

## **It's that time of year Families!**

In an effort to keep the rooms clean, neat, and organized, we ask that you would do some spring cleaning in your loved ones room. Take any unnecessary clothing and items. If you have any questions, please contact Social Services or Activities!

(319) 378-8583



**April Birthdays** 

James Wilson Clyde Straka **Phyllis Stoddard** Cathy Petersen Sharon Wullner Marlene Meyer **Dixie Bierschenk David Butler** 



**Great News!** We are doing in room visits, window visits, & video chats ! Call for more information!

#### Welcome to Hiawatha Care Center

Jackie & Ellen Henningson Marjorie Witte Rosemary Rott David Bolt Violet Miller James Ward Cletus Thomas David Butler Randy McClanahan Jean Jones Dixie Bierschenk Marilyn Larson James Lockwood Viola Lohman Katie Miller John Walters Maurice Vannote Joan Bailey Louann McGraw

At Hiawatha Care Center, we not only emphasize our quality of care, but also our quality of caring!



#### **April's Events**

4/4: Outdoor Easter Egg Hunt 4/14: National Gardening Day 4/16: Wear your P.J's to work Day 4/22: Earth Day

#### In Loving Memory of

Loryne Kíng



#### **Department Directory**

Administrator Accountant Director of Nursing Assistant Director of Nursing Assistant Director of Nursing Social Services Director **Assistant Social Services Director** Assistant Social Services Director Care Plan Coordinator Certified Dietary Manager, CFPP **Dietary Consultant Activity Director Environmental Service Supervisor Restorative Therapy Director** Human Resource Director

2

Kent Walton Karen Chadwick Nancy Young Amanda Lauterwasser Karmin Boote Becky Stebral Kristin Voss Kyann Banghart Kelly VanGinkel Laurie Fish Linda Green Hannah Waters Emma Boote Tammy Ronnebaum Amanda Kennedy

#### **2021 Resident Council Board Members**

Ron Jorgensen—President James Vick—Vice President Carma Reiss—Secretary

If you have any questions or concerns, please report them to your Resident Council Officers. You may also want to contact a staff member to resolve the issue immediately. Hiawatha Care Center's admissions, room assignment, and resident services are provided without regard to race, creed, color, national origin.



## **HCC Family Easter Egg Hunt**

3

#### When:

Sunday, April 4th @ 11:00 am.

#### Where:

The outdoor courtyard.

(We will cancel if it rains, snows, or if we are having cold weather the morning of!)

### Who:

Residents families: Children 10 years of age or younger.

## **RSVP'S ARE REQUIRED!**

Please contact Hannah Waters no later than <u>Friday, April 2nd</u> if you wish to attend this event.

hwaters@hiawthacarecenter.com Activities Direct line:(319) 368-2626 Activities Cell Phone: (319) 213-0977





