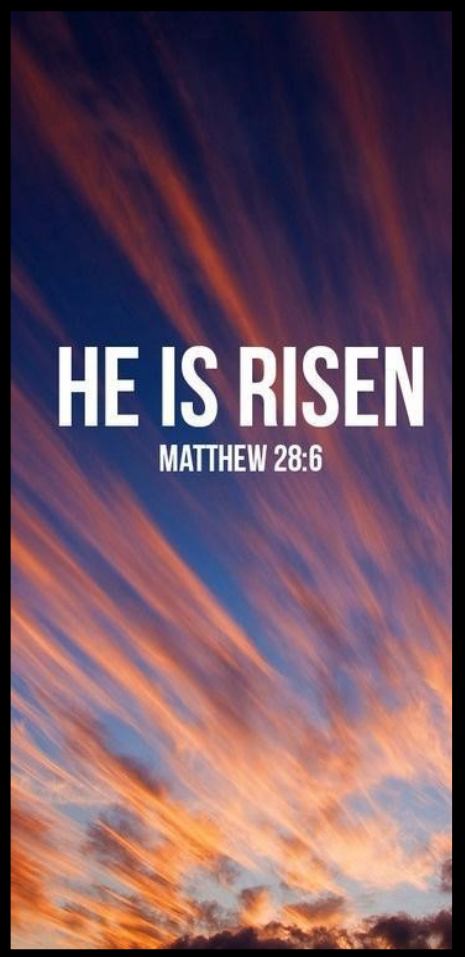
Resident Council Leaders

- Kay Riehl
- Gayla Ruiz
- Beth Taggart
- Linda Spence
- Mary Heck
- Marlys Fischels

Department Head Directory

319-378-8583

- Administrator: Kent Walton
- Director or Nursing: Amanda Lauterwasser
- Care Plan Coordinator: Kelly VanGinkel
- Social Service Director: Becky Stebral
- Accountant: Karen Chadwick
- Dietary Manager: Stepanie Cross
- Dietitian: Linda Green
- Environmental Supervisor: Alex Studt
- Activity Director: Hannah Waters
- Restorative Therapy Director: Tammy Ronnebaum