APRIL FOOLS MISCHIEF ARBOR DAY BIRDS

#### April Word Search

PRANK JACKETS TREES BUNNIES TULIPS DAFFODILS RAINDROPS EARTH DAY SHOWERS GRASS JOKES GROWTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April		Ionthly	Menu	1 Malt-O-Meal, Sausage Patty, Raisin Toast, Margarine/Jelly <u>Lunch:</u> Philly Steak sandwich w/ Pep- pers & Onions, Sweet Potatoes Wedg- es, Salted Caramel Pudding <u>Dinner:</u> Creamy Ham & Bean Chow- der, Crackers, Cornbread/Margarine, Tossed Salad/Dressing, Tropical Fruit	2 Oatmeal, Fruit & Yogurt Parfait, Donut <u>Lunch:</u> Creamy Tuna Pasta Parmesan, Cascade Blend Vegetables, Garlic Toast, Strawberry Marshmallow Dessert <u>Dinner:</u> Wisconsin Cheese Soup, Crackers, Sloppy Joe/Bun, Pears, Coleslaw	3 Cream of Wheat, Breakfast Sandwich <u>Lunch:</u> Chicken Strips, Mashed Potatoes, Chicken Gravy, Glazed Carrots, Bread/Marg., Ice Cream Cup <u>Dinner:</u> Dorito Taco Salad, Cheddar Cornbread, Mandarin Oranges, Rice Krispie Square
4 Oatmeal, Little Smokies, Cinnamon Roll Lunch: Turkey Roast, Cornbread Stuffing, Broccoli Florets, Pumpkin Pie/ Topping <u>Dinner:</u> Hamburger Deluxe, French Fries, Lettuce/Tomato/Onion, Baked Beans, Tropical Fruit	5 Malt-O-Meal, Fried Egg, Muffin/ Marg. Lunch: Ham Balls, Baked Potato/Marg., Sunshine Carrots, Bread/Butter, Blueberries & Cream Angel Dessert Dinner: Loaded Chicken Noodle Soup, Everything Ham * Cheese Slider, Creamy Cucumbers Salad, Pears	6 Oatmeal, Hard Boiled Egg, Bacon, Toast, Margarine/Jelly <u>Lunch:</u> Country Fried Steak, Mashed Potatoes, Country Gravy, Brown Sugar Glazed Beets, Cookie Dough Cheese- cake <u>Dinner:</u> Chili, Chili Fixin's, Crackers, Tossed Salad/Dressing, Pineapple	7 Cream of Wheat, Scrambled Egg/ Cheese, Toast/Margarine/Jelly Lunch: Glazed Meatloaf, Mixed Vegetables, Mashed Potatoes/Marg, Dinner Roll/Marg., Chocolate Chip Cookie Dinner: Gravy Fries w/ Shredded Beef Platter, Carrots, Bread/Butter, Mandarin Oranges	8 Oatmeal, Poached Egg, Toast, Margarine/Jelly, Banana Half <u>Lunch:</u> Honey Dijon Pork Loin, Baked Sweet Potato, Bread/Butter, Normandy Vegetables, Cherry Crisp <u>Dinner:</u> Cheeseburger Soup, Cheese Stuffed Breadstick, Apricots, No Bake Peanut Butter Bar	9 Malt-O-Meal, Sausage Gravy, Biscuit <u>Lunch:</u> Breaded Cod Scrod, Bread/ Butter, Herbed Rice, Cauliflower Au Gratin, Cranberry Orange Cake <u>Dinner:</u> Taco Mac & Cheese, Tossed Salad/Dressing, Green Beans, Corn- bread Muffin, Fruited Gelatin	10 Oatmeal, Scrambled Egg Patty, Toast, Margarine/Jelly <u>Lunch:</u> Cheddar wurst/Bun, Sweet Pepper Slaw, Potato Salad, Tapioca Pudding w/ topping & Cherry Garnish <u>Dinner:</u> Creamed Chipped Beef over Toast, Peas, Peaches, Brownie
11 Cream of Wheat, Ham & Egg Frittata, Toast, Margarine/Jelly <u>Lunch:</u> Pork Roast, Mashed Potatoes, Pork Gravy, Brussels Sprouts, Dinner Roll/Marg., Pie <u>Dinner:</u> Chicken Parmesan Soup, Tossed Salad/Dressing, Garlic Toast, Applesauce	12 Oatmeal, Poached Egg, Toast, Margarine/Jelly <u>Lunch:</u> Spaghetti/Meat Sauce, Italian Blend Vegetables, Garlic Breadstick, Pumpkin Bar <u>Dinner:</u> Fish Sandwich, Tartar Sauce, French Fries, Green Beans, Apricots	13 Malt-O-Meal, Bacon, Scrambled Egg Patty, English Muffin, Margarine/Jelly <u>Lunch:</u> Ranch Chicken Breast, Baked Potato/Marg, Sour Cream, Carpi Blend Vegetables, Bread/Butter, Flamingo Cake <u>Dinner:</u> Cream of Potato Soup, Crackers, Turkey & Swiss Croissant Lettuce & Tomato Slice, Peaches	14 Oatmeal, Sausage Patty, Long John <u>Lunch:</u> Open Face Hot Beef Sandwich, Mashed Potatoes, Broccoli, Caramel Apple Crisp <u>Dinner:</u> Cream of Tomato Soup, Grilled Cheese Sandwich, Coleslaw, Winter Fruit Cup	15 Cream of Wheat, Fried Egg, Toast, Margarine/Jelly <u>Lunch:</u> Mulligan Stew, Crackers, Cottage Cheese Fruit Plate, Cinnamon Roll Cake <u>Dinner:</u> Clam Chowder or Cheesy Broccoli Soup, Cheese Stuffed Breadstick, Peas Salad, Strawberry Pretzel Dessert	16 Oatmeal, Sausage Link, Pancakes/ Syrup Lunch: Chicken Cordon Bleu, Party Potatoes, Lemon Glazed Carrots, Dinner Roll, Pie Dinner: Beef & Noodles, Cascade Blend Vegetables, Fresh Baked Bread, Fruited Gelatin	17 Malt-O-Meal, Scrambled Egg, Toast, Margarine/Jelly <u>Lunch:</u> Salisbury Bury Steak w/ Mushroom Gravy, Mashed Potatoes, Green Beans, Bread/Marg. Cake Roll <u>Dinner:</u> Chicken Enchilada Casserole, Mexican Rice, Corn, Fruit Cocktail
18 Oatmeal, Scrambled Egg Patty, Donut <u>Lunch:</u> Baked Ham, Yam Souffle, California Vegetables, Dinner Roll, Pie <u>Dinner:</u> Hamburger/Bun, Lettuce/ Tomato/Onion, Potato Salad, Carrots, Chocolate Chip Cookie	19 Cream of Wheat, Little Smokies, Muffin/Margarine <u>Lunch:</u> Chicken Strips, Mashed Potatoes, Chicken Gravy, Country Trio Vegetables, Bread/Butter, Strawberry Cheesecake <u>Dinner:</u> Supreme Pizza, Mixed Vegetables, Toss Salad/Dressing, Mandarin Oranges	20 Oatmeal, Sausage Link, Pancake/ Syrup Lunch: Italian Cannelloni w/ Blushed Sauce, Riviera Vegetables, Garlic Toast, Chocolate Toffee Dessert Dinner: Steakhouse Vegetable Soup, Crackers, Roast Beef & Cheddar Sandwich, Lettuce/Tomato, Pineapple	21 Malt-O-Meal, Everything Bagel Bake Lunch: Herbed Pork Loin, Scalloped Potatoes, Zucchini Parmesan, Bread/ Marg, Autumn Gelatin Parfait Dinner: Roast Turkey French Dip, Dill Pickle Pasta Salad, Marinated Tomatoes & Cucumbers, Pears	22 Oatmeal, Hard Boiled Egg, Wheat Toast, Margarine/Jelly <u>Lunch:</u> BBQ Meatloaf, Macaroni & Cheese, parslied Carrots, Caramel Apple Bar <u>Dinner:</u> Cuban Slider, French Fries, Zesty Corn, Fruit Cocktail	23 Cream of Wheat, Sausage Gravy, Biscuit Lunch: Breaded Cod Scrod, Tartar Sauce, Garden Blend Rice, Broccoli, Blueberry Lemon Upside Down Cake <u>Dinner:</u> Homemade Chili, Crackers, Cinnamon Roll, Tossed Salad/Dressing, Peaches	24 Oatmeal, Scrambled Egg/Cheese, Toast, Margarine/Jelly <u>Lunch:</u> Country Fried Steak, Mashed Potatoes, Country Gravy, Capri Blend Vegetables <u>Dinner:</u> Pork Tenderloin on Bun, Pickles & Onions, Sweet Potato Tots, Coleslaw, Pumpkin Crisp
25 Malt-O-Meal, Poached Egg, Cinnamon Coffee Cake <u>Lunch:</u> Roast Beef, Mashed Potatoes, Beef Gravy, Seasoned Peas, Dinner Roll/Marg, Pie <u>Dinner:</u> BBQ Ribette/Bun, Cheesy Hash browns, Green Beans, Strawberries & Bananas	26 Oatmeal, Sausage Link, Pancakes/ Syrup Lunch: Lasagna, Italian Cauliflower, Garlic Toast, Mint Cheesecake Brownie <u>Dinner:</u> Turkey Vegetables Soup, Crackers, Egg Salad Croissant, Tossed Salad/Dressing, Cinnamon Applesauce	27 Cream of Wheat, Cheddar Omelet, Toast, Margarine/Jelly <u>Lunch:</u> Smoked Pork Chop, Baked Potato/Marg. Sour cream, Cabbage Au Gratin, Bread/Butter, Pumpkin Blondie <u>Dinner:</u> Beef Pot Pie w/Cheddar Onion Biscuits, Winter Fruit Cup, Oatmeal Raisin Cookie	28 Oatmeal, Skillet Breakfast, Toast, Margarine/Jelly Lunch: Chicken Bowtie Condon Bleu, Broccoli, Garlic Breadstick, Spice Cake w/Brown Butter Frosting Dinner: Honey Garlic Meatballs, Load- ed Scalloped Potatoes, Country Trio Vegetables, Bread/Butter, Peaches	29 Malt-O-Meal, Sausage Patty, Raisin Toast, Margarine/Jelly <u>Lunch:</u> Philly Steak sandwich w/ Peppers & Onions, Sweet Potatoes Wedges, Salted Caramel Pudding <u>Dinner:</u> Creamy Ham & Bean Chow- der, Crackers, Cornbread/Margarine, Tossed Salad/Dressing, Tropical Fruit	30 Oatmeal, Fruit & Yogurt Parfait, Donut Lunch: Creamy Tuna Pasta Parmesan, Cascade Blend Vegetables, Garlic Toast, Strawberry Marshmallow Dessert Dinner: Wisconsin Cheese Soup, Crackers, Sloppy Joe/Bun, Pears, Coleslaw	April Showers