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>The menu is subject to change based on food supply availability. Thank you!</p>		<p>1 Malt-O-Meal, Scrambled Egg/Cheese, Chocolate Chip Coffee Cake, Lunch: Choice 1: BBQ Ribette, Butternut Squash, Peas, Bread/Marg., Choice 2: Deli Roast Beef Slider, L/T/O, Sides: Mixed Fruit, Supper: Choice 1: Roast Turkey French Dip, Choice 2: Autum Chicken, Garlic Mashed Potatoes, Garlic Bread Sides: Carrots, Snickerdoodle Pumpkin Dessert</p>	<p>2 Oatmeal, Sausage Patty, French Toast/Syrup, Strawberries, Lunch: Choice 1: Chicken Lasagna Choice 2: Beef Cube Steak/Beef Gravy, Sides: Breadstick, Riviera Vegetables, Coffee Cream Dessert, Supper: Choice 1: Cheeseburger/Bun Choice 2: BBQ Pork Steak/Bun, Sides: L/T/O, French Fries, Apricots</p>	<p>3 Cream of Wheat, Cheese Omelet, Raisin Toast, Lunch: Choice 1: Taco in a Bag, Shredded Lettuce, Tomato, Sour Cream, Choice 2: Chicken Tenders, Mashed Potatoes, Sides: Southwest, Vegetable, Frosted Peach Cake, Supper: Choice 1: Chicken & Dumplings, Crackers, Choice 2: Laded Baked Potato/Ham, Sides: Garlic Bread, Pears, Peanut Butter Cookie</p>	<p>4 Malt-O-Meal, Egg & Sausage Biscuit, 1/2 Banana, Lunch: Choice 1: Grilled Cheese Sandwich, Cream of Tomato Soup, Choice 2: Cheesy Tuna Casserole, Mixed Vegetables, Bread/Marg., Sides: Peaches, Supper: Choice 1: Breaded Fish Filet, Choice 2: Meatballs/Sauce, Sides: Cascade Vegetables, Potato Wedge, Cupcake</p>	<p>5 Oatmeal, Bacon, Toast, Blueberries, Lunch: Choice 1: Baked Ham, Au Gratin Potatoes, Garlic Breadstick Choice 2: Sloppy Joes/Bun Sides: Dilled Carrots, Oatmeal Butterscotch Bar, Supper: Choice 1: BBQ Chicken Tenders, Pasta Salad, Country Trio Vegetables, Choice 2: Chicken Noodle Soup, Ham Salad Sandwich, Sides: Cinnamon Baked Apples</p>	
<p>6 Cream of Wheat, Apple Streusel Coffee Cake, Hard Boiled Egg, Lunch: Choice 1: Garlic Roasted Pork Loin, Choice 2: Baked Ham, Sides: Cheesy Mashed Potatoes, Winter Blend, Dinner Roll, Pie, Supper: Choice 1: Broccoli Cheddar Soup, Deli Roast Beef Sandwich, L/T/O, Choice 2: Cheese Omelet, Toast, Peas, Sides: Mandarin Oranges</p>	<p>7 Malt-O-Meal, Chocolate Croissant, Sausage Link, Lunch: Choice 1: Pepper Steak, Choice 2: Chicken Tenders, Sides: Baked Potato/Marg, Glazed Carrots, Garlic Bread, Black Forest Pie, Supper: Choice 1: BBQ Rib Sandwich, Choice 2: Hamburger/Bun, Sides: Sweet Potato Waffle Fries, Creamy Coleslaw, Peaches</p>	<p>8 Oatmeal, Scrambled Egg/Cheese, Toast, Lunch: Choice 1: Root Beer Glazed Ham, Choice 2: Beef Minute Steak/Gravy Sides: Squash, Key West Vegetables, Pineapple Upside Down Cake Trifle, Supper: Choice 1: Cheeseburger Soup, Choice 2: Southwest Soup, Sides: 1/2 Turkey Sandwich, Tossed Salad/Dressing, Caramel Fruit Dessert</p>	<p>9 Cream of Wheat, Hot Breakfast Slider, Peaches & Raspberries, Lunch: Choice 1: Twice Baked Chicken Breast, Choice 2: Meatballs with Sauce, Sides: Garlic & Basil Pasta, Riviera Vegetables, Garlic Bread, Autum Gelatin, Supper: Choice 1: Chicken Parmesan Sandwich, Tater Tots, Green Beans, Choice 2: Chef Salad/ Dinner Roll, Sides: Cranberry Crumb Cake</p>	<p>10 Malt-O-Meal, Bacon, Hard Boiled Egg, Toast, 1/2 Banana, Lunch: Choice 1: Hamburger Steak/Gravy, Garlic Mashed Potatoes, Choice 2: Goulash, Parmesan Garlic Toast, Sides: Malibu Blend Vegetables, Chocolate Toffee Dessert, Supper: Choice 1: Grilled Reuben, Toss Salad/Dressing, Vegetable Beef Soup, Crackers, Choice 2: Turkey Burger/Bun, L/T/O, French Fries, Sides: Apricots</p>	<p>11 Oatmeal, Scrambled Egg Patty, Pumpkin Muffins, Pineapple Tidbits, Lunch: Choice 1: Breaded Fish Fillet, Choice 2: Baked Chicken, Sides: Fried Potatoes, Mixed Vegetables, Fresh Baked Bread, Strawberry Cream Cake, Supper: Choice 1: Layered Taco Salad, Cornbread/Marg., Choice 2: Tuna Salad/Croissant, Potato Chips, L/T/O, Sides: Apple Crips</p>	<p>12 Cream of What, Sausage Patty, Pancake/Syrup, 1/2 Banana, Lunch: Choice 1: Cheesy Meatloaf, Choice 2: Baked Pork Chop/Gravy, Sides: Cheesy Mashed Potatoes, Normandy Blend, Smores Pudding, Supper: Choice 1: Meatball Sub Sandwich, Corn, Choice 2: Wisconsin Cheese Soup, Grilled Ham & Cheese Sandwich, Sides: Pears</p>	
<p>13 Oatmeal, Cheese Omelet, Cinnamon Roll Coffee Cake, Strawberries, Lunch: Choice 1: Turkey Roast/Gravy, Choice 2: Chicken Tenders, Sides: Stuffing, Green Beans, Roll, Pumpkin Pie/Topping, Supper: Choice 1: Shepherds Pie, Bread/Butter, Oregon Blend Vegetables, Choice 2: Tomato Soup, Grilled Cheese Sandwich, Sides: Sugar Cookie</p>	<p>14 Cream of Wheat, Poached Egg, Cinnamon Bread, Lunch: Choice 1: Ravioli Bake, Choice 2: Breaded Cod, Mashed Potatoes, Sides: Key West Vegetables, Garlic Toast, Mango, Supper: Choice 1: Cuban Slider, Choice 2: Meatballs/Sauce, Sides: Tater Tots, Creamy Cucumber Salad, Apricots</p>	<p>15 Malt-O-Meal, Scrambled Egg/Bacon, Toast, 1/2 Banana, Lunch: Choice 1: French Onion Pork Loin, Choice 2: Turkey Burger/Bun Sides: Sweet Potato Crunch Casserole, Country Trio Vegetables, Raspberries, Supper: Choice 1: Chicken & Noodles, Chalet Vegetables, Choice 2: Chef Salad Sides: Fresh Baked Bread, Peaches</p>	<p>16 Oatmeal, Sausage Patty, Toast, Sunrise Fruit Blend, Lunch: Choice 1: Swiss Steak/Gravy, Choice 2: BBQ Pork Steak, Sides: Garlic Parmesan Mashed Potatoes, Peas, B/B, Funfetti Blondie, Supper: Choice 1: Corned Beef & Vegetable Soup, Grilled Cheese Sandwich, Choice 2: Cheddar Chicken & Rice Bake, Mixed Vegetables, Sides: Pears</p>	<p>17 Cream of Wheat, Breakfast Griddle Sandwich, Lunch: Choice 1: Chicken Fried Chicken, Parslied Carrots, Corn Bake, Choice 2: Hamburger/Bun, Potato Chips, Sides: Cherry Crunch, Supper Served @ 4:30pm Supper: Dinner Omelet, Sides: Fried Potatoes & Onions, Green Beans, Mixed Fruit, Danish 6:30 Easter Egg Hunt</p>	<p>18 Malt-O-Meal, Sausage Link, Pancakes/Syrup, Mandarin, Lunch: Choice 1: Breaded Pollock, Choice 2: Baked Ham, Sides: Baked Potato/Topping, Riviera Vegetables, B/B, Lemon Mousse, Supper: Choice 1: Teriyaki Chicken Breast, Rice, Broccoli, Crab Rangoon, Choice 2: Cottage Cheese Fruit Plate, Sides: Monster Bars</p>	<p>19 Oatmeal, Raisin Toast, Boiled Egg, Mixed Berries, Lunch: Choice 1: Baked Spaghetti, Garlic Bread, Choice 2: Applesauce, BBQ Chicken, Tater Tots, Sides: Toss Salad/Dressing, Supper: Choice 1: BBQ Rib Patty, Cheesy Mashed Potatoes, Pacific Vegetable, Choice 2: Grilled Rachel Sandwich, Potato Chips, Sides: Cranberry Upside Down Cake</p>	