# Vote for employee of the month!

Starting April 1st, we are asking families, residents, and staff to help us decide who should be employee of the month.

Voting boxes will be placed at the medical screeners desk and at each nurses' station.

Everyone gets to vote for one person each month.

Resident council leaders will then meet at the end of each month to go over the votes.

The chosen employee will get to eat a meal with a resident of their choice.

What qualifies someone for employee of the month? Their quality work, customer service, reliability, and dependability!

If you have any question please contact us!





Goodbyes can be hard, yet bittersweet, when you've made lasting relationships with the people you meet. When one door closes, another one opens, sometimes it can leave us all feeling a lot of different emotions. We're sad that you're done here, but know your retirement calls, just know you will be missed by us all. The memories you made here cannot be erased, and your time at Hiawatha Care Center can never be replaced!

Ladies, thank you for all that you've done for our staff and our residents here at the Hiawatha Care Center. Your time, service, and dedication is appreciated more than you'll ever know.

<u>Nancy Young: Director of Nursing 25+ years</u> <u>Laurie Fish: Dietary Manager 19+ years</u> <u>Donna Radeke: Environmental Supervisor 10+ years</u>

Friends and families, if you wish to send cards to say thank you and farewell, please send them to the Hiawatha Care Center no later then Thursday, April 22nd.

> Hiawatha Care Center 405 N 15th Ave. Hiawatha, Iowa 52233

5

# Monthly Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>2021</b>	All Outdoor Activities Are Weather Permitting.	<ol> <li><u>April Fools Day</u></li> <li>10:30 Coffee &amp; Social</li> <li>2:30 Happy Hour with Gunther</li> </ol>	2 <u>Good Friday</u> 11:00 Cathy's Bible Study Group with Friends 2:30 Bingo	3 All Day Independent Activities and Afternoon Group Social <b>Weekend Popcorn</b>
4 <u>Easter Sunday</u> 11:00 Outdoor Easter Egg Hunt ( <i>Weather Permitting</i> ) All Day Independent Activities and Afternoon Group Social	5 10:00 Monday Manicures 2:30 Corks and Canvas	<ul> <li>6 <u>Caramel Popcorn Day</u></li> <li>10:00 Lutheran Church Service</li> <li>2:30 Movie &amp; Caramel Popcorn</li> </ul>	7 10:00 Outdoor Social & Exercise 2:30 Cards & Games	8 10:30 Coffee & Social 2:30 Bingo	9 10:45 Rosary Prayer with Marty 2:30 Happy Hour with Harold Gray	10 All Day Independent Activities and Afternoon Group Social <b>1:00 Activities with Emily</b> <b>Weekend Popcorn</b>
<ul> <li>11</li> <li>9:45 Catholic Communion with St. Elizabeth's</li> <li>All Day Independent Activities and Afternoon Group Social</li> </ul>	12 10:00 Monday Manicures 2:30 Outdoor Reminiscing & Snacks	13 10:00 Methodist Church Service 2:30 April Birthday Party	<ul> <li>14 <u>National Gardening Day</u></li> <li>10:00 Outdoor Social &amp; Gardening</li> <li>2:30 Cards &amp; Games</li> </ul>	15 10:30 Coffee & Social 2:30 Happy Hour with Dave Wirtz	<ul> <li>16 <u>Wear your PJ's to work</u></li> <li>11:00 Cathy's Bible Study Group with Friends</li> <li>2:30 Bingo</li> </ul>	17 All Day Independent Activities and Afternoon Group Social <b>Weekend Popcorn</b>
18 9:45 Catholic Communion with St. Elizabeth's All Day Independent Activities and Afternoon Group Social	19 10:00 Monday Manicures 2:30 Movie & Popcorn	20 10:00 Baptist Church Service 2:30 Baking with Activities	21 10:30 Coffee & Social 2:30 Bingo	<ul> <li>22 <u>Earth Day</u></li> <li>10:00 Outdoor Social &amp; Fun</li> <li>2:30 Happy Hour with La La Ladies</li> </ul>	23 <u>Retirement Party</u> 10:45 Rosary Prayer with Marty All Day Independent Activities and Afternoon Group Social	24 All Day Independent Activities and Afternoon Group Social <b>Weekend Popcorn</b>
25 9:45 Catholic Communion with St. Elizabeth's All Day Independent Activities and Afternoon Group Social	26 10:00 Monday Manicures 2:30 Ice Cream Social on the Patio	27 10:00 Catholic Church Service 2:30 Men's Group with Aaron	28 10:00 Outdoor Social & Exercise 2:30 Cards & Games	29 10:30 Coffee & Social 2:30 Happy Hour with Grant Beck	30 10:30 Creative Crafts 2:30 Bingo	All Activities are Subject to change! Please refer to the daily white board for the most current up to date activities!