<p>20 Cream of Wheat, Fruit & Yogurt Parfait, Strudel Bites, Lunch: Choice 1: Glazed Ham, Choice 2: Hamburger Steak/Gravy, Sides: Au Gratin Potatoes, Cascade Vegetables, Roll/Marg, Pie, Supper: Choice 1: Chili/Fixings, Fritos Corn Chips, Choice 2: Loaded Baked Potato/Ham, Sides: Apricots</p>	<p>21 Malt-O-Meal, Bacon, Scrambled Egg, Toast, Mango, Lunch: Choice 1: Baked Parmesan Chicken, Pasta/Marinara Sauce, Choice 2: BBQ Ribette, Mashed Potatoes, Sides: Capri Blend Vegetables, Garlic Bread, Caramel Brownie, Supper: Choice 1: BBQ Sloppy Joe/Bun, Choice 2: Bratwurst Patty/Bun, Sides: French Fries, Toss Salad/Dressing, Fruit Cocktail</p>	<p>22 Oatmeal, Everything Bagel Bake, Peaches, Lunch: Choice 1: Minute Steak/Garlic Butter, Mashed Potatoes/Gravy, Choice 2: Breaded Fish Filet, Herbed Rice, Sides: Mixed Vegetables, Ambrosia Dessert, Supper: Choice 1: Wisconsin Cheese Soup, 1/2 Deli Roast Beef Sandwich, Choice 2: Chicken Caesar Salad, Sides: Creamy Cucumber Salad, Cinnamon Baked Apples</p>	<p>23 Cream of Wheat, Sausage Link, Banana French Toast Bake, Lunch: Choice 1: Baked Pork Chop, Stuffing, Cranberry Rice Bread, Choice 2: Pulled Chicken/Bun, Sides: Broccoli, Ice Cream Cup, Supper: Choice 1: Pork Tenderloin/Bun, L/T, Potato Chips, Choice 2: Corn Chip Chicken, Shredded L/T, Refried Beans, Sides: Mandarin Oranges</p>	<p>24 Malt-O-Meal, Ham, Egg & Cheese Croissant, Mixed Fruit, Lunch: Choice 1: Beef Pot Roast, Choice 2: Grilled Chicken Breast, Sides: Garlic & Herb Roasted Potatoes, Carrots, B/B, Banana Foster Poke Cake, Supper: Choice 1: Grilled Reuben, Waffle Fries, Choice 2: Ham & Bean Soup, 1/2 Turkey Ranch Club Slider, Sides: Peaches</p>	<p>25 Oatmeal, Poached Egg, Pumpkin Coffee Cake, 1/2 Banana, Lunch: Choice 1: Baked Ham, Choice 2: Pecan Crusted Tilapia, Sides: Macaroni & Cheese, Coleslaw, Cornbread, Chocolate Raspberry Delight, Supper: Choice 1: Cheesy Tuna Casserole, Choice 2: Baked Pork Chop, Mashed Potatoes, Sides: Cascade Vegetables, Breadstick, Blushing Pears</p>	<p>26 Cream of Wheat, Hard Boiled Egg, Bacon, English Muffin, Lunch: Choice 1: Salisbury Steak w/Mushroom Gravy, Choice 2: BBQ Ribs, Sides: Baked Potato, Sunshine Carrots, Cookies & Cream Dessert, Supper: Choice 1: Pizza, Toss Salad/Dressing, Choice 2: Cheeseburger/Bun, Potato Chips, Sides: Mixed Vegetables, Tropical Fruit</p>	
<p>27 Malt-O-Meal, Frittata, Cinnamon Roll Casserole, Lunch: Choice 1: Ranch Pork Loin, Choice 2: Turkey Fillet, Sides: Mashed Potatoes/Pork Gravy, Riviera Vegetables, Dinner Roll, Pie, Supper: Choice 1: Chicken Bacon Swiss/Bun, Choice 2: Pulled Pork on Bun, Sides: L/T/O, Baked Beans, Pears</p>	<p>28 Oatmeal, Pumpkin Pancakes, Syrup, Ham Patty, 1/2 Banana, Lunch: Choice 1: Spaghetti, Italian Vegetables, Garlic Bread, Choice 2: Chef Salad, Crackers, Sides: Chocolate Peanut Butter Quake, Supper: Choice 1: Meatballs/Sauce, Choice 2: Pollock Wings, Sides: Fried Potatoes & Onions, Bacon, Tomato, Cucumber Salad, Apricots</p>	<p>29 Cream of Wheat, Biscuits & Gravy Casserole, Lunch: Choice 1: Grilled Turkey & Swiss Sandwich, Choice 2: BBQ Chicken Tenders, Sides: Cheddar Potato Spudz, Creamy Coleslaw, Mandarin Orange Gelatin, Supper: Choice 1: Cheddar Chicken & Rice Bake, Choice 2: Breaded Pork Tenderloin, Sides: Buttered Peas, Fresh Baked Bread, Mixed Berries</p>	<p>30 Malt-O-Meal, Breakfast Egg Bite, Toast, Cantaloupe, Lunch: Choice 1: Meatloaf, Choice 2: Baked Ham, Sides: Green Beans, Sour Cream Mashed Potatoes, Caramel Apple Dessert, Supper: Choice 1: Chicken Noodle Soup, Crackers, 1/2 Deli Ham Sandwich, Choice 2: Vegetable Beef Soup, 1/2 Turkey Sandwich, Sides: L/T/O, Glazed Apple Maple Blondie</p>	<h1 style="color: #FFD700;">April Menu</h1>			

EASTER EGG DASH

Everyone—bring the kids for a fast-paced, fun-filled time for the kids and our residents!

Date: Thursday, April 17th

Time: 6:30 p.m.

Location: Courtyard

Kids will be divided into age groups:

- Ages 1-3
- Ages 4-6
- Ages 7-9
- Ages 10-13
- Ages 14-17


Don't forget to bring a basket or bag to collect the scattered eggs, candy, and other surprises!

**Contact Hannah Waters,
Activity Director with any questions.
319-368-2626**

April Fools' Word Find

P	Q	W	M	X	P	P	D	U	D	J	P	P	G	M	N	N	W	Q	T	I	Z	O	V
Y	H	O	M	E	Q	D	P	L	R	R	T	C	W	G	U	P	Q	J	V	E	Q	H	E
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entertainment	outstanding	uneventful	sleepover	Saturday
exciting	peaceful	sleep in	awesome	parties
camping	weekend	friends	boring	Sunday
family	hectic	movies	chores	sports
Friday	short	pizza	work	home
rest				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All activities are subject to change. Please refer to the whiteboards in the dining rooms for the daily schedule!</p>		1 10:00 Brain Teasers 10:30 Piano Music with Melinda 2:30 Taste Explorations: PB&J Edition	2 10:00 Guess the Puzzle 2:30 Music with Lena Adams 4:00 Book Reading	3 10:15 Coffee/Cocoa & News 2:30 Happy Hour with Dave Wirtz 4:15 Name that Movie 6:30 Games: Farkle	4 10:15 Movers & Shakers 11:00 Cathy's Bible Study Group 2:15 Bingo Hour	5 Morning Independent Activities 2:30 Spring Arts & Crafts Weekend Popcorn
		6 10:00 Catholic Communion 2:15 Weekend Bingo 4:00 King of Kings Lutheran Church Service	7 10:00 Manicures & Social 2:30 Serenity Spa Hour 4:45 Bible Study Group	8 10:00 Gospel Light Baptist Church Service 2:30 Dice Game: Left-Right-Center	9 10:00 Spring Crafts with Students from Andrews Academy 2:30 Music with the Oxford Junction Band 4:00 Book Reading	10 10:00 Card Games with ARC Friends 2:30 Happy Hour with the Flip Side 4:15 Name that State 6:30 Farm Animal Craft
13 <i>Palm Sunday</i> 10:00 Catholic Communion 2:15 Weekend Bingo	14 10:00 Manicures & Social 2:30 Entertainment with the Country Steppers 4:45 Bible Study Group	15 10:00 Brain Teasers 10:30 Piano Music with Melinda 2:30 Guest Speaker: Louise Alcock	16 <i>Easter Extravaganza</i> 10:00 Easter Egg Stuffing 2:30 Dye-Dip-Color: Eggs 4:00 Book Reading	17 8:50 Catholic Mass 10:15 Coffee/Cocoa & News 2:30 Happy Hour with the La La Ladies 4:15 Easter Crafts 6:30 The Easter Egg Hunt	18 10:15 Movers & Shakers 11:00 Cathy's Bible Study Group 2:15 Bingo Hour	19 Morning Independent Activities 2:30 Tea Party Social
20 <i>Easter Sunday</i> 10:00 Catholic Communion 2:30 Music with Richard Lee & Popcorn 4:00 King of Kings Lutheran Church Service	21 10:00 Manicures & Social 2:30 Music Entertainment "Elvis Presley" 4:45 Bible Study Group	22 10:00 Outdoor Easter Hunt with Kids from Mother Goose Daycare 2:30 Story Telling with August Green	23 10:15 Lovely Lane Methodist Church Service 2:30 Birthday Party & Music with Dave Marshall 4:00 Book Reading	24 8:50 Catholic Mass 10:15 Coffee/Cocoa & News 2:30 Happy Hour with Harold Gray 4:15 Name that Dessert 6:30 Games: Farkle	25 10:00 Crafts with Friends from Discovery Living 2:15 Bingo Hour	26 Morning Independent Activities 2:30 Popcorn Social 3:00 Dance Performance with Prestige Dance Students
27 10:00 Catholic Communion Afternoon Independent Activities	28 10:00 Manicures & Social 2:30 Yarn Hour with Mary & Joanne 2:30 Social/Snacks on Patio 4:45 Bible Study Group	29 10:00 Guess the Puzzle 2:30 Movie & Popcorn	30 10:00 Social/News on the Patio 2:30 Ice Cream Social 4:00 Book Reading	<h1 style="color: orange;">April Activities</h1>		